

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****Girls 100 Meter Dash Seventh Grade**

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MS Metro: * 13.00	2019	Linnea Nesheim, Edison			
Name	Year	School	Seed	Finals	H#
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Finals					
1	Dubisar, Gracyn	7 Ben Reifel	14.77	13.71	6
2	Herda, Maelyn	7 Ben Reifel	15.72	14.76	6
3	Paquette, kyndle	7 Brandon Valley		14.80	2
4	Madlock, Brooklyn	7 George McGovern	16.36	14.91	6
5	Barnett, Francesca	7 Harrisburg South	16.16	15.02	6
6	Nasser, Sairyn	7 Harrisburg South	15.00	15.07	6
7	Peacock, Ragan	7 Harrisburg South	16.73	15.11	6
8	Myers, Sophia	7 Brandon Valley		15.21	1
9	Rogers, Lainey	7 Ben Reifel	16.23	15.26	6
10	Fornwald, Camille	7 Memorial		15.30	3
11	Koens, Lucy	7 Patrick Henry	18.00	15.37	5
12	Whitfield, Sah'Meir	7 Memorial		15.41	3
13	Armstrong, Sierra	7 George McGovern	17.89	15.52	5
13	Lunders, Brinley	7 Patrick Henry	18.00	15.52	4
15	Kindt, Chloe	7 Harrisburg South	16.00	15.67	6
16	Evans, Elin	7 Ben Reifel		15.71	1
17	Simonsen, Amirrah	7 George McGovern	17.54	15.79	5
17	Tadlock, Avery	7 Memorial		15.79	2
19	Parker-Mahomes, Avery	7 Brandon Valley		15.80	2
20	Rupp, Adelynne	7 Brandon Valley		15.99	1
21	Hyronimus, Kyra	7 Ben Reifel	16.93	16.03	5
22	McCallum, Elodie	7 Harrisburg South	17.00	16.05	5
23	Matias, Janessa	7 George McGovern		16.36	1
23	Hessel, Breanne	7 Brandon Valley		16.36	3
25	Nedved, Macey	7 Harrisburg South	17.00	16.39	5
26	Mabikulu, Alyviah	7 Patrick Henry	19.00	16.49	4
27	Vergith, Alexa	7 Brandon Valley		16.57	1
27	Scholl, Coralin	7 Patrick Henry	19.00	16.57	3
29	Burns, Makkenah	7 Patrick Henry	18.00	16.62	4
30	Galloway, Annika	7 Ben Reifel	17.40	16.69	5
31	Jacobs, Tenley	7 Ben Reifel		16.71	1
32	Sullivan, Sam	7 George McGovern	18.11	16.96	4
33	Antrium, Lilah	7 Patrick Henry	19.00	17.07	3
34	Dykstra, Emma	7 Patrick Henry	18.66	17.14	4
35	Ruwaath, Kabrina	7 Memorial		17.15	1
36	Veskrna, Savannah	7 Brandon Valley		17.22	2
37	Bleeker, Audrey	7 Ben Reifel		17.47	2
38	Smith, Lucy	7 Memorial		17.62	2
39	Sybesma, Jaida	7 George McGovern	18.33	17.70	4
40	Maeschen, Tenli	7 Memorial		17.86	1
41	Lambert, Kaylie	7 Memorial		17.95	3
42	Wiese, Molly	7 Brandon Valley		17.98	2
43	Olson, Danica	7 Memorial		18.92	2
44	McCue, Kynzey	7 Patrick Henry	19.00	18.94	4
45	Schiltz, Tayla	7 Harrisburg South	19.00	18.99	3

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****Girls 200 Meter Dash Seventh Grade**

MS Metro: * 27.20 2007 Kari Heck, Patrick Henry					
Name	Year	School	Seed	Finals	H#
1 Barnett, Francesca	7	Harrisburg South	33.00	30.30	6
2 Nasser, Sairyn	7	Harrisburg South	32.73	30.69	6
3 Vellema, Nya	7	Brandon Valley	31.88	30.76	6
4 Herda, Maelyn	7	Ben Reifel	32.23	31.48	6
5 Morford, Grace	7	Brandon Valley		31.61	2
6 Koenigsfeld, Brynn	7	Harrisburg South	33.70	31.94	6
7 Schalde, Arabella	7	Memorial	34.40	32.21	6
8 Schmidt, Paige	7	Memorial	34.09	32.26	6
9 Labahn, Maria	7	Brandon Valley		32.36	1
10 Barrett, Jayla	7	Harrisburg South	37.00	32.39	4
11 Miller, Monroe	7	Patrick Henry	35.00	32.44	5
12 Bossman, Noelani	7	Patrick Henry	35.00	32.85	5
13 Zens, Sophia	7	George McGovern		33.03	2
14 Ennis, Millie	7	Brandon Valley		33.04	2
15 Heintz, Phoebe	7	Memorial	34.27	33.07	6
16 Fitzler, Avery	7	Harrisburg South	37.00	33.30	4
17 Armstrong, Sierra	7	George McGovern	36.76	33.32	4
18 Bauer, Khloe	7	Harrisburg South	37.00	33.37	4
19 Tadlock, Avery	7	Memorial	35.55	33.63	5
20 Paul, Nia	7	Patrick Henry	36.57	33.87	4
21 Awuol, Yar	7	Ben Reifel		34.55	1
22 Hauswedell, Jodi	7	Harrisburg South	40.00	34.65	3
23 Basel, Elsa	7	Patrick Henry	35.00	34.91	5
24 Gabriel, Marieta	7	Ben Reifel	36.59	34.99	4
25 Wright, Faith	7	Ben Reifel	36.67	35.15	4
26 Ligtenberg, Madison	7	Memorial	37.60	35.25	3
27 Calzo, Izzabella	7	Patrick Henry	35.00	35.32	5
28 Matias, Janessa	7	George McGovern		35.42	1
29 Rios, Alexa	7	Harrisburg South	40.00	35.97	3
30 Peterson, Kylie	7	Brandon Valley		36.28	2
31 Black, Tenley	7	Brandon Valley		36.33	2
32 Sarah, Janet	7	Ben Reifel		36.52	1
33 Letsche, Macie	7	George McGovern	38.56	37.00	3
34 Murphree, Johanna	7	George McGovern	38.73	37.05	3
35 Lambert, Kaylie	7	Memorial	40.00	37.10	3
36 Cline, Charlotte	7	Patrick Henry	35.00	37.27	5
37 Tribble, Ariana	7	Ben Reifel	40.67	37.38	3
38 Ernster, Carson	7	Patrick Henry	35.00	37.76	5
38 Beckman, Tatum	7	George McGovern		37.76	1
40 Johnston, Faith	7	Ben Reifel	40.08	38.24	3
41 Gergen, Kailyn	7	Memorial		38.47	1
42 Jans, Maya	7	Patrick Henry	36.00	38.56	5
43 Sida, Sosena	7	George McGovern	40.73	39.37	2
44 Desta, Edilawit	7	George McGovern	41.97	39.59	2
45 Abdalla, Jude	7	Ben Reifel	36.78	40.09	4

**Girls 400 Meter Dash Seventh Grade**

MS Metro: * 1:01.60 2007 Kari Heck, Patrick Henry					
Name	Year	School	Seed	Finals	H#
1 Minion, Claire	7	Brandon Valley		1:06.76	1

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****...Girls 400 Meter Dash Seventh Grade**

2	Vellema, Nya	7	Brandon Valley		1:09.32	2
3	Fornwald, Camille	7	Memorial	1:14.18	1:12.44	4
4	McGuire, Logan	7	Brandon Valley		1:13.74	2
5	Thompson, Daylia	7	Brandon Valley		1:14.10	2
6	Schmidt, Paige	7	Memorial	1:14.41	1:14.84	4
7	Whitfield, Sah'Meir	7	Memorial	1:16.31	1:15.67	4
8	Zens, Sophia	7	George McGovern		1:16.77	1
9	Lunders, Brinley	7	Patrick Henry	1:20.00	1:17.35	4
10	Lengkeek, Avyn	7	Harrisburg South	1:24.72	1:17.51	3
11	Savey, Carsyn	7	Harrisburg South	1:27.00	1:18.51	3
12	Cuka, Jersie	7	Harrisburg South	1:25.00	1:19.22	3
13	VandenHull, Addison	7	Harrisburg South		1:19.35	1
14	Heintz, Phoebe	7	Memorial		1:19.83	2
15	Buchholz, Vail	7	Memorial	1:20.70	1:19.86	4
16	Wallen, Jaida	7	Patrick Henry	1:21.00	1:22.80	4
17	Smith, Lucy	7	Memorial	1:25.44	1:22.92	3
18	Ernster, Carson	7	Patrick Henry	1:32.38	1:22.97	3
19	Henning, Adelyn	7	Patrick Henry		1:24.22	2
20	Kutey, Gabriellle	7	Ben Reifel		1:25.15	1
21	Veskrna, Savannah	7	Brandon Valley		1:27.66	1
22	Matias, Janessa	7	George McGovern		1:28.31	1
23	Wildeboer, Trinity	7	George McGovern		1:28.62	2
24	Cuny, Tehya	7	Ben Reifel	1:36.29	1:31.80	3
25	Simonich, Ella	7	Harrisburg South		1:32.60	1
26	Haar, Anna	7	Ben Reifel		1:34.15	2
27	Lahman, Haley	7	Ben Reifel		1:34.27	2
28	Bleeker, Audrey	7	Ben Reifel		1:37.31	1
--	Bergan, Anna	7	Patrick Henry	1:25.00	DQ	3

**Girls 800 Meter Run Seventh Grade**

=====						
MS Metro: * 2:30.90		2012	Katelyn Dickens, Patrick Henry			
Name	Year	School	Seed	Finals		
=====						
1	Minion, Claire	7	Brandon Valley	2:43.17	2:37.66	
2	Skroch, Priscilla	7	Patrick Henry	3:10.00	2:37.70	
3	Peck, Violet	7	Patrick Henry	3:14.10	2:54.55	
4	Petersen, Lucy	7	Brandon Valley	3:12.82	2:58.49	
5	Eidsness, Kate	7	Harrisburg South	3:00.50	2:58.52	
6	Stearns, Brynn	7	Harrisburg South	3:06.17	3:01.71	
7	Miller, Maggie	7	Patrick Henry	3:10.00	3:02.67	
8	Thompson, Adeline	7	Patrick Henry	3:20.18	3:03.24	
9	Luschas, Sabrina	7	Brandon Valley	3:11.72	3:03.62	
10	Ericsson, Olivia	7	Brandon Valley	3:13.88	3:03.83	
11	Ausland, Stella	7	Patrick Henry	3:31.30	3:04.44	
12	Brendsel, Aubrie	7	Brandon Valley	3:13.84	3:05.30	
13	Miller, Monroe	7	Patrick Henry	3:10.00	3:06.67	
14	Reekers, Olivia	7	Brandon Valley	3:12.28	3:06.93	
15	Lindaman, Emma	7	Patrick Henry	3:15.57	3:08.88	
16	Seo, Soobin	7	Patrick Henry	3:11.00	3:17.24	
17	Wright, Lilyanna	7	Ben Reifel	3:19.97	3:20.52	
18	Henning, Adelyn	7	Patrick Henry		3:25.06	
19	Taggart, Madison	7	Ben Reifel	3:49.62	3:29.36	
20	Weber, Madison	7	Ben Reifel		3:29.46	
21	Eckart, Esme	7	Ben Reifel		3:32.68	

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Girls 800 Meter Run Seventh Grade**

22 Brenden, Aubrey	7 Ben Reifel	3:58.54	3:32.90
23 Schneider, Kailee	7 Brandon Valley		3:33.60
24 Gullings, Kiyanne	7 Brandon Valley		3:35.04
25 Spies, Josie	7 Ben Reifel	3:43.27	3:37.25
26 Van Dyke, Maci	7 Brandon Valley	3:10.97	3:45.93

**Girls 1600 Meter Run Seventh Grade**

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MS Metro: * 5:29.30	2012	Katelyn Dickens, Patrick Henry		
Name	Year	School	Seed	Finals
=====				
1 Berte, Layla	7	Ben Reifel	6:19.33	6:14.42
2 Laber, Briley	7	Brandon Valley	6:26.59	6:15.88
3 Eidsness, Kate	7	Harrisburg South	6:57.20	6:25.85
4 Peck, Violet	7	Patrick Henry	7:11.87	6:35.73
5 Stearns, Brynn	7	Harrisburg South	7:05.63	6:37.70
6 Thompson, Adeline	7	Patrick Henry	7:06.59	6:39.19
7 Yttreness, Milah	7	Ben Reifel		6:46.62
8 Luschas, Sabrina	7	Brandon Valley	6:53.21	6:47.70
9 Lindaman, Emma	7	Patrick Henry	7:10.01	6:48.66
10 Miller, Maggie	7	Patrick Henry	8:00.00	6:51.03
11 Ausland, Stella	7	Patrick Henry	7:13.05	7:00.95
12 Weber, Madison	7	Ben Reifel	8:06.38	7:25.40
13 Gullings, Kiyanne	7	Brandon Valley		8:26.03

**Girls 100 Meter Hurdles Seventh Grade**

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MS Metro: * 16.70	2007	Charelle Moore, Whittier			
Name	Year	School	Seed	Finals	H#
=====					
1 Ohme, Julia	7	Ben Reifel	21.64	19.19	4
2 Ratzlaff, Lila	7	Ben Reifel	21.87	20.23	4
3 Gregorio-Cano, Catherine	7	Ben Reifel	22.84	20.77	4
4 Hansen, Leah	7	Brandon Valley	23.00	21.11	4
5 Childress, Kate	7	Ben Reifel	23.28	21.40	3
6 David, Folomaina	7	Ben Reifel	21.97	21.44	4
7 Wildeboer, Trinity	7	George McGovern	23.15	21.46	3
8 Jefferis, Genevieve	7	Memorial	22.59	21.54	4
9 Rodriguez, Sandra	7	Brandon Valley	24.69	22.54	2
10 Schroedermeier, Kinsley	7	Harrisburg South	23.64	22.64	3
11 Murphree, Johanna	7	George McGovern	25.12	22.67	2
12 Kahl, Claire	7	Patrick Henry	24.00	23.15	3
13 Awuol, Yar	7	Ben Reifel	24.80	23.30	2
14 Joachim, Johanna	7	Brandon Valley	25.00	23.46	2
15 Letsche, Macie	7	George McGovern	24.04	23.83	3
16 Labahn, Maria	7	Brandon Valley	25.86	23.85	2
17 Garry, Brianna	7	Brandon Valley	24.36	23.86	3
18 McGrath, Kylinn	7	Harrisburg South	25.90	24.37	2
19 Gergen, Kailyn	7	Memorial	27.18	24.94	1
20 Franka, Aryana	7	Brandon Valley	24.63	25.23	3
21 Gabriel, Marieta	7	Ben Reifel	22.49	25.43	4
22 Richards, Lucy	7	Memorial	24.71	25.92	2
23 Noordsy, Ellia	7	Patrick Henry	22.74	26.13	4
24 Jeppsen, Emily	7	George McGovern	29.13	26.30	1
25 Warwien, Dasia	7	George McGovern	26.46	27.74	1

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Girls 100 Meter Hurdles Seventh Grade**

26 Beckman, Tatum	7 George McGovern	28.07	1
27 McDaniels, Mira	7 Brandon Valley	54.61	1

**Girls 4x100 Meter Relay Seventh Grade**

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MS Metro: * 55.60 2017 Edison			
Sorensen, Sarbacker, Batcheller, Merkley			
School	Seed	Finals	H#
=====			
1 Ben Reifel 'A'	58.37	58.28	3
1) Evans, Elin 7	2) Dubisar, Gracyn 7		
3) Yttreness, Milah 7	4) Berte, Layla 7		
2 Harrisburg South 'A'	1:02.42	1:00.33	3
1) Nasser, Sairyn 7	2) Cuka, Jersie 7		
3) Barrett, Jayla 7	4) Barnett, Francesca 7		
3 Ben Reifel 'B'		1:01.09	1
1) Quiah, Promise 7	2) Ohme, Julia 7		
3) Maag, Lexie 7	4) Chau, Kaytlin 7		
4 Memorial 'A'	1:01.85	1:01.21	3
1) Jefferis, Genevieve 7	2) Heintz, Phoebe 7		
3) Schalde, Arabella 7	4) Schmidt, Paige 7		
5 Patrick Henry 'A'	1:01.34	1:02.82	3
1) Basel, Elsa 7	2) Bossman, Noelani 7		
3) Burntnett, Amery 7	4) Noordsy, Ellia 7		
6 George McGovern 'A'	1:01.48	1:02.85	3
1) Armstrong, Sierra 7	2) Letsche, Macie 7		
3) Simonsen, Amirrah 7	4) Madlock, Brooklyn 7		
7 Brandon Valley 'C'		1:03.79	2
1) VanLeur, Ellie 7	2) Morford, Grace 7		
3) Fousek, Brooklyn 7	4) Franka, Aryana 7		
8 Harrisburg South 'C'		1:04.54	2
1) Nedved, Macey 7	2) Hauswedell, Jodi 7		
3) Kindt, Chloe 7	4) Savey, Carsyn 7		
9 Harrisburg South 'B'		1:05.02	1
1) Rios, Alexa 7	2) McCallum, Elodie 7		
3) Lengkeek, Avyn 7	4) VandenHull, Addison 7		
10 Brandon Valley 'B'		1:05.34	2
1) Dekker, Avery 7	2) Duffy, Kadince 7		
3) Konz, Danica 7	4) Rislov, Alyssa 7		
11 Memorial 'C'		1:06.26	3
1) Olson, Danica 7	2) Whitfield, Sah'Meir 7		
3) Ruwaath, Kabrina 7	4) Kirkvold, Issabella 7		
12 Patrick Henry 'B'		1:06.52	2
1) Fluent, Demi 7	2) Fairbrother, Kennedy 7		
3) Bergan, Anna 7	4) Hendrickson, Robin 7		
13 Memorial 'B'	1:10.70	1:07.03	3
1) Wilhelm, Audrey 7	2) Niebuhr, Zoe 7		
3) Haberman, Kaylee 7	4) Jones, Nashyiah 7		
14 Patrick Henry 'C'		1:08.55	1
1) Calzo, Izzabella 7	2) Kahl, Claire 7		
3) Hohn, A'Niya 7	4) Hildebrand, Jazilyn 7		
15 Brandon Valley 'A'	1:01.94	1:08.78	3
1) Bergan, Lillian 7	2) Bohlke, Tenley 7		
3) Bulatal, Madelyn 7	4) Dawson, Anberlin 7		
16 Ben Reifel 'C'		1:10.67	2

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Girls 4x100 Meter Relay Seventh Grade**

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| 1) Boyum, Natalee 7   | 2) Ratzlaff, Lila 7  |
| 3) David, Folomaina 7 | 4) Tribble, Ariana 7 |

**Girls 4x200 Meter Relay Seventh Grade**

School	Seed	Finals	H#
MS Metro: * 1:56.90 2005 O'Gorman Grogan, Peterson, Wilka, Brekke			
MS Metro: @ 1:56.90 2019 Whittier Zian, Strom, Kutey, Carda			
1 Ben Reifel 'A'	2:11.54	2:09.43	2
1) Brenden, Aubrey 7	2) Quiah, Promise 7		
3) Maag, Lexie 7	4) Christion, Khamyla 7		
2 Brandon Valley 'B'		2:10.76	1
1) Bergan, Lillian 7	2) Hunsaid, Cora 7		
3) Garry, Brianna 7	4) Konz, Danica 7		
3 Harrisburg South 'A'	2:16.10	2:12.02	2
1) Koenigsfeld, Brynn 7	2) Wagers, Keira 7		
3) Disbrow, Stella 7	4) Goldammer, Emma 7		
4 Ben Reifel 'B'		2:17.21	1
1) Wright, Lilyanna 7	2) Wright, Ayla 7		
3) Gregorio-Cano, Catherine 7	4) Rogers, Lainey 7		
5 Harrisburg South 'B'		2:17.53	1
1) Schroedermeier, Kinsley 7	2) Hauswedell, Jodi 7		
3) Fitzler, Avery 7	4) Rios, Alexa 7		
6 Brandon Valley 'A'	2:07.45	2:21.55	2
1) Dekker, Avery 7	2) Wiese, Molly 7		
3) VanLeur, Ellie 7	4) Joachim, Johanna 7		
7 Patrick Henry 'C'		2:22.50	1
1) Scholl, Coralin 7	2) Paul, Nia 7		
3) Mabikulu, Alyviah 7	4) Jans, Maya 7		
8 Memorial 'A'	2:34.77	2:27.26	2
1) Forseth, Izabella 7	2) Haberman, Kaylee 7		
3) Kirkvold, Issabella 7	4) Whitfield, Sah'Meir 7		
9 George McGovern 'A'	2:24.15	2:27.52	2
1) Desta, Edilawit 7	2) Caviness, Amelia 7		
3) Jeppsen, Emily 7	4) Wildeboer, Trinity 7		
10 Patrick Henry 'B'		2:30.31	2
1) Hildebrand, Jazilyn 7	2) Fluent, Demi 7		
3) Fairbrother, Kennedy 7	4) Hohn, A'Niya 7		
11 Patrick Henry 'A'	2:17.39	2:34.01	2
1) Beki-Oromo, Norah 7	2) Burns, Makkenah 7		
3) Cline, Charlotte 7	4) Seo, Soobin 7		
12 Ben Reifel 'C'		2:38.25	2
1) Galloway, Annika 7	2) Boyum, Natalee 7		
3) Johnston, Faith 7	4) Hyronimus, Kyra 7		
-- Brandon Valley 'C'		DNF	1
1) Dawson, Anberlin 7	2) Hansen, Leah 7		
3) Parker-Mahomes, Avery 7	4) Black, Tenley 7		

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****Girls 4x400 Meter Relay Seventh Grade**

MS Metro: * 4:34.10 2003 Patrick Henry			
Thuo, Steinwand, Sandhurst, Pederson			
School		Seed	Finals
1 Ben Reifel 'A'		4:56.60	5:06.90
1) Ohme, Julia 7	2) Pritchett, Josie 7		
3) Hettich, Raeleigh 7	4) Blouin, Sienna 7		
2 Ben Reifel 'B'			5:13.32
1) Evans, Elin 7	2) Jacobs, Tenley 7		
3) Berte, Layla 7	4) Wright, Ayla 7		
3 Harrisburg South 'A'		5:36.10	5:19.00
1) Disbrow, Stella 7	2) Koenigsfeld, Brynn 7		
3) Lengkeek, Avyn 7	4) Eidsness, Kate 7		
4 Brandon Valley 'A'		5:42.79	5:24.00
1) Bohlke, Tenley 7	2) Bulatal, Madelyn 7		
3) Ericsson, Olivia 7	4) VanLeur, Ellie 7		
5 Harrisburg South 'B'			5:25.23
1) Nedved, Macey 7	2) Bauer, Khloe 7		
3) Hauswedell, Jodi 7	4) Cuka, Jersie 7		
6 Patrick Henry 'A'		5:25.36	5:27.48
1) Skroch, Priscilla 7	2) Seo, Soobin 7		
3) Miller, Monroe 7	4) Hohn, A'Niya 7		

**Girls 800 Sprint Medley Seventh Grade**

MS Metro: * 1:59.90 2007 Patrick Henry			
Wiederrich, Bren, Lukonen, Heck			
School		Seed	Finals H#
1 Patrick Henry 'B'			2:13.92 1
1) Hendrickson, Robin 7	2) Koens, Lucy 7		
3) Wallen, Jaida 7	4) Skroch, Priscilla 7		
2 Ben Reifel 'A'		2:17.50	2:16.65 2
1) Evans, Elin 7	2) Pritchett, Josie 7		
3) Hettich, Raeleigh 7	4) Blouin, Sienna 7		
3 Harrisburg South 'C'			2:17.50 1
1) Schroedermeier, Kinsley 7	2) McGrath, Kylinn 7		
3) Stearns, Brynn 7	4) Eidsness, Kate 7		
4 Harrisburg South 'B'			2:20.97 2
1) Cuka, Jersie 7	2) Nedved, Macey 7		
3) Goldammer, Emma 7	4) Bauer, Khloe 7		
5 Harrisburg South 'A'		2:28.45	2:24.49 2
1) VandenHull, Addison 7	2) Fitzler, Avery 7		
3) Savey, Carsyn 7	4) Kindt, Chloe 7		
6 Brandon Valley 'B'			2:25.43 1
1) Myers, Sophia 7	2) Rislov, Alyssa 7		
3) Peterson, Kylie 7	4) Rupp, Adelynn 7		
7 Brandon Valley 'A'		2:33.13	2:25.76 2
1) Parker-Mahomes, Avery 7	2) Thompson, Daylia 7		
3) Vergith, Alexa 7	4) Black, Tenley 7		
8 Patrick Henry 'A'		2:22.06	2:27.39 2
1) Beki-Oromo, Norah 7	2) Ernster, Carson 7		
3) Dykstra, Emma 7	4) Lunders, Brinley 7		
9 George McGovern 'A'		2:40.25	2:28.59 2
1) Madlock, Brooklyn 7	2) Caviness, Amelia 7		

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Girls 800 Sprint Medley Seventh Grade**

3) Letsche, Macie 7	4) Zens, Sophia 7		
10 Brandon Valley 'C'		2:36.61	2
1) Rodriguez, Sandra 7	2) Paquette, kyndle 7		
3) Duffy, Kadince 7	4) Hessel, Breanne 7		

**Girls High Jump Seventh Grade**

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MS Metro: * 4-11 2022      Lola Schoenwald, Edison
MS Metro: @ 4-10
MS Metro: # 4-10
MS Metro: $ 4-10          , O'Gorman
MS Metro: % 4-10

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Name	Year	School	Seed	Finals
1 Kyte, Kjerstin	7	Ben Reifel	4-08.00	4-06.00
2 Sorenson, Talia	7	Brandon Valley	4-04.00	4-04.00
3 Wagers, Keira	7	Harrisburg South		4-00.00
3 Paquette, kyndle	7	Brandon Valley	3-10.00	4-00.00
3 Hunsaid, Cora	7	Brandon Valley	4-04.00	4-00.00
6 Davis, Chantel	7	Brandon Valley	3-06.00	3-10.00
6 Savey, Carsyn	7	Harrisburg South		3-10.00
6 Peacock, Ragan	7	Harrisburg South		3-10.00
6 Morrell, Madison	7	Brandon Valley	3-10.00	3-10.00
6 Herda, Maelyn	7	Ben Reifel	4-00.00	3-10.00
11 Wright, Lilyanna	7	Ben Reifel	4-00.00	3-08.00
11 Koenigsfeld, Brynn	7	Harrisburg South		3-08.00
11 Schroedermeier, Kinsley	7	Harrisburg South		3-08.00
11 Wright, Faith	7	Ben Reifel	3-08.00	3-08.00
15 Jefferis, Genevieve	7	Memorial	3-06.00	3-06.00
15 Childress, Kate	7	Ben Reifel	3-10.00	3-06.00
15 Sullivan, Sam	7	George McGovern		3-06.00
15 Barnett, Francesca	7	Harrisburg South		3-06.00
-- Kirkvold, Issabella	7	Memorial	3-06.00	NH
-- Taggart, Madison	7	Ben Reifel	3-08.00	NH
-- McGrath, Kylinn	7	Harrisburg South		NH
-- Schiltz, Tayla	7	Harrisburg South		NH

**Girls Long Jump Seventh Grade**

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MS Metro: * 16-00.50 2017      Lauren Merkley, Edison

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Name	Year	School	Seed	Finals	H#
1 Cable, Norah	7	Memorial	13-05.00	13-05.00	3
2 Hunsaid, Cora	7	Brandon Valley	13-04.00	12-11.00	3
3 Morrell, Madison	7	Brandon Valley	13-01.00	12-06.00	3
4 Hutchinson, Aria	7	Memorial	13-08.00	12-03.00	3
5 Labahn, Maria	7	Brandon Valley	12-07.50	11-09.00	3
6 McGuire, Logan	7	Brandon Valley		11-08.00	1
7 Ennis, Millie	7	Brandon Valley	11-02.00	11-05.00	2
7 Pritchett, Josie	7	Ben Reifel	11-11.00	11-05.00	3
9 Simning, Meekha	7	Ben Reifel		11-03.00	2
10 Wilhelm, Audrey	7	Memorial	10-09.50	11-00.50	2
11 Davis, Chantel	7	Brandon Valley	11-02.00	11-00.00	3
12 Nasser, Sairyn	7	Harrisburg South	11-04.00	10-11.00	3
13 Barrett, Jayla	7	Harrisburg South	12-09.00	10-09.50	3



**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****...Girls Long Jump Seventh Grade**

14 VandenHull, Addison	7 Harrisburg South	11-07.00	10-08.00	3
15 Lengkeek, Avyn	7 Harrisburg South	10-10.00	10-06.50	2
16 McCallum, Elodie	7 Harrisburg South	10-00.00	10-04.00	2
17 Maeschen, Tenli	7 Memorial	10-07.00	9-10.50	2
18 Richards, Lucy	7 Memorial	10-02.50	9-04.50	2
19 Cuny, Tehya	7 Ben Reifel		9-03.00	2
20 Weber, Madison	7 Ben Reifel	9-03.00	9-02.00	2
20 Warwien, Dasia	7 George McGovern		9-02.00	1

**Girls Shot Put Seventh Grade**

=====					
MS Metro: * 37-06 2008		Cera Ledbetter, Whittier			
Name	Year	School	Seed	Finals	H#
=====					
1 Wagers, Keira	7	Harrisburg South	26-11.50	25-11.50	3
2 Williams, Jordyn	7	Patrick Henry	26-01.00	24-08.50	3
3 Bergan, Anna	7	Patrick Henry	24-10.50	24-08.00	3
4 McCue, Kynzey	7	Patrick Henry	20-06.00	22-04.00	3
5 Schalde, Arabella	7	Memorial	23-10.00	22-02.00	3
6 Coughlin, Jerricho	7	Brandon Valley	19-09.00	21-00.50	2
6 Dykstra, Adalie	7	Brandon Valley	20-06.00	21-00.50	2
8 Sunde, Ashlynn	7	Patrick Henry	20-08.50	20-08.00	3
8 Childress, Kate	7	Ben Reifel	21-07.00	20-08.00	3
10 Meyers, Jacey	7	Brandon Valley	21-03.00	20-02.00	3
11 Ims, Ali	7	Brandon Valley	20-03.00	19-11.00	2
12 Forseth, Izabella	7	Memorial	20-11.00	19-08.50	3
13 Kelly, Rachel	7	Harrisburg South	20-10.50	19-06.00	3
14 Sanderson, Aryanna	7	Brandon Valley		19-04.00	1
15 Bauer, Madilynn	7	Harrisburg South	17-11.00	18-10.00	2
16 Coleman, Janiah	7	Patrick Henry	18-10.50	17-09.00	2
16 Staples, Brenna	7	Brandon Valley	20-07.00	17-09.00	3
18 Mackey, Melody	7	Memorial	18-00.00	17-06.50	2
18 Hulscher, Harlee	7	Harrisburg South	16-06.00	17-06.50	2
20 Gurung, Leshma	7	Ben Reifel	17-01.00	17-05.50	2
21 Simonsen, Amirrah	7	George McGovern	20-09.50	17-01.00	3
22 Johnson, Emma	7	Brandon Valley	18-02.00	17-00.00	2
23 McClain, Emerson	7	Ben Reifel		16-10.00	1
24 Brown, Logan	7	Ben Reifel	15-08.00	16-05.00	2
25 Virkus, Atlee	7	Harrisburg South	18-04.00	16-04.50	2
26 Koball, Caymen	7	Memorial	14-11.00	15-10.00	1
27 Doucette, Sarah	7	Brandon Valley	16-04.00	14-05.50	2
28 Tereda, Amen	7	Ben Reifel	15-02.00	14-01.00	1
29 Bultje, Kaitlyn	7	Memorial	14-04.00	13-07.00	1
30 Long, Janiyah	7	Ben Reifel	11-08.00	12-11.00	1
31 Lundy, Awstyn	7	Memorial	14-09.50	12-00.00	1
32 Loe, Sophia	7	Harrisburg South	11-06.50	11-11.00	1
33 Charles, Roselyn	7	Harrisburg South	14-08.00	10-11.00	1
34 Castaneda, Estrella	7	Memorial	10-04.00	10-04.00	1
35 Martin, Annabelle	7	Memorial		7-04.00	1

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****Girls Discus Throw Seventh Grade**

=====						
MS Metro: * 90-06		2015	Aubri Dicus, Memorial			
Name	Year	School	Seed	Finals	H#	
=====						
1	Wagers, Keira	7	Harrisburg South	52-05	71-00	2
2	Childress, Kate	7	Ben Reifel	57-08.50	62-11	2
3	Vostad, Naveya	7	Patrick Henry	72-10.50	62-04	2
4	Simonsen, Amirrah	7	George McGovern	60-04.50	58-01	2
5	Ims, Ali	7	Brandon Valley	45-08	55-00	2
6	Bergan, Anna	7	Patrick Henry	51-05.50	49-01	2
7	Coughlin, Jerricho	7	Brandon Valley	37-03	47-07	1
8	Haar, Anna	7	Ben Reifel	45-02.50	47-03	2
9	Sanderson, Aryanna	7	Brandon Valley		46-11	1
10	Koball, Caymen	7	Memorial	43-06	45-05	2
11	Coleman, Janiah	7	Patrick Henry	35-08.50	44-09	1
12	Dykstra, Adalie	7	Brandon Valley	48-09	43-03	2
13	Bauer, Madilynn	7	Harrisburg South	42-06.50	42-07	2
14	Gurung, Leshma	7	Ben Reifel	39-01.50	41-08	1
15	Hulscher, Harlee	7	Harrisburg South	29-05	41-07	1
16	Gundermann, Elise	7	Brandon Valley		40-11	1
17	Kelly, Rachel	7	Harrisburg South	43-01	40-00	2
18	Meyers, Jacey	7	Brandon Valley	39-03	38-07	2
19	Virkus, Atlee	7	Harrisburg South	49-05.50	37-07	2
20	Brown, Logan	7	Ben Reifel	30-09	36-10	1
21	Lundy, Awstyn	7	Memorial	36-03	35-05	1
22	Tereda, Amen	7	Ben Reifel	30-02	33-09	1
23	McClain, Emerson	7	Ben Reifel		31-00	1
24	Loe, Sophia	7	Harrisburg South	19-03.50	30-11	1
25	Jeppsen, Emily	7	George McGovern	32-06.50	30-01	1
26	Bultje, Kaitlyn	7	Memorial	32-02.50	29-05	1
27	Doucette, Sarah	7	Brandon Valley		27-11	1
28	Mackey, Melody	7	Memorial	37-03	27-01	1
29	Charles, Roselyn	7	Harrisburg South	25-02	26-06	1
--	Staples, Brenna	7	Brandon Valley	52-08.50	ND	2

**Girls 100 Meter Dash Eighth Grade**

=====						
MS Metro: * 12.70		2005	Megan Bren, Memorial			
MS Metro: @ 12.70		2006	Shanice Henderson, Whittier			
MS Metro: # 12.70		2013	Callie Dewitt, O'Gorman			
MS Metro: \$ 12.70		2015	Darline Suah, Whittier			
Name	Year	School	Seed	Finals	H#	
=====						
1	Thaenrat, Irene	8	Memorial	14.24	13.58	6
2	Aman, Deja	8	George McGovern	14.82	14.33	6
2	Bell, Lenyx	8	Patrick Henry	16.32	14.33	5
4	Schmidt, Jaylen	8	Harrisburg South	16.14	14.34	5
5	Grenz, Alexa	8	Memorial	15.03	14.35	6
6	Bullis, Lauryn	8	George McGovern	14.31	14.40	6
7	Pulliam, LeKayah	8	Ben Reifel	15.29	14.43	6
8	Buus, Ansley	8	Ben Reifel	14.79	14.57	6
9	Freeman, Synthia	8	Ben Reifel	14.80	14.66	6
10	Dykstra, Jessa	8	Memorial	15.14	14.71	6
11	Luebke, Natalie	8	Harrisburg South		14.72	1
12	Deck, Madden	8	Harrisburg South	16.32	14.86	5
13	Hennies, Ruby	8	Patrick Henry	17.95	15.04	3

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****...Girls 100 Meter Dash Eighth Grade**

14	DeNeui, Chloe	8	Harrisburg South	17.06	15.17	4
15	Jackson, Mackenzie	8	Memorial	16.12	15.35	5
16	House, Carsyn	8	Memorial	16.09	15.37	5
17	Smart, Evelyn	8	Brandon Valley		15.52	2
18	Fickbohm, Charli	8	Patrick Henry	17.38	15.55	4
19	Hart, Kenlyn	8	Patrick Henry	17.92	15.63	3
20	Tryon, Lyncoln	8	Harrisburg South	17.65	15.83	3
21	Vis, Emmery	8	Ben Reifel	16.36	15.84	5
22	Christopherson, Leah	8	George McGovern	17.09	15.88	4
23	Wellnitz, Loghan	8	Memorial	16.62	15.90	5
23	Robinson, Lola	8	George McGovern	17.98	15.90	3
25	Gurath, Xaria	8	Patrick Henry	18.00	15.92	3
26	Mccaffrey, Cheyann	8	Brandon Valley		16.04	1
27	Reeves, Milana	8	Ben Reifel	17.16	16.05	4
28	Stanga, Raeleigh	8	Memorial	17.04	16.26	4
29	Sherard, Kya	8	Ben Reifel	16.65	16.32	4
30	Christensen-Crosley, Emm	8	George McGovern	18.11	16.37	2
30	Dean, Parker	8	Patrick Henry	17.98	16.37	3
32	Merkwan, Sarah	8	Harrisburg South	18.74	16.57	2
33	Mell, Ayla	8	Brandon Valley		16.60	2
34	Mauseth, Ari	8	Brandon Valley		16.72	1
35	Pfeifer, Ana	8	Patrick Henry	18.01	16.88	2
36	Collins, Leah	8	Ben Reifel	17.10	16.97	4
37	Dann, Allison	8	George McGovern	16.33	17.05	5
38	Moe, Janessa	8	Brandon Valley		17.17	2
39	Brule, Jaelynn	8	George McGovern	17.57	17.26	3
40	Wright, Hazel	8	Memorial		17.80	2

**Girls 200 Meter Dash Eighth Grade**

=====						
MS Metro: * 26.40		2017	Nyanas Kur, Whittier			
Name	Year	School	Seed	Finals	H#	
=====						
1	DeJong, Sidney	8	Harrisburg South	32.39	29.89	6
2	Zink, Aubrey	8	Harrisburg South	32.09	30.06	6
3	Goetzinger, Brooklyn	8	Brandon Valley	31.93	30.26	6
4	Bullis, Lauryn	8	George McGovern	34.00	30.38	5
5	Pulliam, LeKayah	8	Ben Reifel	33.13	30.64	6
6	Grenz, Alexa	8	Memorial	33.11	30.66	6
7	Gibson, Mya	8	Harrisburg South	33.32	31.34	6
8	Begley, Bella	8	Memorial	33.10	31.37	6
9	Dewitt, Lauryn	8	Brandon Valley		31.49	2
10	Thie, Kiara	8	Brandon Valley		32.15	1
11	Bowers, Pyper	8	Harrisburg South		32.99	1
11	Hennies, Ruby	8	Patrick Henry	37.10	32.99	4
13	Intveld, Braelyn	8	Ben Reifel		33.04	2
14	Centeno, Abby	8	Ben Reifel	35.25	33.15	5
15	Yan, Lily	8	Patrick Henry	35.28	33.16	5
16	Gurath, Xaria	8	Patrick Henry	37.00	33.23	4
17	Eastman, Abigail	8	Patrick Henry	35.00	33.47	5
18	Vis, Emmery	8	Ben Reifel	35.66	33.61	5
19	Myhre, Aliyah	8	Harrisburg South		33.66	2
20	Christopherson, Leah	8	George McGovern	36.00	33.80	5
21	Boyer, Taura	8	George McGovern	37.64	34.16	3
22	Reeves, Milana	8	Ben Reifel	37.48	34.18	4

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Girls 200 Meter Dash Eighth Grade**

23 Kadi, Mia	8 Patrick Henry	36.97	34.33	4
24 Carson, Grace	8 Brandon Valley		34.41	2
25 Eggers, Olive	8 Brandon Valley	37.16	34.53	4
26 Borth, Jadeyn	8 Memorial	36.94	34.83	5
27 Christensen-Crosley, Emm	8 George McGovern	38.67	35.17	3
28 Maki, Elise	8 Brandon Valley		35.38	2
29 Madison, Jenna	8 Memorial		35.64	2
30 Winters, Payton	8 Ben Reifel	39.50	35.69	3
31 Marshall, Samarra	8 Memorial	37.55	36.16	3
32 Enriquez, Ahmani	8 Ben Reifel	37.24	36.24	4
33 Collins, Leah	8 Ben Reifel	39.05	36.49	3
34 Niyonyishu, Odrine	8 George McGovern	37.54	36.71	4
35 Moore, Jessie	8 George McGovern		37.78	1
36 Trainer, Anastasia	8 George McGovern	45.00	42.37	3

**Girls 400 Meter Dash Eighth Grade**

=====					
MS Metro: * 1:00.40	2008	Kari Heck, Patrick Henry			
Name	Year	School	Seed	Finals	H#
=====					
1 DeJong, Sidney	8	Harrisburg South	1:12.53	1:06.87	3
2 Goetzinger, Brooklyn	8	Brandon Valley	1:12.09	1:09.01	3
3 Zink, Aubrey	8	Harrisburg South	1:13.82	1:10.10	3
4 Buus, Ansley	8	Ben Reifel	1:12.31	1:10.63	3
5 Knutson, Siri	8	Patrick Henry	1:19.00	1:11.89	2
6 Deck, Madden	8	Harrisburg South	1:14.22	1:12.50	3
7 Bell, Lenyx	8	Patrick Henry	1:18.00	1:12.74	3
8 Begley, Bella	8	Memorial	1:18.44	1:13.62	3
9 Hennies, Ruby	8	Patrick Henry	1:21.00	1:15.09	2
10 Robertson, Emerson	8	Patrick Henry	1:21.30	1:15.69	2
11 Tryon, Lyncoln	8	Harrisburg South	1:17.74	1:16.13	3
12 House, Carsyn	8	Memorial		1:17.02	2
13 Smart, Evelyn	8	Brandon Valley		1:17.16	2
14 Gurath, Xaria	8	Patrick Henry	1:21.00	1:17.43	2
15 Zomer, Mesa	8	Harrisburg South		1:17.60	1
16 Smith, Kaelynn	8	Brandon Valley		1:17.94	1
17 Ung, Jessica	8	Patrick Henry	1:21.10	1:20.69	2
18 Eggers, Olive	8	Brandon Valley		1:22.10	1
19 O'Rourke, Isabella	8	Harrisburg South		1:25.31	1
20 Boyer, Taura	8	George McGovern		1:29.71	1
21 Robinson, Lola	8	George McGovern		1:29.97	1
22 Stewart, Haley	8	Brandon Valley		1:34.10	1
23 Trainer, Anastasia	8	George McGovern		1:40.08	1

**Girls 800 Meter Run Eighth Grade**

=====					
MS Metro: * 2:27.60	1983	Monica Hulstein, Axtell Park			
Name	Year	School	Seed	Finals	
=====					
1 Bouwman, Marissa	8	Ben Reifel	3:06.60	2:57.97	
2 Ostransky, Reagan	8	Patrick Henry	3:15.09	2:59.21	
3 Anderson, Addisyn	8	Patrick Henry	3:25.64	2:59.94	
4 Clayton, Kendall	8	Brandon Valley	3:06.51	3:00.13	
5 Kadi, Mia	8	Patrick Henry	3:11.00	3:00.15	
6 Paulson, Ava	8	Harrisburg South	3:11.14	3:02.93	

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Girls 800 Meter Run Eighth Grade**

7 Hansen, Shylah	8 Harrisburg South		3:06.45
8 Stansbury, Vada	8 Ben Reifel	3:10.58	3:07.39
9 Santi, Kamryn	8 Brandon Valley		3:18.46
10 Robertson, Emerson	8 Patrick Henry	3:09.00	3:25.94
11 Mccaffrey, Cheyann	8 Brandon Valley	3:40.41	3:28.47

**Girls 1600 Meter Run Eighth Grade**

=====				
MS Metro: * 5:22.00 1983 Kristi Reiger, Axtell Park				
Name	Year	School	Seed	Finals
=====				
1 Knutson, Siri	8	Patrick Henry	6:47.00	6:24.42
2 Luebke, Natalie	8	Harrisburg South	6:54.72	6:25.42
3 Bouwman, Marissa	8	Ben Reifel	7:00.40	6:34.43
4 Jespersen, Bethany	8	Patrick Henry	7:03.00	6:37.62
5 Clayton, Kendall	8	Brandon Valley	6:49.33	6:40.28
6 Zuraff, Ellianna	8	Brandon Valley	7:03.73	6:43.53
7 Ung, Jessica	8	Patrick Henry	7:44.00	6:55.95
8 Rutherford, Elsay	8	Ben Reifel	8:00.22	7:08.45
9 Williams, Joselyn	8	Harrisburg South	8:01.69	7:14.22

**Girls 100 Meter Hurdles Eighth Grade**

=====					
MS Metro: * 15.60 2005 Nevada Sorenson, Edison					
Name	Year	School	Seed	Finals	H#
=====					
1 Torgrude, Logan	8	Brandon Valley	18.85	18.12	3
2 Aman, Deja	8	George McGovern	20.24	18.41	3
3 Gibson, Mya	8	Harrisburg South	21.72	19.07	3
4 Stemwedel, Samantha	8	Brandon Valley	20.74	20.18	3
5 Hansen, Shylah	8	Harrisburg South	21.84	20.44	3
6 Carson, Grace	8	Brandon Valley		21.06	1
7 Kirkvold, Layla	8	Memorial	20.80	21.44	3
8 Smith, Kaelynn	8	Brandon Valley	22.91	22.14	3
9 Rutherford, Elsay	8	Ben Reifel	23.69	22.30	2
9 Sherard, Kya	8	Ben Reifel	23.11	22.30	2
11 Centeno, Abby	8	Ben Reifel	22.80	22.35	3
12 Buss, Ellie	8	Brandon Valley	23.23	22.62	2
13 Elliot, Jeremy	8	George McGovern	30.41	22.74	2
14 Moore, Jessie	8	George McGovern		24.07	1
15 Stewart, Haley	8	Brandon Valley	23.38	24.11	2
16 Shellum, Ljijana	8	Brandon Valley		26.81	1
17 Brule, Jaelynn	8	George McGovern	31.86	30.31	2

**Girls 4x100 Meter Relay Eighth Grade**

=====					
MS Metro: * 53.70 2016 Whittier					
Gonzales, Ungang, Reck, Petterson					
School			Seed	Finals	H#
=====					
1 Memorial 'A'			1:00.15	57.12	2
1) Thaenrat, Irene 8		2) Grenz, Alexa 8			
3) Dykstra, Jessa 8		4) Ash, Briana 8			
2 Ben Reifel 'A'			58.37	1:00.46	2
1) Vis, Emmery 8		2) Buus, Ansley 8			

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Girls 4x100 Meter Relay Eighth Grade**

3) Pulliam, LeKayah 8	4) Freeman, Synthia 8		
3 George McGovern 'A'		1:01.48	1:01.93 2
1) Christopherson, Leah 8	2) Aman, Deja 8		
3) Niyonyishu, Odrine 8	4) Bullis, Lauryn 8		
4 Brandon Valley 'A'		1:01.94	1:02.46 2
1) Araya, Josefina 8	2) Dewitt, Lauryn 8		
3) Trejo, Addison 8	4) Carson, Grace 8		
5 Patrick Henry 'B'			1:03.84 1
1) Eastman, Abigail 8	2) Pfeifer, Ana 8		
3) Bowman, Tavia 8	4) Kadi, Mia 8		
6 Patrick Henry 'A'		1:01.34	1:04.13 2
1) Kelly, Eva 8	2) Hennies, Ruby 8		
3) Slocum, Sofie 8	4) Dean, Parker 8		
7 Harrisburg South 'B'			1:05.50 1
1) Kuper, Raylee 8	2) DeNeui, Chloe 8		
3) Conklin, Jenna 8	4) Rollinger, Rylee 8		
8 Brandon Valley 'B'			1:06.53 1
1) Maki, Elise 8	2) Mauseth, Ari 8		
3) Moe, Janessa 8	4) Jacobs, Vanessa 8		
9 Ben Reifel 'B'			1:06.76 1
1) Rutherford, Elisah 8	2) Collins, Leah 8		
3) Mulenda, Christine 8	4) Merveille, Kiza 8		
10 Harrisburg South 'A'		1:02.42	1:07.91 2
1) Zomer, Mesa 8	2) Merkwon, Sarah 8		
3) Albers, Addysen 8	4) Williams, Joselyn 8		
11 George McGovern 'B'		1:08.18	1:09.82 2
1) Boyer, Taura 8	2) Brule, Jaelynn 8		
3) Dann, Allison 8	4) Elliot, Jeremy 8		
12 George McGovern 'C'		1:09.87	1:10.29 2
1) Christensen-Crosley, Emma 8	2) Trainer, Anastasia 8		
3) Friesen, Makenzie 8	4) Robinson, Lola 8		
13 Ben Reifel 'C'			1:11.65 1
1) Enriquez, Ahmani 8	2) Scott, Anayah 8		
3) Mayuen, Akech 8	4) Quiah, Peterlin 8		

**Girls 4x200 Meter Relay Eighth Grade**

=====			
MS Metro: *	1:54.90	1981	Edison
			Treadway, Felderman, Holman, Miller
School		Seed	Finals
=====			
1 Harrisburg South 'A'		2:16.11	2:06.44
1) Bowers, Pyper 8	2) Myhre, Aliyah 8		
3) DeJong, Sidney 8	4) Zink, Aubrey 8		
2 Brandon Valley 'A'		2:07.45	2:08.49
1) Trejo, Addison 8	2) Stemwedel, Samantha 8		
3) Schmidt, Audrina 8	4) Torgrude, Logan 8		
3 Harrisburg South 'B'		2:16.11	2:08.77
1) Albers, Addysen 8	2) Tryon, Lyncoln 8		
3) Schmidt, Jaylen 8	4) Gibson, Mya 8		
4 Patrick Henry 'A'		2:17.39	2:15.12
1) Hart, Kenlyn 8	2) Fickbohm, Charli 8		
3) Yan, Lily 8	4) Kadi, Mia 8		
5 Patrick Henry 'B'			2:17.02
1) Kelly, Eva 8	2) Miller, Johannah 8		

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Girls 4x200 Meter Relay Eighth Grade**

3) Slocum, Sofie 8	4) Dean, Parker 8		
6 George McGovern 'A'		2:24.15	2:19.24
1) Niyonyishu, Odrine 8	2) Elliot, Jeremy 8		
3) Wolf, Callie 8	4) Boyer, Taura 8		
7 Ben Reifel 'A'		2:11.54	2:22.12
1) Mulenda, Christine 8	2) Winters, Payton 8		
3) Enriquez, Ahmani 8	4) Merveille, Kiza 8		

**Girls 4x400 Meter Relay Eighth Grade**

=====			
MS Metro: *	4:26.20	2004	Patrick Henry
			Lambert, Steinwand, Sandhurst, Pederson
School		Seed	Finals
=====			
1 Patrick Henry 'A'		5:26.00	5:09.38
1) Kelly, Eva 8	2) Anderson, Addisyn 8		
3) Robertson, Emerson 8	4) Jespersen, Bethany 8		
2 Harrisburg South 'A'		5:36.14	5:15.71
1) Schmidt, Jaylen 8	2) Luebke, Natalie 8		
3) Paulson, Ava 8	4) Deck, Madden 8		
3 Patrick Henry 'B'		5:24.00	5:26.52
1) Yan, Lily 8	2) Slocum, Sofie 8		
3) Knutson, Siri 8	4) Bell, Lenyx 8		
4 Patrick Henry 'C'		5:25.00	5:37.31
1) Pfeifer, Ana 8	2) Ung, Jessica 8		
3) Ostransky, Reagan 8	4) Bowman, Tavia 8		

**Girls 800 Sprint Medley Eighth Grade**

=====			
MS Metro: *	2:00.40	1983	Axtell Park
			Plienis, Rieger, Heidebrink Hulstein
School		Seed	Finals
=====			
1 Patrick Henry 'A'		2:22.06	2:18.22
1) Kelly, Eva 8	2) Bowman, Tavia 8		
3) Knutson, Siri 8	4) Ostransky, Reagan 8		
2 Brandon Valley 'A'		2:33.13	2:20.51
1) Thie, Kiara 8	2) Dewitt, Lauryn 8		
3) Stewart, Haley 8	4) Maki, Elise 8		
3 Brandon Valley 'B'			2:21.37
1) Trejo, Addison 8	2) Jacobs, Vanessa 8		
3) Schmidt, Audrina 8	4) Shellum, Ljiiijana 8		
4 Memorial 'A'		2:29.56	2:21.69
1) Jackson, Mackenzie 8	2) Thaenrat, Irene 8		
3) House, Carsyn 8	4) Wellnitz, Loghan 8		
5 Patrick Henry 'B'			2:24.55
1) Eastman, Abigail 8	2) Hart, Kenlyn 8		
3) Jespersen, Bethany 8	4) Anderson, Addisyn 8		
6 George McGovern 'A'		2:40.25	2:27.43
1) Christopherson, Leah 8	2) Dann, Allison 8		
3) Bullis, Lauryn 8	4) Elliot, Jeremy 8		
7 Harrisburg South 'A'		2:28.45	2:27.49
1) Merkwan, Sarah 8	2) Albers, Addysen 8		
3) Myhre, Aliyah 8	4) Williams, Joselyn 8		
8 Harrisburg South 'B'			2:57.98





**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Girls Shot Put Eighth Grade**

7 Reker, Brenna	8 Brandon Valley	23-03.00	23-01.00	2
8 Sweets, Emalie	8 Patrick Henry	22-02.00	22-00.25	2
9 Wilson, Angelica	8 Harrisburg South	19-10.00	21-09.50	2
10 Sweets, Natalie	8 Patrick Henry	19-07.00	21-01.50	1
11 Borth, Jadeyn	8 Memorial		18-10.50	1
12 Buss, Ellie	8 Brandon Valley	16-06.00	17-03.00	1
13 Stanga, Raeleigh	8 Memorial		17-02.00	1
14 Mayuen, Akech	8 Ben Reifel	18-03.00	16-07.00	1
15 Scott, Anayah	8 Ben Reifel		16-02.50	1
16 Frost, Autumn	8 Brandon Valley		15-11.00	1
17 Marshall, Samarra	8 Memorial		14-09.00	1
18 Weisenburger, Katie	8 Ben Reifel	13-10.00	13-07.50	1

**Girls Discus Throw Eighth Grade**

=====					
MS Metro: * 114-04		2003	Jennifer Schuttloffel, Memorial		
Name	Year	School	Seed	Finals	H#
=====					
1 Osmundson, Lily	8	Patrick Henry	64-06	72-09	2
2 Kuper, Raylee	8	Harrisburg South	63-08	63-11	2
3 Rollinger, Rylee	8	Harrisburg South	50-01.50	62-08	2
4 Priebe, Brenya	8	Patrick Henry	65-11	58-09	2
5 Grenz, Alexa	8	Memorial		56-08	1
6 Johnson, Kasey	8	Brandon Valley	63-10	56-06	2
7 Sherard, Kya	8	Ben Reifel	59-08.50	55-03	2
8 Sweets, Natalie	8	Patrick Henry	38-03	49-11	1
9 Vis, Emmery	8	Ben Reifel	40-09	47-09	1
10 Frost, Autumn	8	Brandon Valley	49-11	47-04	2
11 Klein, Gabby	8	Brandon Valley	43-00.50	43-11	1
12 Scott, Anayah	8	Ben Reifel		41-06	1
13 Reker, Brenna	8	Brandon Valley		39-11	1
13 Sweets, Emalie	8	Patrick Henry	38-08	39-11	1
15 Robinson, Lola	8	George McGovern		25-09	1

**Boys 100 Meter Dash Seventh Grade**

=====					
MS Metro: * 11.70		2016	Joey Nemece, Brandon Valley		
Name	Year	School	Seed	Finals	H#
=====					
1 Hanson, Jayden	7	Memorial	13.11	12.65	6
2 Winter, Kayson	7	Memorial	12.74	12.80	6
3 Christian, Caelen	7	Brandon Valley		13.32	3
3 Schramm, Bronson	7	Ben Reifel	13.72	13.32	6
5 Eidem, Micah	7	Ben Reifel	13.90	13.34	6
6 Voll, Roque	7	Patrick Henry	15.12	13.39	5
7 Smith, Miles	7	Ben Reifel	14.34	13.44	6
8 Hicks, Cooper	7	Patrick Henry	15.50	13.48	5
9 Young, Gavin	7	Ben Reifel		13.70	2
10 Jones, River	7	Brandon Valley		13.72	2
11 Elgersma, Eyston	7	Brandon Valley		13.82	3
12 Else, Jacob	7	Memorial	14.54	13.84	6
13 Giles, Easton	7	Brandon Valley		13.92	1
14 Taggart, Madden	7	Ben Reifel	14.00	13.94	6
15 Medlock, Jameer	7	George McGovern	16.55	14.00	5
16 Dibba, Rasheed	7	Patrick Henry		14.01	2

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****...Boys 100 Meter Dash Seventh Grade**

17 Henderson, Holt	7 Ben Reifel	14.34	14.02	6
18 Roling, Miles	7 Patrick Henry	15.07	14.04	5
19 Stack, Jackson	7 Ben Reifel		14.15	4
20 Maoh, Archie	7 George McGovern	15.65	14.21	5
21 Koelling, Talon	7 Harrisburg South		14.24	2
22 Tailey, Richmond	7 George McGovern	14.90	14.38	5
23 Adams, Brayden	7 Memorial		14.40	4
24 Bender, Charlie	7 Harrisburg South		14.48	1
25 Gluf, Liam	7 Harrisburg South	16.21	14.50	5
26 Vandewater, Zachary	7 Memorial		14.55	3
27 Iraheta, Luis	7 George McGovern		14.56	1
28 Wallin, Eliason	7 Patrick Henry		14.75	4
29 Fedders, Sam	7 Memorial		14.79	4
30 Willers, Benjamin	7 Harrisburg South	16.40	14.85	5
31 Zhukaliuk, Iliya	7 Brandon Valley		15.02	3
32 Gingrich, Mason	7 Harrisburg South		15.04	3
33 Manirakiza, Tresor	7 George McGovern		15.06	1
34 Kuipers, Hudson	7 Harrisburg South		15.14	4
35 Larson, Elisha	7 George McGovern		15.16	2
36 Skibsted, Trey	7 Brandon Valley		15.18	3
37 Davis, Rory	7 Brandon Valley		15.19	3
38 Baker, Sean	7 Patrick Henry		15.26	1
39 Rhode, Kyran	7 Memorial		15.28	3
40 Geng, Kueth	7 George McGovern		15.47	2
41 Sanderson, Jett	7 Memorial		15.86	2
42 Ajak, Mabior	7 Harrisburg South		16.02	1
43 Welch Okawa, Eli	7 Patrick Henry		16.60	1
44 Koch, Maverick	7 Ben Reifel		16.64	2
45 Warren, Jaiden	7 Harrisburg South		17.20	4
46 Benson, Ragnar	7 Patrick Henry	19.65	18.49	4

**Boys 200 Meter Dash Seventh Grade**

=====						
MS Metro: * 24.60	2009	Adam Belhaj, Edison				
Name	Year	School	Seed	Finals	H#	
=====						
1 Voll, Roque	7	Patrick Henry		26.83	5	
2 Hartman, Chayce	7	Brandon Valley		26.99	5	
3 Smith, Miles	7	Ben Reifel	29.60	27.02	6	
4 Winter, Kayson	7	Memorial		27.27	4	
5 Hicks, Cooper	7	Patrick Henry	29.10	27.54	6	
6 Halseth, Jake	7	Brandon Valley		28.13	1	
7 Sanders, Sam	7	Patrick Henry		28.37	4	
8 Dewitt, Zach	7	Brandon Valley		28.64	3	
9 Garza, Jonathan	7	Memorial	30.36	28.88	6	
10 Werkmeister, Weslee	7	Memorial		28.92	4	
11 Roling, Miles	7	Patrick Henry		29.18	1	
12 McInerney, Lincoln	7	Brandon Valley		29.49	2	
13 Eisenberg, Murphy	7	Patrick Henry		29.57	3	
14 Olson, Ethan	7	Patrick Henry		29.65	1	
15 Smith, Aiden	7	Patrick Henry		29.69	3	
16 Meyer, Kasen	7	Harrisburg South	32.01	30.15	6	
17 Williams, Ben	7	Brandon Valley		30.37	3	
18 Koelling, Talon	7	Harrisburg South		30.39	4	
19 Callahan, Caden	7	Brandon Valley		30.54	3	

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****...Boys 200 Meter Dash Seventh Grade**

20 Bone, Landon	7 George McGovern	34.74	30.60	6
21 Brewer, Kobi	7 George McGovern		30.65	1
22 Hudson, Lucas	7 Harrisburg South	32.83	30.83	6
23 Fedders, Sam	7 Memorial		31.12	2
24 Sylliaasen, Nathan	7 Brandon Valley		31.17	1
25 Tibbetts, Will	7 Patrick Henry		31.50	4
26 Schoby, Shane	7 Brandon Valley		31.62	2
27 Peltier-Smith, Nhalijah	7 Memorial		31.82	5
28 Iraheta, Luis	7 George McGovern		31.93	2
29 Manirakiza, Tresor	7 George McGovern		32.47	4
30 McVay, Broxsen	7 Ben Reifel		33.12	3
31 DeBruin, Jake	7 Harrisburg South		33.83	2
32 Vinchenso, Naina	7 Ben Reifel	38.14	34.11	5
33 Jorgensen, Brecken	7 Harrisburg South	36.48	34.17	5
34 Baldanado, Raymond	7 Harrisburg South	35.52	34.57	6
35 Gran, Gavin	7 Memorial		34.59	3
36 Khaoon, Kayavanh	7 Ben Reifel		34.87	2
37 Alvarado, Brian	7 George McGovern		35.63	3
38 Anthony, Nils	7 Memorial		36.23	4
39 Krzmarzick, Landon	7 Ben Reifel	39.20	36.95	5
40 Paulson, Bennett	7 Memorial		37.22	4
41 Willis, Shawn	7 George McGovern		37.60	5

**Boys 400 Meter Dash Seventh Grade**

=====						
MS Metro: * 54.70		2004	Brett Anderson, Patrick Henry			
Name	Year	School	Seed	Finals	H#	
=====						
1 Smith, Darieon	7	Brandon Valley		1:03.48	3	
2 Jensen, Matnel	7	Memorial	1:03.75	1:04.00	5	
3 Vortherms, Joey	7	Memorial	1:07.78	1:05.69	5	
4 Andersen, Britton	7	Harrisburg South	1:22.69	1:05.74	4	
5 Christion, Caelen	7	Brandon Valley		1:05.97	1	
6 Ericsson, Oscar	7	Patrick Henry		1:07.74	3	
7 Giles, Easton	7	Brandon Valley		1:08.51	2	
8 Giblin, Dax	7	Memorial	1:06.67	1:08.53	5	
9 Fischer, Austin	7	Memorial	1:11.76	1:09.65	5	
10 Ratzsch, Kessler	7	Memorial	1:08.55	1:09.80	5	
11 Mekuria, Biniam	7	George McGovern		1:10.03	3	
12 Roth, Rylan	7	Ben Reifel	1:13.41	1:10.44	5	
13 Barthman, Lawson	7	Brandon Valley		1:12.01	3	
14 Heronimus, Conor	7	Brandon Valley		1:12.25	1	
15 Raga, Braeden	7	Patrick Henry	1:14.09	1:12.87	5	
16 Baker, Sean	7	Patrick Henry	1:18.35	1:13.02	4	
17 Rhode, Kyran	7	Memorial	1:18.85	1:14.74	4	
18 Hutchinson, Evan	7	Ben Reifel	1:13.99	1:15.38	5	
19 Watson, Sage	7	Brandon Valley	1:18.26	1:15.42	4	
20 Carlson, Bryce	7	Harrisburg South		1:15.85	3	
21 Wentworth-Rollins, Ashto	7	Ben Reifel	1:17.74	1:15.88	4	
22 Jackson, Nkurunziza	7	George McGovern		1:16.25	2	
23 Keserovic, Aiden	7	Harrisburg South		1:19.90	3	
24 Soper, Rowan	7	Patrick Henry		1:20.17	2	
25 Iraheta, Luis	7	George McGovern		1:21.38	2	
26 Idris, Petros	7	Ben Reifel	1:25.63	1:21.80	4	
27 Jennings, Mason	7	Ben Reifel	1:24.78	1:22.96	4	

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****...Boys 400 Meter Dash Seventh Grade**

28	Becker, Eddie	7	Harrisburg South	1:25.97	1:23.64	3
29	Ibrahim, Abdikadir	7	George McGovern		1:25.94	2
30	Mavity, Korbin	7	Patrick Henry		1:35.18	1
31	Addis, Menkem	7	George McGovern	1:48.14	1:47.90	3
32	Wilda, Adrian	7	George McGovern		2:04.70	2

**Boys 800 Meter Run Seventh Grade**

=====						
MS Metro: * 2:12.70		2015	Brady Dannenbring, Patrick Henry			
Name	Year	School	Seed	Finals	H#	
=====						
1	Abraham, Hena	7	Ben Reifel	2:37.02	2:32.37	2
2	Ericsson, Oscar	7	Patrick Henry	2:41.61	2:33.59	2
3	Thompson, Bryce	7	Ben Reifel	2:41.46	2:35.38	2
4	Selness, Asher	7	Brandon Valley	2:40.93	2:36.43	2
5	Laber, Brayden	7	Brandon Valley	2:37.60	2:38.16	2
6	Bridgman, Caleb	7	Brandon Valley		2:41.43	1
7	Laddusaw, Bryton	7	Memorial		2:41.44	1
8	Pudwill, Kalen	7	Brandon Valley	2:42.56	2:42.70	2
9	Greenfield, Gavin	7	Brandon Valley	2:42.77	2:43.44	2
10	Kyte, Ethan	7	Brandon Valley	2:42.93	2:44.57	2
11	Schaefer, Max	7	Memorial	2:47.21	2:47.25	2
12	Ralston Perreault, Finn	7	Patrick Henry	2:54.26	2:47.58	2
13	Uhing, Joey	7	Ben Reifel		2:49.40	1
14	Vizcarrondo, Leonardo	7	Patrick Henry	2:59.62	2:50.68	2
15	Uherka-Abels, Zander	7	Brandon Valley		2:51.18	1
16	Keffeler, Hudson	7	Brandon Valley	2:46.41	2:52.14	2
17	Hurd, Korbin	7	Brandon Valley	3:03.78	2:55.28	2
18	Kuipers, Hudson	7	Harrisburg South		2:55.29	1
19	Haugan, Liam	7	Patrick Henry	2:57.49	2:56.62	2
20	Spindler, Keegan	7	Memorial	3:01.23	2:57.14	2
21	Parker, Ellis	7	Brandon Valley	2:58.06	2:59.43	2
22	Sweeney, Cjay	7	Brandon Valley	3:04.73	3:00.69	2
23	Lyng, Evan	7	Brandon Valley	2:59.00	3:01.05	2
24	Marty, Cooper	7	Patrick Henry		3:02.89	1
25	Clarke, Jack	7	Ben Reifel	3:07.49	3:02.99	2
26	Plsek, August	7	Patrick Henry	3:04.33	3:03.19	2
27	Hutchinson, Evan	7	Ben Reifel	3:29.21	3:04.07	1
28	Vinchenso, Naina	7	Ben Reifel	3:17.58	3:05.19	2
29	Pastian, Graysen	7	Memorial	3:17.52	3:07.28	2
30	Bradfeldt, Niko	7	Patrick Henry	3:13.71	3:08.69	2
31	Brink, Noah	7	Memorial	3:23.63	3:09.05	1
32	Johnson, Kolako	7	George McGovern		3:09.12	1
33	Gault, Evan	7	Harrisburg South	3:16.40	3:10.30	2
34	Kovalenko, Alex	7	Memorial	3:21.94	3:10.57	2
35	Yerdon, Gannon	7	Harrisburg South	3:21.78	3:15.74	2
36	Miller, Karl	7	Ben Reifel	3:25.51	3:15.75	1
37	Miller, Noah	7	Brandon Valley		3:16.69	1
38	Schmuck, Hudson	7	Ben Reifel	3:14.91	3:16.72	2
39	Cooper, Wyatt	7	Ben Reifel		3:16.86	1
40	Pinos, Ezra	7	Ben Reifel		3:21.46	1
41	Burwitz, Nick	7	Ben Reifel		3:22.31	1
42	Adkison, Landon	7	Memorial	3:25.10	3:30.92	1
43	Carda, Kael	7	Brandon Valley		3:36.63	1
44	Bishop, Brett	7	Ben Reifel	3:41.82	3:41.47	1

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****...Boys 800 Meter Run Seventh Grade**

45	Figura, Samuel	7	Brandon Valley		3:43.83	1
46	Janssen, Jack	7	Harrisburg South		3:52.47	1
47	Arnold Kelly, Owen	7	Patrick Henry	4:22.80	4:29.99	1

**Boys 1600 Meter Run Seventh Grade**

=====						
MS Metro: * 4:59.80		2008	Tanner Ahrendt, Memorial			
Name	Year	School	Seed	Finals		
=====						
1	Abraham, Hena	7	Ben Reifel	5:37.36	5:31.77	
2	Selness, Asher	7	Brandon Valley	5:55.50	5:37.04	
3	Raga, Braeden	7	Patrick Henry	7:36.23	5:38.60	
4	Laber, Brayden	7	Brandon Valley	5:58.09	5:41.32	
5	Greenfield, Gavin	7	Brandon Valley	5:59.75	5:45.15	
6	Kyte, Ethan	7	Brandon Valley	6:01.92	5:45.54	
7	Bridgman, Caleb	7	Brandon Valley	5:55.17	5:46.24	
8	Pudwill, Kalen	7	Brandon Valley	5:54.61	5:49.10	
9	Johnson, Dawson	7	Memorial	5:58.21	5:52.28	
10	Ericsson, Oscar	7	Patrick Henry	7:36.26	5:55.53	
11	Schaefer, Max	7	Memorial	6:04.16	5:59.23	
12	Vyhliidal, Owen	7	Harrisburg South	7:15.36	6:10.72	
13	Ralston Perreault, Finn	7	Patrick Henry	6:15.36	6:16.14	
14	Haugan, Liam	7	Patrick Henry	6:49.36	6:18.49	
15	Clarke, Jack	7	Ben Reifel	6:56.73	6:20.86	
16	Uherka-Abels, Zander	7	Brandon Valley	6:11.16	6:22.67	
17	Parker, Ellis	7	Brandon Valley	6:39.03	6:28.35	
18	Lyng, Evan	7	Brandon Valley		6:31.68	
19	Marty, Cooper	7	Patrick Henry		6:32.88	
20	Plsek, August	7	Patrick Henry	7:56.36	6:37.11	
21	Laddusaw, Bryton	7	Memorial		6:38.47	
22	Urlacher, Harper	7	Brandon Valley	6:58.98	6:45.70	
23	Carlson, Bryce	7	Harrisburg South		6:50.21	
24	Hutchinson, Evan	7	Ben Reifel	6:57.32	6:52.39	
25	Moore, Jace	7	Harrisburg South	6:55.23	6:55.23	
26	Yerdon, Gannon	7	Harrisburg South	7:02.36	7:01.59	
27	Bradfeldt, Niko	7	Patrick Henry	7:35.36	7:07.13	
28	Dover, Theron	7	Brandon Valley	7:14.42	7:07.90	
29	Iery, Mason	7	Ben Reifel	7:38.05	7:09.28	
30	Brewer, Kobi	7	George McGovern	6:06.36	7:11.45	
31	Burwitz, Nick	7	Ben Reifel	7:42.86	7:12.28	
32	Kovalenko, Alex	7	Memorial		7:15.79	
33	Olson, Levi	7	Patrick Henry	6:58.36	7:19.92	
34	Johnson, Kolako	7	George McGovern	6:04.33	7:34.92	
35	Bishop, Brett	7	Ben Reifel	7:59.24	7:37.29	
36	Arnold Kelly, Owen	7	Patrick Henry	7:00.36	9:37.47	

**Boys 110 Meter Hurdles Seventh Grade**

=====						
MS Metro: * 16.60		2016	Tyler Feldkamp, Memorial			
Name	Year	School	Seed	Finals	H#	
=====						
1	Jensen, Matnel	7	Memorial	21.99	19.72	5
2	Eidem, Micah	7	Ben Reifel	20.59	19.82	5
3	Maoh, Archie	7	George McGovern	20.31	19.89	5
4	Dede, Kasten	7	Ben Reifel	22.18	20.37	4

**2023 Metro Track & Field Meet - 4/17/2023**

**Howard Wood Field**

**Results - Metro**

**...Boys 110 Meter Hurdles Seventh Grade**

5	Giblin, Dax	7 Memorial	21.79	20.51	5
6	Taggart, Madden	7 Ben Reifel	21.66	20.91	5
7	Rolfing, Miles	7 Patrick Henry	20.92	20.95	5
8	Finn, Micah	7 Brandon Valley	22.52	21.01	4
9	Smit, Carter	7 Memorial	23.20	21.04	3
10	Leary, Cole	7 Brandon Valley		21.07	1
11	Spindler, Keegan	7 Memorial	22.67	21.15	4
12	Andersen, Britton	7 Harrisburg South		21.27	2
13	Smith, Aiden	7 Patrick Henry	20.74	21.38	5
14	Otang, John	7 Brandon Valley	22.63	21.71	4
15	Tailey, Richmond	7 George McGovern	21.22	21.74	5
16	Evenson, Landon	7 Memorial	24.11	22.03	3
17	Gault, Evan	7 Harrisburg South	22.51	22.08	4
18	Medlock, Jameer	7 George McGovern		22.15	1
18	Hudson, Lucas	7 Harrisburg South		22.15	1
20	Reinwald, Quinn	7 Brandon Valley	22.21	22.16	4
21	Moore, Jace	7 Harrisburg South	23.03	22.22	3
22	Mackey, Talon	7 Memorial	22.53	22.25	4
22	McVay, Broxsen	7 Ben Reifel	23.21	22.25	3
24	Vyhliadal, Owen	7 Harrisburg South	22.85	22.28	4
25	Kuipers, Hudson	7 Harrisburg South	23.29	22.93	3
26	Johnson, Cayden	7 Memorial	22.92	23.41	3
27	Geng, Kueth	7 George McGovern		23.47	2
28	Hayile, Wada	7 George McGovern		23.82	1
29	Stevenson, Taysir	7 Brandon Valley	28.21	25.51	2
30	Lual, Thon	7 Brandon Valley	26.76	25.96	2
31	Baldanado, Raymond	7 Harrisburg South		27.33	2
32	Idris, Petros	7 Ben Reifel	27.64	28.98	2

**Boys 4x100 Meter Relay Seventh Grade**

=====					
MS Metro: * 50.50 1994 Patrick Henry					
Olson, Jensen, Reilly, Lewis					
School		Seed	Finals	H#	
=====					
1	Memorial 'A'	52.21	51.92	2	
	1) Winter, Kayson 7				2) Hudelson, Quentin 7
	3) Fischer, Austin 7				4) Hanson, Jayden 7
2	Brandon Valley 'A'	51.04	53.31	2	
	1) Hartman, Chayce 7				2) Elgersma, Eyston 7
	3) Mueller, Ryder 7				4) Halseth, Jake 7
3	Ben Reifel 'A'	53.83	53.51	2	
	1) Pankonin, Brett 7				2) Taggart, Madden 7
	3) Eidem, Micah 7				4) Schramm, Bronson 7
4	Brandon Valley 'C'		58.29	1	
	1) Davis, Rory 7				2) Skibsted, Trey 7
	3) Williams, Ben 7				4) Finn, Micah 7
5	Brandon Valley 'B'		58.92	1	
	1) Barthman, Lawson 7				2) Callahan, Caden 7
	3) Elder, Keeton 7				4) Heronimus, Conor 7
6	Memorial 'B'		59.75	1	
	1) Brink, Noah 7				2) Weatherspoon, Apollo 7
	3) Peltier-Smith, Nhalijah 7				4) Tschetter, Austin 7
7	Patrick Henry 'A'	54.06	1:00.20	2	
	1) Velasquez, Drew 7				2) Dougherty, Matthew 7

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Boys 4x100 Meter Relay Seventh Grade**

3) Vizcarrondo, Leonardo 7	4) Tibbetts, Will 7			
8 Harrisburg South 'A'		59.49	1:00.24	2
1) DeBruin, Jake 7	2) Koelling, Talon 7			
3) Gluf, Liam 7	4) Willers, Benjamin 7			
9 Harrisburg South 'B'			1:03.61	1
1) Jorgensen, Brecken 7	2) Baldanado, Raymond 7			
3) Hansen, Liam 7	4) DeHaven, Max 7			
10 Patrick Henry 'B'			1:03.70	2
1) Fairbrother, Kinnick 7	2) Swan, Max 7			
3) Welch Okawa, Eli 7	4) Ulrich, Cameron 7			
11 Memorial 'C'			1:03.79	1
1) Mercado-Castello, Diego 7	2) Evenson, Landon 7			
3) Bauchspiess, Ethan 7	4) Ratzsch, Kessler 7			
12 Ben Reifel 'B'			1:04.67	1
1) Kakamba, Byambi 7	2) Stanton, Mason 7			
3) Jennings, Mason 7	4) Wentworth-Rollins, Ashton 7			
13 Patrick Henry 'C'			1:05.83	1
1) Gabel, Mathius 7	2) Weddell, Achillies 7			
3) Bashore, Henry 7	4) Reyes, Mario 7			
14 Ben Reifel 'C'			1:05.91	1
1) Young, Gavin 7	2) Loa, Alex 7			
3) Koch, Maverick 7	4) Gibson, Tate 7			
15 George McGovern 'B'			1:07.79	2
1) Ross, Tristian 7	2) Hayile, Wada 7			
3) Jackson, Nkurunziza 7	4) Haagenstad, Lencee 7			
16 George McGovern 'A'		50.32	1:13.11	2
1) Mancuso, Dante 7	2) Willis, Shawn 7			
3) Koch, Domanick 7	4) Nelson, Isaac 7			

**Boys 4x200 Meter Relay Seventh Grade**

MS Metro: \* 1:46.70 1995 Whittier

Eckert, Benedict, Timmer, Stansbury

School Seed Finals H#

1 Patrick Henry 'A'		1:54.88	1:55.42	3
1) Eisenberg, Murphy 7	2) Olson, Ethan 7			
3) Hicks, Cooper 7	4) Dibba, Rasheed 7			
2 Brandon Valley 'A'		1:47.78	2:03.09	3
1) Leary, Cole 7	2) Dulaney, Tristan 7			
3) Hatten, Leo 7	4) Sylliaasen, Nathan 7			
3 Memorial 'A'		2:00.20	2:04.39	3
1) Santos, Shaun 7	2) Steever, Charlie 7			
3) Johnson, Cayden 7	4) Garza, Jonathan 7			
4 Ben Reifel 'A'		2:03.18	2:04.47	3
1) Wentzel, Carter 7	2) Dede, Kasten 7			
3) McVay, Broxsen 7	4) Kakamba, Byambi 7			
5 Brandon Valley 'B'			2:05.93	1
1) Hassebroek, Alyjah 7	2) Salameh, Mazin 7			
3) Zhukaliuk, Iliya 7	4) Otang, John 7			
6 Harrisburg South 'A'		2:06.57	2:06.24	3
1) Hudson, Lucas 7	2) Koelling, Talon 7			
3) Gault, Evan 7	4) Ajak, Mabior 7			
7 George McGovern 'A'		2:12.21	2:06.74	3
1) Mideksa, Sicho 7	2) Mekuria, Biniam 7			

**2023 Metro Track & Field Meet - 4/17/2023**

**Howard Wood Field**

**Results - Metro**

**....Boys 4x200 Meter Relay Seventh Grade**

3) Sorensen, Kaydin 7	4) Maoh, Archie 7		
8 Brandon Valley 'C'		2:07.15	2
1) Downs, Dominic 7	2) Reinwald, Quinn 7		
3) Stevenson, Taysir 7	4) Veld, Cooper 7		
9 George McGovern 'B'		2:07.22	3
1) Manirakiza, Tresor 7	2) Medlock, Jameer 7		
3) Geng, Kueth 7	4) Bone, Landon 7		
10 Patrick Henry 'B'		2:07.68	1
1) Roche, Sammy 7	2) Velasquez, Drew 7		
3) Dougherty, Matthew 7	4) Fairbrother, Kinnick 7		
11 Patrick Henry 'C'		2:07.82	2
1) Sittner, Benjamin 7	2) Gabel, Mathius 7		
3) Ulrich, Cameron 7	4) Karlen, Kalen 7		
12 Memorial 'C'		2:08.34	2
1) Bauchspiess, Ethan 7	2) Gran, Gavin 7		
3) Adams, Brayden 7	4) Burton, Mason 7		
13 Ben Reifel 'B'		2:08.67	2
1) Idris, Petros 7	2) Hutchinson, Evan 7		
3) Uhing, Joey 7	4) Young, Gavin 7		
14 Harrisburg South 'B'		2:10.20	3
1) Bender, Charlie 7	2) Reinesch, Jaxton 7		
3) Willers, Benjamin 7	4) DeBruin, Jake 7		
15 Ben Reifel 'C'		2:10.28	1
1) Loa, Alex 7	2) Jennings, Mason 7		
3) Roth, Rylan 7	4) Abraham, Hena 7		
16 Memorial 'B'		2:17.17	2
1) Paulson, Bennett 7	2) Render, Maddux 7		
3) Dunn, Jacob 7	4) Vandewater, Zachary 7		
17 George McGovern 'C'		2:23.00	2
1) Trusty, Wayne 7	2) Top, Will 7		
3) Addis, Menkem 7	4) Cabrera Uribe, Joshua 7		

**Boys 4x400 Meter Relay Seventh Grade**

=====				
MS Metro: *	4:07.80	2004	Patrick Henry	
			Dalton, Ibach, Heck, Anderson	
School		Seed	Finals	H#
=====				
1 Ben Reifel 'A'		4:27.17	4:20.73	2
1) Pankonin, Brett 7	2) Eidem, Micah 7			
3) Taggart, Madden 7	4) Schramm, Bronson 7			
2 Memorial 'A'		4:54.37	4:26.54	2
1) Fischer, Austin 7	2) Vortherms, Joey 7			
3) Hudelson, Quentin 7	4) Jensen, Matnel 7			
3 Ben Reifel 'B'			4:36.39	1
1) Wentzel, Carter 7	2) Young, Gavin 7			
3) Kakamba, Byambi 7	4) Henderson, Holt 7			
4 Brandon Valley 'B'			4:36.79	2
1) Greenfield, Gavin 7	2) Kyte, Ethan 7			
3) Laber, Brayden 7	4) Pudwill, Kalen 7			
5 Brandon Valley 'A'		4:30.63	4:38.69	2
1) Barthman, Lawson 7	2) Elgersma, Eyston 7			
3) McInerney, Lincoln 7	4) Halseth, Jake 7			
6 Brandon Valley 'C'			4:39.16	2
1) Dewitt, Zach 7	2) Schoby, Shane 7			



**2023 Metro Track & Field Meet - 4/17/2023**

**Howard Wood Field**

**Results - Metro**

**....Boys 4x400 Meter Relay Seventh Grade**

3) Selness, Asher 7	4) Watson, Sage 7		
7 Patrick Henry 'B'		4:43.20	1
1) Dibba, Rasheed 7	2) Tibbetts, Will 7		
3) Eisenberg, Murphy 7	4) Raga, Braeden 7		
8 Patrick Henry 'A'		4:23.73	4:47.77
1) Roche, Sammy 7	2) Wallin, Eliason 7		2
3) Olson, Ethan 7	4) Smith, Aiden 7		
9 Patrick Henry 'C'		5:02.76	2
1) Baker, Sean 7	2) Karlen, Kalen 7		
3) Reyes, Mario 7	4) Sittner, Benjamin 7		
10 Harrisburg South 'A'		4:36.84	5:03.85
1) Meyer, Kasen 7	2) Jorgensen, Brecken 7		2
3) Andersen, Britton 7	4) Vyhliidal, Owen 7		
11 Memorial 'C'		5:09.34	2
1) Sanderson, Jett 7	2) Brink, Noah 7		
3) Pastian, Graysen 7	4) Render, Maddux 7		
12 Memorial 'B'		5:14.49	2
1) Adkison, Landon 7	2) Burton, Mason 7		
3) Schmidt, Kasyn 7	4) Fox, Brayson 7		
13 Harrisburg South 'B'		5:36.27	1
1) Becker, Eddie 7	2) Janssen, Jack 7		
3) Keserovic, Aiden 7	4) Carlson, Bryce 7		

**Boys 800 Sprint Medley Seventh Grade**

MS Metro: \* 1:52.80 2018 Memorial  
 Hawley, Wright, Ashley, Wilde

School	Seed	Finals	H#
1 Memorial 'B'		1:54.07	1
1) Garza, Jonathan 7	2) Winter, Kayson 7		
3) Hanson, Jayden 7	4) Hudelson, Quentin 7		
2 Memorial 'A'	2:05.78	2:00.50	2
1) Fox, Brayson 7	2) Santos, Shaun 7		
3) Jensen, Matnel 7	4) Vortherms, Joey 7		
3 Patrick Henry 'A'	2:05.35	2:04.80	2
1) Voll, Roque 7	2) Sanders, Sam 7		
3) Olson, Ethan 7	4) Eisenberg, Murphy 7		
4 Ben Reifel 'A'	1:53.06	2:07.59	2
1) Schramm, Bronson 7	2) Dede, Kasten 7		
3) Smith, Miles 7	4) Gibson, Tate 7		
5 Brandon Valley 'C'		2:08.70	1
1) Ritesman, Alaryk 7	2) Lacey, Ayden 7		
3) Hurd, Korbin 7	4) Uherka-Abels, Zander 7		
6 Memorial 'C'	2:11.61	2:09.94	2
1) Mackey, Talon 7	2) Tschetter, Austin 7		
3) Smit, Carter 7	4) Johnson, Dawson 7		
7 Brandon Valley 'B'		2:12.34	1
1) Dulaney, Tristan 7	2) Hatten, Leo 7		
3) Arend, Chase 7	4) Schoby, Shane 7		
8 George McGovern 'A'	2:19.28	2:12.52	2
1) Maoh, Archie 7	2) Styke, Reeagn 7		
3) Mekuria, Biniam 7	4) Brewer, Kobi 7		
9 Patrick Henry 'B'		2:13.37	1
1) Wallin, Eliason 7	2) Karlen, Kalen 7		

**2023 Metro Track & Field Meet - 4/17/2023**

**Howard Wood Field**

**Results - Metro**

**....Boys 800 Sprint Medley Seventh Grade**

3) Velasquez, Drew 7	4) Roche, Sammy 7			
10 Harrisburg South 'A'		1:59.42	2:17.41	2
1) Yerdon, Gannon 7	2) Meyer, Kasen 7			
3) Willers, Benjamin 7	4) Vyhlidal, Owen 7			
11 George McGovern 'B'			2:24.30	1
1) Tailey, Richmond 7	2) Medlock, Jameer 7			
3) Larson, Elisha 7	4) Johnson, Kolako 7			
12 Patrick Henry 'C'			2:26.78	2
1) Swan, Max 7	2) Welch Okawa, Eli 7			
3) Fairbrother, Kinnick 7	4) Soper, Rowan 7			
13 Harrisburg South 'B'			2:32.23	1
1) DeHaven, Max 7	2) Hansen, Liam 7			
3) Gault, Evan 7	4) Ajak, Mabior 7			
-- Brandon Valley 'A'		2:03.65	DQ	2
1) Jones, River 7	2) McInerney, Lincoln 7			
3) Spruiell, Jeremy 7	4) Christion, Caelen 7			

**Boys High Jump Seventh Grade**

=====				
MS Metro: *	5-09	2014	Jayden Johannsen, Patrick Henry	
MS Metro: @	5-09	2021	Dveyoun Bonwell-Witte, Branden Valley	
Name	Year	School	Seed	Finals
=====				
1 Lacey, Ayden	7	Brandon Valley	4-10.00	5-04.00
2 Hanson, Jayden	7	Memorial	5-02.00	5-00.00
3 Dede, Kasten	7	Ben Reifel	4-00.00	4-08.00
3 Johnson, Cayden	7	Memorial	4-02.00	4-08.00
3 Koch, Domanick	7	George McGovern		4-08.00
6 Hudelson, Quentin	7	Memorial	4-04.00	4-06.00
6 Johnson, Dawson	7	Memorial	4-08.00	4-06.00
6 Pankonin, Brett	7	Ben Reifel	4-06.00	4-06.00
6 Roth, Rylan	7	Ben Reifel	4-08.00	4-06.00
6 Kotzea, Chris	7	Brandon Valley	4-06.00	4-06.00
11 Stockwell, Mavrick	7	Brandon Valley	4-00.00	4-04.00
11 Tibbetts, Will	7	Patrick Henry		4-04.00
11 Voll, Roque	7	Patrick Henry		4-04.00
14 Bone, Landon	7	George McGovern		4-02.00
14 Tailey, Richmond	7	George McGovern		4-02.00
14 Mekuria, Biniam	7	George McGovern		4-02.00
14 Henderson, Holt	7	Ben Reifel	4-02.00	4-02.00
14 Smith, Miles	7	Ben Reifel		4-02.00
19 Sylliaasen, Nathan	7	Brandon Valley	4-04.00	4-00.00
19 Meyer, Kasen	7	Harrisburg South		4-00.00
-- Swan, Max	7	Patrick Henry		NH
-- Dougherty, Matthew	7	Patrick Henry		NH
-- Davis, Rory	7	Brandon Valley		NH
-- Carlson, Bryce	7	Harrisburg South		NH
-- Thompson, Bryce	7	Ben Reifel		NH
-- Bills, Carter	7	Brandon Valley		NH

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****Boys Long Jump Seventh Grade**

MS Metro: * 19-11 1987 Josh Lien, Edison					
Name	Year	School	Seed	Finals	H#
1 Hartman, Chayce	7	Brandon Valley	16-01.00	15-07.00	3
2 Pankonin, Brett	7	Ben Reifel	17-03.00	15-04.50	3
3 Mueller, Ryder	7	Brandon Valley	15-03.00	15-02.00	3
4 Henderson, Holt	7	Ben Reifel		14-08.50	1
5 Finn, Micah	7	Brandon Valley	14-00.00	14-00.00	3
6 Callahan, Caden	7	Brandon Valley	13-00.75	13-06.00	3
6 Ratzsch, Kessler	7	Memorial	15-06.50	13-06.00	3
8 Larson, Elisha	7	George McGovern	14-06.00	13-05.00	3
9 Else, Jacob	7	Memorial		13-02.00	1
10 Sittner, Benjamin	7	Patrick Henry	13-07.00	13-01.50	3
11 Dibba, Rasheed	7	Patrick Henry		13-00.50	2
12 Yerdon, Gannon	7	Harrisburg South	11-10.00	12-08.00	2
12 Heronimus, Conor	7	Brandon Valley	14-05.00	12-08.00	3
14 Gluf, Liam	7	Harrisburg South	13-03.00	12-07.00	3
14 Evenson, Landon	7	Memorial	13-05.00	12-07.00	3
16 Bills, Carter	7	Brandon Valley	13-00.50	12-06.50	2
17 DeHaven, Max	7	Harrisburg South	13-03.50	12-03.50	3
18 Roth, Rylan	7	Ben Reifel	10-09.00	12-02.50	2
19 Arend, Chase	7	Brandon Valley	12-08.50	12-01.00	2
20 Sorensen, Kaydin	7	George McGovern		12-00.50	2
21 Hansen, Liam	7	Harrisburg South	11-08.00	11-09.00	2
21 Styke, Reegan	7	George McGovern		11-09.00	2
23 Schmidt, Kasyn	7	Memorial		11-08.50	1
24 Iery, Mason	7	Ben Reifel	11-04.50	11-03.00	2
25 Vinchenso, Naina	7	Ben Reifel	11-07.50	10-06.50	2
26 Roche, Sammy	7	Patrick Henry		10-05.00	1
27 Render, Maddux	7	Memorial	12-06.00	10-04.00	2
28 Alvarado, Brian	7	George McGovern		10-03.00	1
29 Adkison, Landon	7	Memorial	11-01.00	10-02.00	2
30 DeBruin, Jake	7	Harrisburg South		9-03.50	1
31 Nyhus, Carter	7	Memorial	10-02.00	9-02.00	2
32 Mancuso, Dante	7	George McGovern		8-04.00	1

**Boys Shot Put Seventh Grade**

MS Metro: * 43-07.75 1989 Russ Hovalt, Axtell Park					
Name	Year	School	Seed	Finals	H#
1 Lindekugel, Cody	7	Brandon Valley	32-05.00	33-04.50	3
2 Werkmeister, Weslee	7	Memorial	29-08.00	30-05.00	3
3 Freiborg, Austin	7	Ben Reifel	31-11.00	30-02.00	3
4 Smith, Aiden	7	Patrick Henry	31-07.00	28-09.00	3
5 Payne, Jaden	7	Memorial	25-07.00	27-04.00	3
6 Devlin, Andrew	7	Memorial	29-06.00	27-03.00	3
7 Vazquez, Javi	7	Ben Reifel	28-01.00	26-07.50	3
8 Haverhals, Kellby	7	Ben Reifel		26-00.50	1
9 Hudson, Lucas	7	Harrisburg South		25-07.50	1
10 Vogt, Jaxon	7	Brandon Valley	26-02.00	25-04.00	3
11 Trusty, Wayne	7	George McGovern	26-11.50	25-00.50	3
12 Truckenmiller, Garrison	7	Brandon Valley	24-10.00	24-04.00	3
13 Everette, Isayah	7	Ben Reifel		23-00.50	1
14 Steever, Charlie	7	Memorial	21-09.00	22-09.00	2

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Boys Shot Put Seventh Grade**

15	Lual, Thon	7	Brandon Valley	24-02.00	22-06.00	2
15	Lawson, Caden	7	George McGovern	24-02.00	22-06.00	3
17	Muth, Parker	7	Ben Reifel	24-09.00	22-02.50	3
18	Saxer, Braxton	7	Brandon Valley	20-04.00	21-09.00	2
19	Cabrera Uribe, Joshua	7	George McGovern	20-10.00	21-07.50	2
20	Warren, Jaiden	7	Harrisburg South	22-11.50	20-11.50	2
21	Dunn, Jacob	7	Memorial	20-10.00	20-06.00	2
22	Choul, Koad	7	Ben Reifel	25-11.00	19-10.00	3
23	Dekker, Chase	7	Brandon Valley		19-07.00	1
23	Steenholdt, Landon	7	Memorial	21-04.00	19-07.00	2
25	McCloskey, Charlie	7	Ben Reifel		19-04.50	1
26	Gingrich, Mason	7	Harrisburg South	18-03.00	19-03.50	1
27	Scheuer, Harvey	7	Brandon Valley	22-08.00	19-01.00	2
28	Keogh, Spencer	7	George McGovern	20-11.00	18-06.50	2
29	Reinesch, Jaxton	7	Harrisburg South	23-00.50	18-06.00	2
30	Gomez, Giovanni	7	Memorial		18-01.00	1
31	Skillman, Jett	7	Memorial	18-09.00	18-00.00	1
32	Goss, Cason	7	Harrisburg South	19-02.00	17-10.00	2
33	Hooker, Jayden	7	George McGovern	17-11.50	17-05.00	1
34	Lindner, Landen	7	Brandon Valley	20-02.00	16-08.50	2
35	Wilda, Adrian	7	George McGovern	16-05.00	16-08.00	1

**Boys Discus Throw Seventh Grade**

=====						
MS Metro: * 138-09.50 2016 Drake Swenson, Brandon Valley						
Name	Year	School	Seed	Finals	H#	
=====						
1	Devlin, Andrew	7	Memorial	78-00	98-00	3
2	Payne, Jaden	7	Memorial	33-01	91-09	1
3	Muth, Parker	7	Ben Reifel	72-10.50	76-04	3
4	Lindekugel, Cody	7	Brandon Valley	70-05.50	75-03	3
5	Vazquez, Javi	7	Ben Reifel	66-06.50	74-02	3
6	Werkmeister, Weslee	7	Memorial	78-05.50	70-03	3
7	Ross, Tristian	7	George McGovern	48-03	68-00	2
8	Haggar, Talon	7	Ben Reifel		67-09	1
9	Vogt, Jaxon	7	Brandon Valley	61-06	66-05	3
10	Koch, Maverick	7	Ben Reifel		66-00	1
11	Baker, Sean	7	Patrick Henry	41-02	64-07	2
12	Lawson, Caden	7	George McGovern	48-08	62-10	2
13	Choul, Koad	7	Ben Reifel		62-05	1
14	Ritesman, Alaryk	7	Brandon Valley	62-08	62-02	3
15	Steever, Charlie	7	Memorial	49-10	60-03	2
16	Rock, Ethan	7	Patrick Henry	59-05.50	59-05	3
17	Dunn, Jacob	7	Memorial		59-04	1
18	Truckenmiller, Garrison	7	Brandon Valley	65-04	58-10	3
19	Steenholdt, Landon	7	Memorial	52-06.50	57-08	3
20	Top, Will	7	George McGovern	39-05	53-11	1
21	Alberts, Kenan	7	Ben Reifel		53-10	1
22	Morris, Gavin	7	Brandon Valley	62-01	53-01	3
23	Khaon, Kayavanh	7	Ben Reifel		52-08	1
24	Scheuer, Harvey	7	Brandon Valley	48-06.50	52-03	2
25	Hooker, Jayden	7	George McGovern	42-05	51-08	2
26	Warren, Jaiden	7	Harrisburg South	54-06.50	51-04	3
27	Skillman, Jett	7	Memorial	45-02.50	51-02	2
28	Keogh, Spencer	7	George McGovern	44-09	51-01	2

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****...Boys Discus Throw Seventh Grade**

29 Lindner, Landen	7 Brandon Valley	44-11.50	50-02	2
30 Wilda, Adrian	7 George McGovern	39-03.50	49-10	1

**Boys 100 Meter Dash Eighth Grade**

=====					
MS Metro: *	11.50	2009	Sam Cooke, Patrick Henry		
MS Metro: @	11.50	2017	Keven Franco, Whittier		
MS Metro: #	11.50	2019	Nelson Wright, Memorial		
Name	Year	School	Seed	Finals	H#
=====					
1 David Jr., Joshua	8	George McGovern	13.70	12.14	6
2 Christion, Camden	8	George McGovern	13.61	12.19	6
3 Gray, Andrew	8	Brandon Valley		12.20	2
4 Osman, Thomas	8	Harrisburg South	14.42	12.38	5
5 O'Bryan, Turner	8	Memorial	12.67	12.41	6
6 Deery, Kale	8	Harrisburg South	14.65	12.47	5
7 Doe, David	8	Harrisburg South	14.54	12.63	5
8 Tripp, Braeden	8	Brandon Valley		12.78	2
9 Peterson, Parker	8	Memorial	13.86	12.91	6
10 Koerner, Beau	8	Memorial		13.06	3
11 Ehlers, Ryan	8	Memorial	13.46	13.12	6
12 Glover, Ayden	8	Ben Reifel		13.13	3
12 Consoer, Caeden	8	Ben Reifel	13.93	13.13	6
14 Snelling, Nathan	8	Harrisburg South	15.31	13.17	4
15 Turner, Michael	8	Harrisburg South	14.94	13.33	5
16 Carter, Maxwell	8	Memorial	13.97	13.34	6
16 Carroll, Kaden	8	Ben Reifel	14.01	13.34	6
18 Brown, Fredrick	8	George McGovern	14.44	13.36	5
19 Ramon Monrroy, Jaime	8	George McGovern	15.38	13.54	4
20 Stangeland, Logan	8	Patrick Henry	15.00	13.75	4
21 Rehorst, Beckett	8	Brandon Valley		13.80	3
21 Rai, Srijan	8	Brandon Valley		13.80	2
23 White, Kylar	8	Ben Reifel		13.82	2
24 Bjerke, Eli	8	Harrisburg South	15.79	13.89	4
25 Kallhoff, Liam	8	Patrick Henry	15.69	13.93	4
26 Bachmeier, Caleb	8	Harrisburg South	15.81	14.15	4
27 Wasmund, Cooper	8	Patrick Henry	16.26	14.20	4
28 Draewell, Hayden	8	Memorial	14.86	14.35	5
29 Ali, Julez	8	Brandon Valley		14.38	1
30 Magar, Utsav	8	Brandon Valley		14.39	2
31 Mpumuro, Ivan	8	George McGovern		14.64	3
32 Eltayeb, Awab	8	Patrick Henry	17.15	14.75	4
33 Kurtz, Gavin	8	Patrick Henry		14.86	1
34 Tumezgi, Matan	8	George McGovern		15.23	3
35 Hampton, Cameron	8	Memorial		15.41	1
36 Friez, Andrew	8	Patrick Henry	17.63	15.61	3
37 Jones, Reece	8	Memorial		16.94	3
38 Pudwill, Henry	8	Patrick Henry	14.23	29.66	5

**Boys 200 Meter Dash Eighth Grade**

=====					
MS Metro: *	23.60	2017	Keven Franco, Whittier		
Name	Year	School	Seed	Finals	H#
=====					
1 Christion, Camden	8	George McGovern	27.35	25.39	5

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Boys 200 Meter Dash Eighth Grade**

2	O'Bryan, Turner	8 Memorial	26.83	26.02	5
3	Doe, David	8 Harrisburg South	27.59	26.43	5
4	Peterson, Parker	8 Memorial		26.72	1
5	Blomgren, Jack	8 Brandon Valley		26.79	1
6	Stange, Jordan	8 Brandon Valley		26.80	1
7	Koerner, Beau	8 Memorial	28.15	26.81	5
8	Consoer, Caeden	8 Ben Reifel	28.29	27.01	5
9	Mundhenke, Porter	8 Harrisburg South	28.41	27.05	5
10	Adler, Jack	8 Brandon Valley		27.17	2
11	Sturgeon, Aiden	8 Brandon Valley		27.29	1
12	Marnach, Marshall	8 Brandon Valley		27.31	1
13	Jensen, Benjamin	8 Patrick Henry	29.67	27.65	4
14	Ehlers, Ryan	8 Memorial	28.64	27.77	5
15	Kippes, Jakob	8 Patrick Henry	29.14	28.15	5
16	Johnson, Gavin	8 Brandon Valley		28.18	2
17	Ramon Monrroy, Jaime	8 George McGovern		28.29	2
18	Kemnitz, Aidan	8 Patrick Henry	29.62	28.33	4
19	Snelling, Nathan	8 Harrisburg South	30.92	28.43	4
20	Kirchgasler, Wyatt	8 Harrisburg South	30.45	28.49	4
21	Wilka, Dezman	8 Ben Reifel	30.76	29.54	4
22	Wolfgang, Marshall	8 Harrisburg South		29.59	2
23	Kutey, Isaac	8 Brandon Valley		29.60	2
24	Edelen, Archer	8 Patrick Henry	31.68	30.04	3
25	Bowen, Jaxon	8 Harrisburg South	31.16	30.61	4
26	Fick, Deyondre	8 Memorial		31.05	2
27	Eltayeb, Awab	8 Patrick Henry	32.60	31.75	3
28	Paulson, Jack	8 Patrick Henry		31.79	3
29	Tumezgi, Matan	8 George McGovern	35.62	31.88	3
30	Friez, Andrew	8 Patrick Henry		33.01	2
31	Sprecher, Caleb	8 Harrisburg South	36.62	33.79	3
--	Turner, Anthony	8 George McGovern		DNF	1

**Boys 400 Meter Dash Eighth Grade**

=====						
MS Metro: * 54.10		2010	Adam Belhaj, Edison			
Name	Year	School	Seed	Finals	H#	
=====						
1	Christion, Camden	8 George McGovern	59.21	58.63	5	
2	O'Bryan, Turner	8 Memorial	58.65	59.71	5	
3	Reilly, Cole	8 Ben Reifel		1:00.11	1	
4	Mundhenke, Porter	8 Harrisburg South	1:02.92	1:00.37	5	
5	Oleson, Grant	8 Patrick Henry	1:01.19	1:01.11	5	
6	Turner, Michael	8 Harrisburg South	1:01.98	1:01.13	5	
7	Henkelman, Matthew	8 Brandon Valley	1:02.23	1:01.66	5	
8	Sprecher, Ben	8 Ben Reifel	1:02.85	1:01.77	5	
9	Tripp, Braeden	8 Brandon Valley		1:02.43	2	
10	Nhomot, Akot	8 Ben Reifel		1:03.49	2	
11	Lewis, Owen	8 Patrick Henry	1:05.66	1:03.50	4	
12	Brown, Fredrick	8 George McGovern	1:02.89	1:04.12	5	
13	Wilka, Dezman	8 Ben Reifel	1:05.66	1:04.73	4	
14	David Jr., Joshua	8 George McGovern		1:06.29	3	
15	Colwell, Jaxus	8 Brandon Valley		1:06.74	2	
16	Peterson, Hayes	8 Patrick Henry	1:20.00	1:07.04	3	
17	Kludt, Carson	8 Brandon Valley	1:09.81	1:07.18	4	
18	Schneider, Corey	8 Ben Reifel	1:09.47	1:07.45	4	

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Boys 400 Meter Dash Eighth Grade**

19	Wiemann, Derek	8	Memorial		1:08.06	3
20	Koch, Harper	8	George McGovern	1:13.52	1:08.34	4
21	Culp, Tristan	8	Brandon Valley		1:08.38	2
22	Sundall, Easton	8	Brandon Valley		1:08.84	3
23	Bachmeier, Caleb	8	Harrisburg South	1:13.55	1:09.08	4
24	Maas, Avery	8	Memorial		1:09.17	1
25	Koball, Rocco	8	Memorial	1:10.15	1:09.50	4
26	Thuch, Madut (Matthew)	8	Ben Reifel		1:09.58	3
27	Munk, Landon	8	Patrick Henry	1:10.92	1:09.68	4
28	Nielsen, Liam	8	Memorial		1:09.93	2
29	Yoder, David	8	Patrick Henry	1:14.11	1:13.36	3
30	Davis, Hudson	8	Memorial	1:15.87	1:14.18	3
31	Lee, Tommy	8	Harrisburg South		1:16.17	2
32	Mpumuro, Ivan	8	George McGovern		1:16.42	1

**Boys 800 Meter Run Eighth Grade**

=====						
MS Metro: * 2:09.50		2008	Alex Waddell, Patrick Henry			
Name	Year	School	Seed	Finals	H#	
=====						
1	Reilly, Cole	8	Ben Reifel	2:22.29	2:20.98	2
2	Biteler, Brekken	8	Patrick Henry	2:30.24	2:21.95	2
3	Miller, Griffin	8	Ben Reifel	2:29.40	2:22.14	2
4	Boltjes, Jackson	8	Ben Reifel	2:36.26	2:28.77	2
5	Hoekman, Toby	8	Patrick Henry	2:40.10	2:29.57	2
6	Salonen, Everett	8	Memorial	2:38.33	2:30.69	2
7	Teller, Jack	8	Patrick Henry	2:44.69	2:31.25	2
8	Sprecher, Ben	8	Ben Reifel	2:37.88	2:31.31	2
9	Peterson, Chase	8	Brandon Valley	2:43.86	2:32.50	2
10	Wilson, Brian	8	Patrick Henry	2:37.63	2:32.54	2
11	Sturgeon, Aiden	8	Brandon Valley		2:33.95	1
12	Ordway, Brooks	8	Harrisburg South	2:38.45	2:34.51	2
13	Wagley, Eli	8	Patrick Henry		2:34.66	1
14	Arend, Jackson	8	Brandon Valley	2:47.27	2:35.22	2
15	Herrboldt, Everett	8	Patrick Henry	2:45.80	2:36.16	2
16	Johnson, Brooks	8	Patrick Henry	2:48.99	2:36.54	2
17	Walden, Bradley	8	Brandon Valley	2:45.72	2:37.35	2
18	Schmidt, Brecken	8	Harrisburg South	2:45.09	2:37.82	2
19	Van Laecken, Ayden	8	Brandon Valley	2:46.06	2:38.19	2
20	Winters, Otto	8	Brandon Valley		2:38.81	1
21	Figura, Charlie	8	Brandon Valley	2:49.19	2:39.71	2
22	Erdmann, Gavin	8	Harrisburg South	2:50.43	2:39.92	1
23	Schneider, Corey	8	Ben Reifel	2:50.07	2:41.46	1
24	Nielsen, Liam	8	Memorial	2:45.91	2:47.84	2
25	Schliecher, Shawn	8	Brandon Valley		2:52.20	1
26	Smith, Noah	8	Patrick Henry	2:51.32	2:57.93	1
27	Batthey, Graham	8	Memorial	3:04.81	2:58.06	1
28	Anderson, Liam	8	Memorial	3:07.33	3:07.87	1
29	Berg, Liam	8	Memorial		3:16.19	1
30	Adam, Wei	8	Memorial	3:15.18	3:16.27	1

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****Boys 1600 Meter Run Eighth Grade**

MS Metro: * 4:41.40 1979 Roy Addison, Patrick Henry				
Name	Year	School	Seed	Finals
1 Reilly, Cole	8	Ben Reifel	5:27.00	5:01.01
2 Biteler, Brekken	8	Patrick Henry	5:35.99	5:10.93
3 Miller, Griffin	8	Ben Reifel	5:36.31	5:12.75
4 Spahr, Isaac	8	Brandon Valley	5:40.60	5:28.65
5 Boltjes, Jackson	8	Ben Reifel	5:42.95	5:31.79
6 Madsen, Jacob	8	Patrick Henry	6:33.51	5:33.12
7 Ordway, Brooks	8	Harrisburg South	6:13.54	5:34.12
8 Peterson, Chase	8	Brandon Valley	5:50.75	5:34.89
9 Herrboldt, Everett	8	Patrick Henry	6:17.83	5:41.44
10 Hoekman, Toby	8	Patrick Henry		5:41.81
11 Aker, Cooper	8	Patrick Henry	6:05.46	5:43.37
12 Munsch, Marcus	8	Brandon Valley	6:17.33	5:44.25
13 Walden, Bradley	8	Brandon Valley	6:30.96	5:47.56
14 Schmidt, Brecken	8	Harrisburg South	6:16.49	5:55.52
15 Winters, Otto	8	Brandon Valley		5:58.96
16 Johnson, Brooks	8	Patrick Henry	6:17.83	6:00.12
17 Baker, Andy	8	Patrick Henry	6:35.81	6:06.97
18 Erdmann, Gavin	8	Harrisburg South	6:30.48	6:11.97
19 Sayler, Henry	8	Patrick Henry		6:20.76
20 Battey, Graham	8	Memorial	7:34.06	6:27.89
21 Bray, Austin	8	Brandon Valley	6:59.18	6:28.15
22 Sorenson, Corbin	8	Brandon Valley	7:00.62	6:30.27
23 Bachmeier, Caleb	8	Harrisburg South	7:07.27	6:32.62

**Boys 110 Meter Hurdles Eighth Grade**

MS Metro: * 15.40 2015 Lawrence Lokonobei, Memorial					
Name	Year	School	Seed	Finals	H#
1 Hauert, Asher	8	Harrisburg South	19.49	17.33	3
2 Osman, Tony	8	Harrisburg South	18.53	17.34	3
3 Carroll, Kaden	8	Ben Reifel	19.88	19.07	3
4 Sanders, Israel	8	Memorial	19.87	19.12	3
5 Johnson, Dexter	8	Patrick Henry	23.92	19.45	2
6 Rodriguez, Justin	8	Ben Reifel	21.87	19.76	2
7 Snelling, Nathan	8	Harrisburg South	21.67	19.91	2
8 Markman, Sam	8	Memorial		20.04	1
9 Stangeland, Logan	8	Patrick Henry	20.00	20.07	3
10 Munsch, Marcus	8	Brandon Valley	20.96	20.22	3
11 Ehlers, Ryan	8	Memorial	20.75	20.30	3
12 Nguyen, Tyshaun	8	Patrick Henry	21.11	20.60	2
13 Bortnem, Hayes	8	Brandon Valley	19.83	20.64	3
14 Wright, Miles	8	Harrisburg South	21.53	20.66	2
15 Kassaye, Bereket	8	Patrick Henry	23.05	20.67	2
16 Ali, Julez	8	Brandon Valley	22.21	20.78	2
17 Nhomot, Akot	8	Ben Reifel		21.14	1
18 Edelen, Archer	8	Patrick Henry		22.39	1
19 Jones, Reece	8	Memorial		24.02	1
20 Hiruy, Kidus	8	Patrick Henry		24.09	1



**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****Boys 4x100 Meter Relay Eighth Grade**

MS Metro: * 47.40 2015 Whittier			
Freese, Haji, Shaw, Kpeayeh			
School	Seed	Finals	H#
1 Harrisburg South 'A'	59.49	50.61	2
1) Osman, Tony 8	2) Deery, Kale 8		
3) Doe, David 8	4) Osman, Thomas 8		
2 Ben Reifel 'A'	53.83	51.12	2
1) Carroll, Kaden 8	2) Glover, Ayden 8		
3) White, Kylar 8	4) Consoer, Caeden 8		
3 George McGovern 'A'	50:32.00	51.29	2
1) Brown, Fredrick 8	2) Christion, Camden 8		
3) Ramon Monrroy, Jaime 8	4) David Jr., Joshua 8		
4 Patrick Henry 'A'	54.06	51.95	2
1) Allen, Derick 8	2) Pudwill, Henry 8		
3) Adriano, Maku 8	4) Kippes, Jakob 8		
5 Memorial 'A'	56.28	56.10	2
1) Mergen, Jack 8	2) Markman, Sam 8		
3) Meile, Peyton 8	4) Salonen, Everett 8		
6 Memorial 'B'	57.09	56.12	2
1) Draewell, Hayden 8	2) Peterson, Parker 8		
3) Ellerbroek, John 8	4) Bentz, Talon 8		
7 Patrick Henry 'B'		56.90	1
1) Nguyen, Tyshaun 8	2) Kassaye, Bereket 8		
3) Hiruy, Kidus 8	4) Johnson, Dexter 8		
8 Harrisburg South 'B'		57.31	1
1) Hodgen, Aden 8	2) Sprecher, Caleb 8		
3) Bjerke, Eli 8	4) Hauert, Asher 8		
9 Brandon Valley 'B'		58.42	1
1) Munsch, Marcus 8	2) Walden, Bradley 8		
3) Witte, Jackson 8	4) Reddog, Adrian 8		
10 Brandon Valley 'A'	51.04	59.21	2
1) Gray, Andrew 8	2) Johnson, Gavin 8		
3) Stange, Jordan 8	4) Tripp, Braeden 8		
11 Brandon Valley 'C'		1:00.12	1
1) Christensen, Brighton 8	2) Rai, Srijan 8		
3) Magar, Utsav 8	4) Musinovic, Eddie 8		

**Boys 4x200 Meter Relay Eighth Grade**

MS Metro: * 1:40.90 2022 Edison			
Stamp, Jennings, Akossi, Schoenwald			
School	Seed	Finals	
1 Brandon Valley 'A'	1:47.78	1:48.08	
1) Adler, Jack 8	2) Blomgren, Jack 8		
3) Marnach, Marshall 8	4) Vanleur, Will 8		
2 Patrick Henry 'A'	1:54.88	1:51.83	
1) Adriano, Maku 8	2) Jensen, Benjamin 8		
3) Kemnitz, Aidan 8	4) Kippes, Jakob 8		
3 Patrick Henry 'B'		1:53.60	
1) Allen, Derick 8	2) Ulmer, Max 8		
3) Lewis, Owen 8	4) Kallhoff, Liam 8		
4 Memorial 'A'	1:57.26	1:56.34	
1) Mergen, Jack 8	2) Markman, Sam 8		

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Boys 4x200 Meter Relay Eighth Grade**

3) Meile, Peyton 8	4) Salonen, Everett 8	
5 Brandon Valley 'B'		1:57.52
1) Bortnem, Hayes 8	2) Peterson, Chase 8	
3) Kluver, Jacob 8	4) Kutey, Isaac 8	
6 Harrisburg South 'A'		2:06.57
1) Hodgen, Aden 8	2) Sprecher, Caleb 8	1:59.52
3) Bowen, Jaxon 8	4) Bjerke, Eli 8	

**Boys 4x400 Meter Relay Eighth Grade**

MS Metro: \* 3:53.10 2005 O'Gorman  
Viereck, Vaca, Hooten, Powell

School Seed Finals

1 Patrick Henry 'B'		4:25.19
1) Weiss, Ezekiel 8	2) Melton, Matthew 8	
3) Lewis, Owen 8	4) Oleson, Grant 8	
2 Patrick Henry 'A'	4:23.73	4:27.58
1) Stangeland, Logan 8	2) Herrboldt, Everett 8	
3) Wagley, Eli 8	4) Wilson, Brian 8	
3 Brandon Valley 'A'	4:30.63	4:31.30
1) Culp, Tristan 8	2) Sundall, Easton 8	
3) Tripp, Braeden 8	4) Reddog, Adrian 8	
4 Harrisburg South 'A'	4:36.84	4:34.85
1) Kirchgasser, Wyatt 8	2) Hodgen, Aden 8	
3) Erdmann, Gavin 8	4) Wolfgang, Marshall 8	
5 Memorial 'A'	4:54.37	5:06.35
1) Hench, Isaac 8	2) Battey, Graham 8	
3) Wiemann, Derek 8	4) Maas, Avery 8	

**Boys 800 Sprint Medley Eighth Grade**

MS Metro: \* 1:47.70 2019 Memorial  
Ashley, Naaktgeboren, Wright, Wilde

School Seed Finals

1 Memorial 'A'	1:56.76	1:54.76
1) Ehlers, Ryan 8	2) Carter, Maxwell 8	
3) Peterson, Parker 8	4) O'Bryan, Turner 8	
2 Brandon Valley 'A'	2:03.65	1:59.01
1) Henkelman, Matthew 8	2) Johnson, Gavin 8	
3) Rehorst, Beckett 8	4) Sturgeon, Aiden 8	
3 Harrisburg South 'A'	1:59.42	1:59.96
1) Kirchgasser, Wyatt 8	2) Hauert, Asher 8	
3) Ordway, Brooks 8	4) Mundhenke, Porter 8	
4 Patrick Henry 'B'		2:02.58
1) Jensen, Benjamin 8	2) Kurtz, Gavin 8	
3) Kemnitz, Aidan 8	4) Aker, Cooper 8	
5 Memorial 'C'	2:06.81	2:08.17
1) Draewell, Hayden 8	2) Whittington, Jackson 8	
3) Ellerbroek, John 8	4) Bentz, Talon 8	
6 Patrick Henry 'A'	2:05.35	2:11.51
1) Johnson, Dexter 8	2) Kassaye, Bereket 8	
3) Hiruy, Kidus 8	4) Melton, Matthew 8	
7 Memorial 'B'	2:10.79	2:16.54

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Boys 800 Sprint Medley Eighth Grade**

- |                     |                     |
|---------------------|---------------------|
| 1) Hench, Isaac 8   | 2) Battey, Graham 8 |
| 3) Wiemann, Derek 8 | 4) Maas, Avery 8    |

**Boys High Jump Eighth Grade**

MS Metro: * 6-00 2015 Jayden Johannsen, Patrick Henry				
Name	Year	School	Seed	Finals
1 Osman, Thomas	8	Harrisburg South		5-02.00
2 Vanleur, Will	8	Brandon Valley	4-10.00	J5-02.00
3 Koerner, Beau	8	Memorial	4-10.00	5-00.00
3 Osman, Tony	8	Harrisburg South		5-00.00
5 Colwell, Jaxus	8	Brandon Valley	4-10.00	4-08.00
5 Nuttbrock, Colby	8	Memorial	4-10.00	4-08.00
5 Boltjes, Jackson	8	Ben Reifel	5-02.00	4-08.00
8 Koch, Harper	8	George McGovern		4-06.00
9 Yoder, David	8	Patrick Henry	5-00.00	4-02.00
9 Rodriguez, Justin	8	Ben Reifel		4-02.00
9 Turner, Michael	8	Harrisburg South		4-02.00
9 Fokken, Miles	8	Brandon Valley	4-02.00	4-02.00
-- Kassaye, Bereket	8	Patrick Henry	5-00.00	NH
-- Bowen, Jaxon	8	Harrisburg South		NH
-- Tumezgi, Matan	8	George McGovern		NH
-- Adriano, Maku	8	Patrick Henry	5-00.00	NH
-- Weiss, Ezekiel	8	Patrick Henry	5-00.00	NH

**Boys Long Jump Eighth Grade**

MS Metro: * 20-02 1981 Jay Anderson, Edison					
Name	Year	School	Seed	Finals	H#
1 Osman, Thomas	8	Harrisburg South	18-00.00	17-03.00	3
2 Blomgren, Jack	8	Brandon Valley	17-00.00	16-07.50	3
3 Adler, Jack	8	Brandon Valley	16-05.00	16-03.00	3
4 Doe, David	8	Harrisburg South	15-06.00	16-00.00	3
5 Vanleur, Will	8	Brandon Valley		15-08.00	1
6 Koerner, Beau	8	Memorial	17-01.00	15-07.00	3
7 David Jr., Joshua	8	George McGovern	17-02.00	15-04.00	3
8 Nuttbrock, Colby	8	Memorial	15-09.00	15-03.00	3
9 Johnson, Gavin	8	Brandon Valley	15-02.50	14-11.50	3
10 Culp, Tristan	8	Brandon Valley	15-07.00	14-07.00	3
11 Gray, Andrew	8	Brandon Valley		14-05.50	2
12 Turner, Michael	8	Harrisburg South	14-06.00	14-04.50	3
13 Maas, Avery	8	Memorial		14-04.00	1
14 Markman, Sam	8	Memorial	14-02.00	14-03.00	2
15 Carroll, Kaden	8	Ben Reifel		13-08.00	2
15 Nhomot, Akot	8	Ben Reifel		13-08.00	2
15 Osman, Tony	8	Harrisburg South	14-08.50	13-08.00	3
18 Bjerke, Eli	8	Harrisburg South	14-04.00	13-04.50	2
19 Bowen, Jaxon	8	Harrisburg South	13-08.00	13-04.00	2
20 Glover, Ayden	8	Ben Reifel		12-11.00	1
21 Mergen, Jack	8	Memorial		12-10.00	1
22 Fokken, Miles	8	Brandon Valley		12-09.50	1
23 Bentz, Talon	8	Memorial	13-00.00	12-07.00	2
23 Johnson, Dexter	8	Patrick Henry	14-04.00	12-07.00	3

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****...Boys Long Jump Eighth Grade**

25 Rodriguez, Justin	8 Ben Reifel		12-05.00	1
26 Yoder, David	8 Patrick Henry	13-06.00	12-02.00	2
26 Hiruy, Kidus	8 Patrick Henry	11-05.00	12-02.00	2
28 Meile, Peyton	8 Memorial	14-01.00	11-06.00	2

**Boys Shot Put Eighth Grade**

=====					
MS Metro: * 56-04 1975		Steve Lukens, Edison			
Name	Year	School	Seed	Finals	H#
=====					
1 Peterson, Hayes	8	Patrick Henry	40-09.00	41-07.00	3
2 Gray, Andrew	8	Brandon Valley	38-08.50	40-02.50	3
3 Melton, Matthew	8	Patrick Henry	37-03.00	37-05.50	3
4 Tran, Stephen	8	Ben Reifel	36-00.00	34-08.50	3
5 Oates, Parker	8	Harrisburg South	34-07.00	34-06.50	3
6 Edelen, Archer	8	Patrick Henry	35-04.00	34-04.00	3
6 Plautz, Parker	8	Brandon Valley		34-04.00	1
8 Hodge, Cooper	8	Harrisburg South	35-08.00	34-01.50	3
9 Wolfgang, Sawyer	8	Harrisburg South		32-06.50	1
10 Petersen, Cooper	8	Brandon Valley	33-07.50	32-05.50	3
11 Goldammer, Eli	8	Harrisburg South	33-00.00	31-07.50	3
12 Wolfgang, Marshall	8	Harrisburg South		31-06.50	1
13 Kellenberger, Chase	8	Brandon Valley	30-02.00	31-03.50	3
14 Madrigal, Mathew	8	George McGovern	31-02.50	30-09.50	3
15 DeNure, Sam	8	Patrick Henry	29-10.00	30-07.00	3
16 Ansell, Barret	8	Memorial	26-08.00	26-11.50	2
17 Frederiksen, Graham	8	Ben Reifel	26-03.50	26-00.00	2
18 Kallhoff, Liam	8	Patrick Henry	25-06.00	25-11.50	2
19 Wollmuth, Camden	8	Memorial	28-06.00	25-09.50	2
20 Weiss, Ezekiel	8	Patrick Henry	25-09.00	25-05.50	2
20 Wagoner, Jensen	8	George McGovern		25-05.50	1
22 Shatter, Gavin	8	George McGovern	27-08.00	25-04.00	2
23 Dunn, Jackson	8	Memorial	26-05.00	25-03.75	2
24 Martinell, Dawson	8	Memorial	21-01.00	25-00.00	1
25 Poppenga, Ayden	8	Memorial	24-09.00	24-04.00	2
26 Knebel Koster, Landon	8	Brandon Valley		23-05.50	1
27 Winter, Zander	8	Memorial	26-06.00	23-04.00	2
28 Bleeker, Aiden	8	Ben Reifel	22-05.00	22-10.50	1
29 Wilson, Simon	8	Patrick Henry	23-05.00	22-08.00	2
30 Malia, Keyantae	8	George McGovern	21-04.00	22-02.00	1
31 Musinovic, Eddie	8	Brandon Valley	23-05.00	21-09.50	2
32 Petterson, Trever	8	Brandon Valley	18-06.00	21-07.00	1

**Boys Discus Throw Eighth Grade**

=====					
MS Metro: * 159-05 2017		Drake Swenson, Brandon Valley			
Name	Year	School	Seed	Finals	H#
=====					
1 Melton, Matthew	8	Patrick Henry	69-05.50	108-07	2
2 Oates, Parker	8	Harrisburg South	104-09	103-04	3
3 Deery, Kale	8	Harrisburg South	00-08.50	89-05	3
4 DeNure, Sam	8	Patrick Henry	79-01	88-05	3
5 Goldammer, Eli	8	Harrisburg South	69-03	87-04	2
6 Salonen, Everett	8	Memorial	83-00	86-09	3
7 Tran, Stephen	8	Ben Reifel	81-02.50	84-08	3

**2023 Metro Track & Field Meet - 4/17/2023****Howard Wood Field****Results - Metro****....Boys Discus Throw Eighth Grade**

8 Wollmuth, Camden	8 Memorial	90-08	83-03	3
9 Winter, Zander	8 Memorial	65-07	83-00	2
10 Weiss, Ezekiel	8 Patrick Henry	55-07	81-09	2
11 Kluver, Jacob	8 Brandon Valley	61-02	81-07	2
12 Edelen, Archer	8 Patrick Henry	69-00	81-06	2
13 Wolfgang, Marshall	8 Harrisburg South		81-02	1
14 Shatter, Gavin	8 George McGovern	50-08	78-03	1
15 Dunn, Jackson	8 Memorial	72-04	77-11	3
16 Seeley, Caelan	8 Brandon Valley	83-03.50	77-09	3
17 Peterson, Hayes	8 Patrick Henry	75-06.50	75-04	3
17 Wolfgang, Sawyer	8 Harrisburg South		75-04	1
19 Witte, Jackson	8 Brandon Valley		74-09	1
20 Wilson, Simon	8 Patrick Henry	61-07	74-08	2
21 Frederiksen, Graham	8 Ben Reifel	56-10	74-01	2
22 Noonan, Xander	8 Brandon Valley		72-08	1
23 Petersen, Cooper	8 Brandon Valley		71-08	1
24 Bleeker, Aiden	8 Ben Reifel	50-11.50	69-08	2
25 Ansell, Barret	8 Memorial	48-02.50	62-03	1
26 Hodge, Cooper	8 Harrisburg South	75-06	61-07	3
27 Koch, Harper	8 George McGovern		60-03	1
28 Turner, Anthony	8 George McGovern	63-01	57-08	2
29 Hiller, Jacob	8 Brandon Valley		56-10	1
30 Martinell, Dawson	8 Memorial	46-08	56-08	1
31 Wilka, Dezman	8 Ben Reifel		55-02	1
32 Scott, Brodie	8 Brandon Valley	52-03	54-00	2
-- Bortnem, Hayes	8 Brandon Valley	06-10.50	ND	3