

LYNX TRACK & FIELD

2023



RELAYS

3200 M RELAY - 4 X 800M RELAY		Year	Time
1	B. Schultz, B. Killian, Bob & Bill Brockmueller* ASR	2010	7:48.31
2	T. Metcalf, C. Anderson, S. Schaeffer, K. Tekrony	1985	7:55.7
3	B. Schultz, B. Killian, A. Hogue, Billy Brockmueller	2010	7:57.72
4	Unknown	1983	8:01.85
5	S. Schaeffer, T. Metcalf, K. Nelson, J. Weller*	1986	8:02.4
6	A. Presler, M. Selken, J. Hanna, J. Hegland	2014	8:03.37
7	C. Dutton, J. Hanna, J. Hegland, M. Selken	2015	8:03.98
8	K. Nelson, T. Metcalf, S. Schaeffer, C. Anderson	1984	8:05.4
9	Unknown	1992	8:06.14
10	B. Schultz, B. Brockmueller, A. Hogue, B. Brockmueller	2009	8:09.29

1600 M RELAY - 4X400M RELAY		Year	Time
1	J. Donahoe, J. Anders, L. Watson, J. Watson	2022	3:20.05a
2	J. Donahoe, J. Anders, S. Bortnem, L. Watson*	2022	3:23.16a
3	A. Vigans, C. Mashlan, J. Anders, J. Watson	2021	3:23.22a
4	B. Tait, T. Metcalf, R. VanRoe, J. Tveidt	1985	3:23.72
5	J. Donahoe, L. Dulaney, J. DeWitt, J. Watson	2022	3:23.97a
6	C. Mashlan, J. Anders, L. Burch, J. Watson	2021	3:24.17a
7	C. Taggart, B. Schultz, A. Hogue, C. Holmes	2012	3:24.97a
8	B. Tait, T. Metcalf, D. Smith, S. Schaeffer	1986	3:25.20
9	T. Reindl, M. Wilde, Jo. Donahoe, B. Petersen*	2018	3:25.70a
10	C. Taggart, B. Schultz, A. Hoagie, C. Holmes	2011	3:26.23a

1600M SPRINT MEDLEY RELAY		Year	Time
1	C. Taggart, T. Grieve, C. Holmes, B. Schultz	2012	3:30.40a
2	T. Grieve, T. Tripp, C. Taggart, B. Schultz	2012	3:33.61a
3	J. Donahoe, W. Kolbeck, B. Petersen, J. Hanna	2017	3:34.24a
4	C. Borchardt, L. Dulaney, J. DeWitt, J. Anders	2022	3:34.85a
5	K. Nelson, S. Schaeffer, J. Melsha, K. Wilsey*	1986	3:35.36
6	N. Boscaljon, T. Schlotman, A. Lloyd, Billy Brockmueller	2010	3:36.18a
7	C. Gode, W. Kolbeck, J. Hegland, M. Selken	2015	3:36.62a
8	J. Tveidt, B. Tait, M. Mattox, S. Schaeffer	1985	3:36.82
9	R. Immecker, C. Grode, C. Holmes, J. Hegland	2014	3:36.90a
10	D. DeWitt, M. Symonds, D. Hanson, M. Hegland	1976	3:37.0

800 M RELAY - 4 X 200M RELAY		Year	Time
1	M. Hunt, J. DeWitt, N. Andresen, L. Dulaney*	2023	1:27.52a
2	J. Donahoe, L. Dulaney, N. Andreason, N. Thompson*	2022	1:28.27a
3	R. Immecker, C. Grode, D. Reinschmidt, C. Holmes*	2014	1:28.85a
4	J. Donahoe, N. Andreason, N. Thompson, J. Watson	2022	1:29.44a
5	C. Boscaljon, A. Guthmiller, R. Immecker, C. Holmes	2013	1:29.51a
6	J. Watson, L. Dulaney, N. Thompson, J. Donahoe	2022	1:29.56a
7	C. Holmes, T. Tripp, R. Immecker, C. Taggart*	2012	1:30.02a
8	J. House, W. Kolbeck, T. Reindl, B. Petersen	2017	1:30.19a
9	B. Tait, J. Melsha, J. Tveidt, M. Mattox	1985	1:30.29
10	J. Watson, N. Thompson, J. Donahoe, L. Lambertz	2021	1:30.35a

400 M RELAY - 4 X 100M RELAY		Year	Time
1	N. Andreason, L. Dulaney, N. Thompson, J. Watson	2022	42.27a
2	A. Juma, M. Hunt, J. DeWitt, N. Andresen	2023	43.09a
3	A. VanHemert, J. DeWitt, L. Dulaney, N. Andresen	2023	43.17a
4	T. Tripp, M. VandeBerg, A. Bauer, R. Immecker	2013	43.25a
5	C. Holmes, C. Grode, D. Reinschmidt, R. Immecker	2014	43.29a
6	C. Borchardt, L. Dulaney, N. Andreason, N. Thompson	2022	43.43a
7	L. Dulaney, J. Donahoe, J. Watson, N. Thompson	2022	43.60a
8	M. Simmons, K. Heilson, D. Briest, J. Kruse	1994	43.64
9	A. Juma, J. DeWitt, D. Bonwell-Witte, A. VanHemert	2023	43.65a
10	J. Watson, N. Thompson, J. Nemeck, L. Lambertz	2021	43.75a

3200 M RELAY - 4 X 800M RELAY		Year	Time
1	A. Scholten, S. VanDeBerg, L. Rude, M. Wentzy*	2023	9:07.03
2	A. Scholten, S. VanDeBerg, S. Bergan, M. Wentzy	2023	9:12.97
3	A. Scholten, S. VanDeBerg, S. Bergan, M. Wentzy*	2022	9:15.93
4	S. Presler, A. Wells, H. Waterfall, C. Klatt,*	2016	9:21.13
5	S. Presler, D. Kocer, L. Wells, H. Waterfall	2015	9:29.86
6	S. Presler, L. Wells, C. Klatt, H. Waterfall	2015	9:36.83
7	S. Presler, D. Kocer, C. Klatt, H. Waterfall	2014	9:43.20
8	A. Hamer, L. Severson, C. Severson, L. Waggoner	2004	9:48.18
9	L. Severson, K. Presler, L. Maassen, L. Waggoner	2006	9:46.84
10	L. Severson, A. Hamer, K. Feistner, L. Waggoner	2005	9:46.96

1600 M RELAY - 4X400M RELAY		Year	Time
1	H. Hendrick, H. Waterfall, Tanya Tingle, K. Bickley* ASR	2017	3:52.95a
2	S. Presler, Tanya Tingle, C. Bickley, K. Bickley	2016	3:53.35a
3	H. Hendrick, Tanya Tingle, C. Bickley, K. Bickley	2015	3:53.92a
4	Tanya Tingle, Tiara Tingle, H. Hendrick, C. Bickley*	2014	3:57.32a
5	S. Bergan, K. Weiss, S. VanDeBerg, M. Wentzy*	2023	3:57.65a
6	A. Scholten, S. VanDeBerg, M. Pederson, M. Wentzy	2023	3:57.93a
7	A. Wells, H. Hendrick, K. Bickley, C. Bickley	2016	3:58.00a
8	S. Bergan, M. Pederson, E. VanRoekel, M. Wentzy*	2022	3:58.27a
9	A. Wells, Tanya Tingle, C. Bickley, K. Bickley	2016	3:58.60a
10	Taia Rude, M. Wentzy, E. VanRoekel, M. Walker	2021	3:59.19a

1600M SPRINT MEDLEY RELAY		Year	Time
1	B. Dixon, K. Nuebel, M. Walker, M. Wentzy	2021	4:05.66a
2	S. Bergan, M. Pederson, A. Scholten, Mia Wentzy	2023	4:05.96a
3	K. Weiss, O. Wallace, S. Bergan, A. Scholten	2023	4:06.78a
4	E. Rice, M. Pederson, M. Walker, M. Wentzy	2022	4:08.06a
5	H. Hendrick, K. Bickley, K. Nuebel, H. Waterfall	2018	4:08.92a
6	K. Nuebel, Tanya Tingle, K. Bickley, H. Waterfall	2017	4:09.27a
7	K. Coughlin, M. Pederson, A. Scholten, Mia Wentzy	2023	4:09.40a
8	Tanya Tingle, C. Bickley, K. Bickley, H. Waterfall	2015	4:10.76a
9	Tanya Tingle, C. Bickley, K. Bickley, C. Klatt	2016	4:11.62a
10	A. Boomsma, J. Wrightsman, H. Hendrick, C. Klatt*	2016	4:13.32a

800 M RELAY - 4 X 200M RELAY		Year	Time
1	Taia Rude, M. Thompson, K. Nuebel, K. Bickley* ASR	2019	1:40.67a
2	K. Nuebel, M. Thompson, Tanya Tingle, K. Bickley	2017	1:41.34a
3	A. Boomsma, Tanya Tingle, C. Bickley, K. Bickley*	2016	1:41.90a
4	B. Dixon, Taia Rude, K. Nuebel, M. Walker	2021	1:42.24a
5	B. Vermeer, M. Thompson, Taia Rude, K. Nuebel*	2018	1:42.82a
6	H. Hendrick, T. Rude, K. Nuebel, K. Bickley	2018	1:43.10a
7	H. Hendrick, M. Thompson, Tanya Tingle, K. Bickley	2017	1:43.14a
8	Tanya Tingle, C. Bickley, H. Hendrick, K. Bickley	2015	1:43.70a
9	E. Rice, K. Wentzy, M. Pederson, M. Walker	2022	1:43.73a
10	J. Wrightsman, Tanya Tingle, C. Bickley, K. Bickley	2016	1:43.88a

400 M RELAY - 4 X 100M RELAY		Year	Time
1	B. Dixon, M. Thompson, K. Nuebel, K. Bickley*	2019	48.38a
2	B. Dixon, Taia Rude, K. Nuebel, M. Walker	2021	48.67a
3	B. Vermeer, M. Thompson, B. Dixon, H. Hendrick	2018	49.27a
4	Tanya Tingle, M. Thompson, K. Nuebel, K. Bickley	2017	49.43a
5	B. Dixon, Tenley Rude, K. Nuebel, E. Rice	2021	49.48a
6	S. Bachman, C. Etrheim, L. Maassen, H. Suss	2009	49.7
7	B. Rist, C. Etrheim, L. Maassen, H. Suss	2010	49.7
8	E. Rice, E. VanRoekel, K. Wentzy, M. Walker	2022	49.71a
9	A. Boomsma, J. Wrightsman, S. Peterson, K. Bickley	2015	49.8
10	R. Ringling, K. Anderson, M. Beuckens, A. Jensen*	1996	50.0

100 METER DASH

1	Braiden Petersen	2018	10.70a
1	James Kruse	1994	10.7
1	Mark Mattox	1985	10.7
4	Landon Dulaney	2023	10.76a
5	Mark Mattox	1986	10.8
5	Jereme Skiles	1991/92	10.8
5	Ryan Immecker	2014	10.8
8	Nate Andresen	2023	10.84a
9	Julian Watson	2022	10.88a
10	Ryan Immecker	2013	10.9
10	Brian Tait	1986	10.9
10	Kevin Keil	1990	10.9

110 METER HURDLES

1	Bryson McHardy	1970	14.4
1	Joe Ford	1998	14.4
3	Jeramie Hieb	1996	14.5
4	Lane Snell	1981	14.6
4	Joe Ford	1997	14.6
4	Kory Scholten	1999	14.6
4	Corey Gross	2006	14.6
8	Mark Nelson	1978	14.7
8	Mitch Jurgens	1988	14.7
8	Erik Hanson	2008	14.7

HIGH JUMP

1	Mike Schreiber	1982	6'9
1	Todd Wetrosky	1989	6'9
3	Derrick Dezeeuw	2007	6'6
4	Carter Olthoff	2019	6'4
4	Wade Rasmussen	1980	6'4
4	Dan Vugteveen	1983	6'4
7	Jon Bly	1975	6'3
7	Jason Doescher	1990	6'3
7	Derrick Dezeeuw	2006	6'3
10	Ryan Arlt	1990	6'2
10	Ty McCann	2019	6'2

3200 METER RUN

1	Scott Peterson	1981	9:28.2
2	Jakob Hanna	2017	9:30.50a
3	Kent Tekrony	1985	9:32.0
4	Jason Weller*	1987	9:32.87
5	Greg Beesley	2007	9:34.9
6	Chris Anderson	1985	9:36.4
7	Nathan Hauge	2011	9:37.1
8	Billy Brockmueller	2010	9:39.8
8	Bob Brockmueller	2010	9:39.8
10	Mikah Peters	2023	9:39.93a

100-METER DASH

1	Mickey Metcalf*	1976/78	12.0
1	Amy Jensen	1996	12.0
3	Krista Bickley	2017	12.02a
4	Meghan Walker	2021	12.09a
5	Amy Jensen	1994	12.1
6	Meghan Walker	2022	12.19a
7	Anita Miss	1982	12.2
7	Amy Jensen*	1995	12.2
7	Holly Suss*	2007	12.2
7	Krista Bickley	2015/16	12.2a

100 HURDLES

1	Brielle Dixon*	2021	14.29a
2	Steph Bachman	2009	14.9
3	Brielle Dixon	2019	14.92a
4	Steph Bachman	2008	15.0
4	Steph Bachman	2007	15.0
6	Amanda Richter	2001	15.16
7	Emme Sumner	2013	15.2
8	Taia Rude	2021	15.31a
9	Brielle Dixon	2018	15.34a
10	Sandy Peters	1978	15.4

SHOT PUT

1	Jane Swenson	2008	43'07.25
2	Jane Swenson	2007	41'01.5
3	Libby Klamm	2017	40'11
4	Allison Koehn	2012	40'09
5	Tanya Hagemeyer	1990	40'0
6	Tanya Hagemeyer	1991	39'08.5
7	Jane Swenson	2006	39'03.5
8	Noel Bentele	2005	39'01.5
9	Allison Koehn	2013	39'00.5
10	Dani Nolte	1992	38'09.5

3200-METER RUN

1	Mia Wentzy	2023	10:55.72a
2	Mia Wentzy	2022	11:09.11a
3	Addison Scholten	2022	11:14.46a
4	Courtney Klatt	2015	11:17.99a
5	Courtney Klatt	2016	11:20.01a
6	Kia Nitz	2012	11:20.6
7	Lily Rude	2023	11:21.31a
8	Addison Scholten	2023	11:22.86a
9	Courtney Klatt	2014	11:25.5
10	Addison Scholten	2021	11:32.06a

200 METER DASH

1	Jereme Skiles	1994	21.70
2	Braiden Petersen*	2018	21.71a
3	Jereme Skiles	1992	21.75
4	Julian Watson	2022	21.77a
5	Mike Smith*	1983	21.8
5	Mark Mattox*	1986	21.8
7	Landon Dulaney	2023	21.83a
8	James Kruse	1992	22.0
8	Cam Holmes	2013/14	22.0
10	Nate Andresen	2023	22.07a

300 METER HURDLES

1	Joe Ford	1997	38.5
2	Joe Ford	1998	38.6
3	Corey Gross	2006	38.66
4	Jeremiah Donahoe	2022	38.95a
5	Tate Metcalf	1985	39.1
6	Tate Metcalf	1986	39.17
7	Mitch Jurgens	1989	39.2
8	Josh Donahoe	2018	39.35a
9	Corey Gross	2005	39.4
10	Aaron VanHemert	2023	39.55a

LONG JUMP

1	Matt VandeBerg	2013	23'00
2	Matt VandeBerg	2012	22'10
3	Jon Bly	1975	22'09
4	Landon Dulaney*	2023	22'07.5
5	Warren Terveer	1994	21'07.75
6	Matt VandeBerg	2011	21'07
7	Warren Terveer	1993	21'06.25
7	Bryson McHardy	1969	21'06.25
9	Alex Wilde	2015	21'04.75
10	Alex Wilde	2014	21'04
10	Nate Mahone	2007	21'04

1600 METER RUN

1	Kevin Nelson*	1986	4:20.16
2	Scott Peterson	1981	4:20.2
3	Greg Beesley	2008	