



March 2021

Lynx Track and Field

Schedule of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 <u>Feb 1st</u> Day of Pole Vault	1	2 MS Girls Track Signup	3 MS Boys Track Signup	4	5 Girls BB Sweet 16 Starts	6 Boys BB Sweet 16 Starts Powerlifting State Meet @ Brandon Valley
7	8 <u>1st Day of HS Track & Field Practice 2021</u>	9	10	11 Girls State BB Tourney @ SF Pentagon Practice TBA	12 Girls State BB Tourney @ SF Pentagon Practice TBA	13 <u>Finals</u> Girls State BB Tourney @ SF Pentagon
14	15 HS / Elementary Conferences	16 IS / MS Conferences	17 End of 3rd Quarter	18 Boys State BB Tourney @ Rapid City	19 <u>Comp Day</u> Boys State BB Tourney @ Rapid City Practice TBA	20 <u>Finals</u> Boys State BB Tourney @ Rapid City
21 <i>Apparel Web Store closes @ Midnight</i>	22 1st MS T&F Practice Girls BB Awards	23 <i>Handout Ranch Cards for Presale</i> Boys BB Awards Dinner	24	25	26	27
28	29	30	31	1	2 <u>Good Friday</u> No School Practice TBA	3

Feb 1st - 1st day of Pole Vault Practice

March 8th - 1st day - HS Track Practice
Practice Times: 3:45 - 5:30 pm

March 11 - 12 - 13 - Girls State "AA"
"BB @ Sioux Falls

March 15th - HS/EL Conferences

March 16th - IS/MS Conferences

March 18 - 19 - 20 - Boys State "AA"
BB @ Rapid City

March 22 - 1st day of MS Track Practice

April 2021



Lynx Track and Field

Schedule of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2 Good Friday No School Practice TBA	3
4 Easter	5 Easter Monday No School Practice TBA	6 (JV / Varsity) Harrisburg Invite @ Harrisburg 3:45 pm	7	8 (Mike, Jeff, Justin, Matt) JV Metro @ HWF BV / SFL / SFR / SFO / SFW 4:00 pm (HS Musical)	9 (HS Musical)	10 (Varsity) Lynx Invite @ Brandon 10:00 am (HS Musical)
11 (HS Musical)	12	13 (JV / Varsity) Triangular @ Brandon BV / MHS / YHS	14	15 Incentives Award Night @ Pizza Ranch (If goal is met) 6:30 pm	16	17 Prom 2021
18	19	20 (JV / Varsity) Pentangular @ Yankton SCH/SFO/SB-L/YHS/ & BV) 4:00 pm	21	22 (Tony, JO, Mike) (JV)—Lennox Invite @ Lennox 4:00 pm (MS Track @ Home) 8th Grade Metro Field	23 (Varsity) Pierre Legion Relays 11:30 pm (MS Track @ Home) Yankton / Madison	24
25	26 (MS Track @ Home) Watertown	27 (Troy, Matt, Mike) JV - Dakota Valley Invite @ N. Sioux City 4:00 pm (Senior Athletic Banquet)	28	29 (MS Track @ Home) 8th Grade Metro Field	30 (JV) O'Gorman Invite 9 am Howard Wood Dakota Relays	1 (Varsity) Howard Wood Dakota Relays 8:00 am

April 6 - Harrisburg Invite @ HHS 3:45 pm
Depart: 2:15 Return: 10 pm

April 8 - JV Metro @ Howard Wood 4 pm
Depart: 2:15 Return: 8pm

April 10 - Lynx Invite @ Brandon 10:00 am

April 13 - Triangular @ Brandon 4 pm

April 20 - Pentangular @ Yankton 4 pm
Depart: 1:25 Return: 11 pm

April 22 - JV Lennox Invite @ Lennox 4pm
Depart: 2:15 Return: 10:00

April 23 - Legion Relays @ Pierre 1pm
Depart: 6:45 Return: 11:00

April 27 - JV - Dakota Valley Invite @ North Sioux City 4pm
Depart: 1:25 Return: 11 pm

April 30 - JV @ O'G Invite @ SFO 9 am
Depart: 8:00 Return: 8:00

April 30 - Howard Wood Relays @ 2 pm
Depart: TBA Return: 10:00



May 2021

Lynx Track and Field

Schedule of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	26	27 (Troy, Matt, Mike) <u>IV - Dakota Valley Invite @ N. Sioux City</u> 4:00 pm	28	29 (MS Track @ Home) 8th Grade Metro Field	30 (JV) <u>O'Gorman Invite</u> 9 am <u>Howard Wood Dakota Relays</u> 2:00 pm	1 (Varsity) Howard Wood <u>Dakota Relays</u> 8:00 am
2	3 MS Track @ Home Metro Track Meet	4 (Jeff, Justin, Tony, JO) <u>IV - Beresford Invite @ Beresford</u> 4:00 pm	5	6 (Varsity) <u>Metro Conference Meet @ HWF</u> 2:00 pm	7 (MS Track @ Home) Brookings	8
9	10 <u>"Race to the Ranch"</u> Elementary Track Meet –Fundraiser	11 (Troy, JO, Jeff, Matt) <u>SF IV Invite @ RHS</u> BV / SFR / SFL /Yankton/ SFW 3:30 pm	12	13 <u>Uniform Check-In Day for all IV Athletes 3:30 pm</u> (MS Track @ Home) Lynx Invite	14	15 (Varsity) <u>ESD Conference Meet @ Aberdeen</u> 11:30 am
16 GRAD DAY 2021	17 <u>Rain Date</u> <u>"Race to the Ranch"</u> Elementary Track Meet –Fundraiser	18 (Varsity) <u>Last Chance Meet @ HWF</u> 2:00 pm	19 <u>Last Day School</u>	20 <u>Uniform Check-In Day for all Athletes Not going to State 3:30 pm</u>	21	22
23/30	24/31 Memorial Day	25 Track Awards Dinner @ BVHS 6:00 pm	26	27 Leave for State Track Meet @ Sturgis/Rapid City 8:00 am	28 State "AA" Track Meet @ Sturgis 9:30 am	29 State "AA" Track Meet @ Rapid City 9:00 am

April 30 - JV @ O'G Invite @ SFO 9 am
Depart: 8:00 Return: 8:00

April 30 - Howard Wood Relays @ 2 pm
Depart: TBA Return: 10:00

May 1 - Howard Wood Relays @ 8 am
Depart: TBA Return: 10:00

May 4 - JV Beresford Invite @ BHS 4pm
Depart: 1:45 Return: 11 pm

May 6 - Metro Conf @ HWF 2:30 pm
Depart: 1:15 Return: 9:00

May 11 - SFJV Invite Meet @ RHS 3:30
Depart: 2:15 Return: 8:00

May 15 - ESD Conference @ Aberdeen
Depart: 6:45 Return: 9pm 11:30 am

May 18 - Last Chance @ HWF 2:00 pm
Depart:12:45 Return: 8pm

May 25- Track Awards Dinner @ Brandon HS 6:00 pm

May 27 - Leave for the "AA" Meet @ Sturgis/ Rapid City - 8:00 am

May 28 - Day 1- State "AA" Meet @ Sturgis - 10:30 am

May 29 - Day 2 - State "AA" Meet @ Rapid City - 9:00 am

May 29 - Final Uniform Check-in
Hand in to you coach before you leave Rapid City.