

February 2024



Lynx Track and Field

Schedule of Events

Su	Mon	Tue	Wed	Thu	Fri	Sat
	29—January Pole Vaulters— Start Practice	30—January	January 31	1	2	3
4	5 Spring Sports Parents Night 6:30 pm / HS Activities Center	6	7	8	9	10
11	12	13	14	15	16 <u>No School</u> President's Day	17
18	19 <u>No School</u> Presidents Day	20 <u>All Grades 9-12</u> Uniform/ Sweats Handout Day 3:30 / TF Bunker New gym	21	22	23	24
25	26	27 <u>1st day of TF Practice</u> <u>2024 Season</u>	28			

Feb 5 - Spring Sports / Parents Night Meeting - 6:30pm - BVHS - New gym

Feb 16 - No School

Feb 19 - No School

Feb 20 - All Grades 9-12 - Uniform/Sweats Handout Day - 3:30 TF Bunker New Gym - Activities Center

Feb 27 - First Day of Practice 2024



March 2024

Lynx Track and Field

Schedule of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
29-Jan <u>1st Day of PV Practice 2024</u>	26-Feb	27-Feb <u>1st Day of HS Track & Field 2024</u>	MS Boys Track Signup	MS Girls Track Signup	1 Girls BB Sweet 16 Starts	2 Boys BB Sweet 16 Starts	<u>Jan 29th - 1st day of Pole Vault Practice</u>
							<u>Feb 27th - 1st day - HS Track Practice</u> Practice Times: 3:45 - 5:30 pm
3	4	5	6	7 Girls State BB Tourney @ SF Pentagon Practice TBA	8 Girls State BB Tourney @ SF Pentagon Practice TBA	9 <u>Finals</u> Girls State BB Tourney @ SF Pentagon	<u>March 7 - 8 - 9 - Girls State "AA"</u> "BB @ Sioux Falls"
							<u>March 11th - HS/EL Conferences</u> <u>March 12th - IS/MS Conferences</u>
10	11 IS / MS Conferences	12 HS / Elementary Conferences	13	14 <u>Snow Day (if unused)</u> Boys State BB Tourney @ SF Pentagon Practice TBA	15 <u>Comp Day</u> Boys State BB Tourney @ SF Pentagon Practice TBA	16 <u>Finals</u> Boys State BB Tourney @ SF Pentagon	<u>March 14 - 15 - 16 - Boys State "AA"</u> BB @ Sioux Falls
							<u>March 14th - No School (Snow Day)</u> (if unused)
17 <i>Apparel Web Store closes @ Midnight</i>	18 (Varsity) <u>Dan Lennon Invite-USD @ 11:30 am</u>	19 Kids <u>Track Camp "Meet Me @ the Track"</u> 2nd - 6th grader	20 End of 3rd Quar-	21	22 (Varsity) <u>Mount Marty Invite-Yankton @ 11am</u>	23	<u>March 15th - No School (Comp Day)</u> <u>March 18th - Dan Lennon @ USD 11:30 am</u> Depart: 9:00 am Return: 9 pm
24/31 <i>Easter</i>	25 (Varsity) <u>Ruth Marske SDSU @ 1:30 pm</u>	26 Kids <u>Track Camp "Meet Me @ the Track"</u> 2nd - 6th graders	27	28	29 No School Good Friday Practice TBA	30	<u>March 22 - Mount Marty@ Yankton 11 am</u> Depart: 8 am Return: 8 pm <u>March 25 - Ruth Marske @ SDSU 1:30 pm</u> Depart: 11:30 am Return: 10 pm

April 2024

Lynx Track and Field



Schedule of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 <i>East-er</i>	1	2 (Justin, JO, Jeff T Matt) <u>JV Meet @ SFL</u> SFL / SFJ / BV 4:00 pm MS TF @ Mitchell 4pm	3	4 <u>JV Metro Meet</u> <u>@ Brandon</u> 4:00 pm	5 MS TF @ Brandon 4:15 pm	6 (Varsity) <u>Lynx Invite</u> <u>@ Brandon</u> 10:00 am
7	8 MS TF @ HW 4:15pm	9 (JV / Varsity) <u>Triangular</u> <u>@ Brandon</u> BV / MHS / YHS	10	11 "Race to the Ranch" <u>Elementary Track</u> <u>Meet</u> — 5 pm	12 No School	13 <u>Prom 2023</u>
14	15 MS TF @ O'G 4:15 pm	16 (JV / Varsity) <u>Pentangular</u> <u>@ SF Washington</u> SCH/SFO/SFW/YHS/BV @4:00 pm	17	18 MS TF @ Yankton	19 (Varsity) <u>Pierre Legion</u> <u>Relays</u> 11:00 pm	20 "Race to the Ranch" Elementary TF Meet
21	22 MS TF @ HW	23 (Troy, Justin, Joe, Matt) <u>JV Meet @ Harrisburg</u> SFL / SFR / BV @ 4:00 pm	24	25 (Varsity) <u>Metro Conference</u> <u>Meet</u> @ HWF 2:30 pm (HS Musical)	26 MS TF @ Brandon 4:15 pm (HS Musical)	27 (HS Musical)
28	29 MS TF @ Harrisburg 4:15 pm	30 <u>JV Meet @ Brandon</u> SFJ / SFR / SFW / WTN @ 4:00 pm	1	2	3 (JV) <u>O'Gorman Invite</u> 9 am <u>Howard Wood</u> <u>Dakota Relays</u> 2:00 pm	4 (Varsity) Howard Wood <u>Dakota Relays</u> 8:00 am

April 2 - JV Meet @ SF Lincoln 4 pm
Depart: 2:15 Return: 9 pm

April 4 - JV Metro Meet @ Brandon 4 pm

April 6 - Lynx Invite @ Brandon 10 am

April 9 - Triangular @ Brandon 4 pm

April 16 - Pentangular @ SFW 4 pm
Depart: 2:15 Return: 10 pm

April 19 - Legion Relays @ Pierre 11am
Depart: 6:45 Return: 11:00

April 23 - JV Meet @ Harrisburg 4 pm

April 25 - Metro Conference @ HWF 2:30pm
Depart: 1:00 Return: 9:00

April 25-28 - HS Musical - 7pm

April 30 - JV Meet @ Brandon 4 pm

May 3 - JV @ O'G Invite @ SFO 9 am
Depart: 8:00 Return: 8:00

May 4 - Howard Wood Relays @ 2 pm
Depart: TBA Return: 10:00



May 2024

Lynx Track and Field

Schedule of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29 MS TF @ Harrisburg 4:15 pm	30 <u>IV Meet @ Brandon</u> SFJ /SFR / SFW /WTN @ 4:00 pm	1	2	3 (JV) <u>O'Gorman Invite</u> 9 am <u>Howard Wood</u> <u>Dakota Relays</u> 2:00 pm	4 (Varsity) Howard Wood <u>Dakota Relays</u> 8:00 am
5	6 MS TF @ Brandon 4:15 pm	7 (Justin, Mike, Jeff T Matt) <u>SF IV Invite @ SFR</u> 3:30 pm	8	9 <u>Uniform</u> <u>Check-In Day for all</u> <u>IV Athletes 3:30 pm</u> METRO Conference MS T&F @ HWF 1:00	10 MS TF @ Pierre 12:00 pm	11 (Varsity) <u>ESD Conference</u> <u>Meet</u> <u>@ Brookings</u> 11:30 am
12 GRAD DAY 2024	13	14	15	16 (Varsity) <u>Last Chance Meet</u> <u>@ Harrisburg</u> 3:30 pm	17 <u>Uniform</u> <u>Check-In Day for all</u> <u>Athletes Not going</u> <u>to State 3:30 pm</u>	18
19	20	21 Track Awards Dinner @ BVHS 6:00 pm	22	23 <u>Day # 1</u> <u>State "AA"</u> <u>Track Meet</u> <u>@ Sioux Falls</u> 9:00 am	24 <u>Day # 2</u> <u>State "AA"</u> <u>Track Meet</u> <u>@ Sioux Falls</u> 9:00 am	25 <u>Day # 3</u> <u>State "AA"</u> <u>Track Meet</u> <u>@ Sioux Falls</u> 9:00 am
26	27 Memorial Day	28	29	30	1 June	2 June

April 30 - JV Metro Meet @ Brandon 4pm

May 3 - JV @ O'G Invite @ SFO 9 am
Depart: 8:00 Return: 8:00

May 3 - Howard Wood Relays @ 2 pm
Depart: TBA Return: 10:00

May 4 - Howard Wood Relays @ 8 am
Depart: TBA Return: 10:00

May - SFJV Invite Meet @ SFR 3:30pm
Depart: 2:15 Return: 8:00

May 9 - Uniform Check-in - JV

May 11 - ESD Conference @ Brookings
11:30 am

May 18 - Last Chance @ Harrisburg
3:30 pm

May 17 - Uniform Check-in - 3:30 pm

May 21 - Track Awards Dinner
@ Brandon HS 6:00 pm

May 23 - Day 1- State "AA" Meet
@ Sioux Falls - 9 am

May 24 - Day 2 - State "AA" Meet
@ Sioux Falls - 9 am

May 25 - Day 3 - State "AA" Meet
@ Sioux Falls - 9 am

May 25 - Final Uniform Check-in
Hand in to your coach
After you're done competing @ State