

Registration

Athlete Name: _____

Age: _____ Grade (2018-2019) _____

School: _____ Male or Female _____

Teacher's Name: _____

Parents Cell Phone: _____

Email to contact for cancellation or postponement:

T-Shirt Size: Youth & Adult Sizes (Circle One)

YS	YM	YL	
S	M	L	XL

We are signing up for option:

A _____ B _____ C _____

(see inside of flyer for option)

Parent/Guardian Name: _____

I hereby authorize my son / daughter to participate in the track clinic. I understand that this is an aggressive training/conditioning program and trained personnel will be on site for all activities within the program.

I acknowledge that the Brandon Valley School District shall not be held responsible for any injury received while attending this program. I authorize program staff to administer any first aid or medical treatment as deemed necessary in case of emergency.

Parent/Guardian Signature: _____

Date: _____

Cost

~**Option A: Meet Me At the Track \$20.00**

~**Option B: Race to the Ranch track meet \$20.00**

~**Option C: Meet me at the Track and Race to the Ranch (Both) \$25.00**

>Includes a t-shirt, Country Fair Card, and Pizza Ranch Coupon

*Please make checks payable to **BV Booster Club**

***100%** of the money goes back to our track program. All coaches and student athletes that help coach during the clinics are doing so as volunteers.

When / Where?

Meet Me At the Track:

Date:

Wednesday, April 10th and Thursday, April 11th,
Grades 2-6

Race to the Ranch:

Date: Monday, April 15th(Rain Date April 29th)
Grades: 4—6

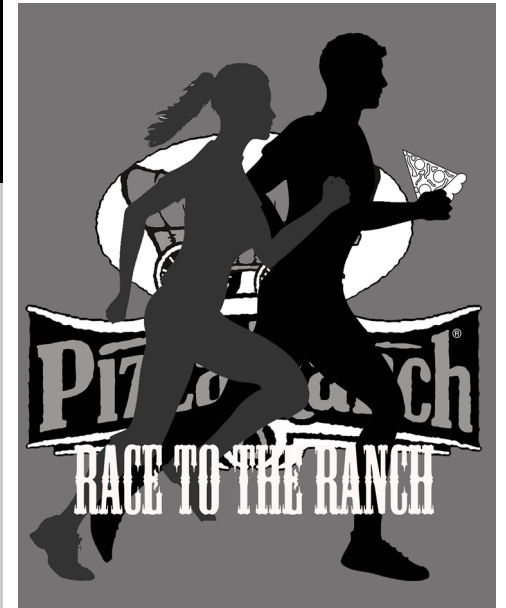
Location: Brandon Valley High School Track

- * After the clinic has concluded all students will go to the grandstands until their parents pick them up.
- * Parents are welcome to watch from the grandstands throughout the clinic.

***~Cancellations and Postponements will be posted at**

www.bvtrackandfield.com

Meet me at the Track



Meet Me At Track Format Grades 2-6

Each athlete will be placed into a group according to their current grade level. They will then spend an equal amount of time at each station learning track and field skills. The stations will include jumping, relays, pole vault, shot, discus, as well as other track and field events. Please remember this is an introduction to track and field activities and that your son and / or daughter will not be an expert at any event by the end of this clinic.

Clinic will start at 5:15 and end at 6:00. If you arrive early, please meet on the football field's middle infield.

Race to The Ranch Format Grades 4-6

Each athlete will get an opportunity to compete in any number of events from the 100m, 200m, 400m, 800m, 4x100m relay, softball throw, long jump, and pole vault.

Athletes will **not** sign up for events, they will be encouraged to try and compete in as many events as they so choose.

Race to the Ranch will begin at 5:00. Gates will open at 4:30 on April 15th.

For more information and records
www.bvtrackandfield.com

What Can I Do ?

Option A:

Meet Me At the Track Only

Who: Grades 2-6

Cost:\$20.00

When: **April 10th and April 11th**

Time: 5:15-6:00

Option B:

Race to the Ranch track meet Only

Who: Grades 4-6

Cost: \$20.00

When: **April 15th**

Time: 5:00-7:30

Option C:

Meet me at the Track and Race to the Ranch (Both)

Who: Grades 4-6

Cost: \$25.00

When: April 10th, April 11th, April 15th

Time: 5:15-6:00

Race to the Ranch track meet

April 15th 5:00-7:30

Questions; Email: Justin.Mashlan@k12.sd.us

Matt.Mueller@k12.sd.us

Walk-ups are allowed up to the day of the event, however, T-shirt sizes are not guaranteed.

Please detach this section, fill out the opposite side, sign release waiver, enclose fee, and mail or drop off to Mr. Mashlan or Mr. Mueller before March 31st.

Drop Off: Intermediate School

Mail: Brandon Valley Intermediate School

Attn: Track Coaches

201 W. Park Street

Brandon, SD 57005

Reminder: Make all checks payable to:

Brandon Valley Booster Club

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