

Beresford High School



BERESFORD LIONS CLUB MEET

May 1, 2018 – 4pm Field Events/4:30Track Events

Teams Invited: Alcester-Hudson, Beresford, Canton, Elk Point-Jefferson, Tea Area, West Central, Brandon Valley-JV, Vermillion-Tanagers.

Entry Fee: \$125 covers both boys and girls. Make check payable to **Beresford Lions Club**. Please bring the day of the meet or mail to the Beresford Business office.

Entry Process: Limit of 4 (3 Varsity and Mark 1 as JV/non-scoring) participants in each individual running event and only one relay team. Heats and lanes will be assigned by the start clerk. We will end with the fast heat.

Limit of 5 (3 Varsity and Mark 2 as JV/non-scoring) participants in each field event. Coaches will register their athletes for each event at the picnic shelter/implement weigh in area (to speed this up the day of the meet, coaches, please email me your field event entries prior to the meet by Monday afternoon and the entries will be done before you arrive; you may change things the day of the meet if necessary). Three attempts and finals. Eight participants will advance to finals and get another 3 throws and jumps.

Shot and Disc Weigh-in will take place in the picnic shelter on the north end of the stadium.

Field Events: 3 jumps or throws and 3 attempts in finals. (8 qualify for finals)

Long Jump & Triple Jump: Girls and Boys Long Jump/Triple Jump will be at the same time. Two different pits will be used at the south end of the stadium.

Spikes: 3/16 inch (Shot and Disc surface is cement)

Awards: 1st thru 6th in individual events and 1st thru 4th relays will receive medals.

Scoring: We will score six places (10-8-6-4-2-1)

This is a state sanctioned qualifying meet.

Referee: Tony Waterman; Starter: Roger Hansen

This is a Competitor Number Meet – Please have your SDHSAA Rosters updated by Sunday, April 29 at Noon. Roster Numbers will be sent to you prior to the meet. Please have competitors write clearly the numbers on their wrists with a black Sharpie marker.

Results will be emailed to coaches/media following the meet.

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Beresford, SD 57004
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Beresford Lions Club Track & Field Meet

May 1, 2018 – 4:00 p.m.

Field Events: 4:00 Start

Boys Shot Put
Girls High Jump
Girls Long Jump
Boys Long Jump
Girls Discus

Field Events: 5:30 (or to follow after 4:00 events have finished)

Boys Discus
Girls Triple Jump
Boys Triple Jump
Boys High Jump
Girls Shot Put

Running Events: 4:30 Start

Girls 4 x 800 M. Relay
Boys 4 x 800 M. Relay
Girls 100 M. Hurdles
Boys 110 M. Hurdles
Girls 100 M. Dash
Boys 100 M. Dash
Girls 4 x 200 M. Relay
Boys 4 x 200 M. Relay
Girls 1600 M. Run
Boys 1600 M. Run
Girls 4 x 100 M. Relay

SCHOOLS ATTENDING:

Alcester-Hudson Cubs
Beresford Watchdogs
Canton C-Hawks
Elk Point-Jefferson Huskies
Tea Area Titans
West Central Trojans
Brandon Valley-JV
Vermillion-Tanagers

Boys 4 x 100 M. Relay

Girls 400 M. Dash

Boys 400 M. Dash

Girls 300 M. Hurdles

Boys 300 M. Hurdles

Girls Medley Relay

Boys Medley Relay

Girls 800 M. Run

Boys 800 M. Run

Girls 200 M. Dash

Boys 200 M. Dash

Girls 3200 M. Run

Boys 3200 M. Run

Girls 4 x 400 M. Relay

Boys 4 x 400 M. Relay

