

**Metro Conference Track & Field Meet**  
**Howard Wood Field - 5/9/2014**  
**Results**

**Girls 100 Meter Dash**

Name	Year	School	Finals	H#
Finals				
1 DeWitt, Callie	9	O'Gorman	12.4	3
2 Kersten, Mollie	8	Sioux Falls Lincoln	12.5	3
3 Jorgenson, Evelyn	12	Brandon Valley	12.6	3
4 Murray, Savannah	12	Sioux Falls Lincoln	12.6	3
5 Weidler, Alyssa	10	O'Gorman	12.7	3
6 Bren, Alison	9	Roosevelt	12.8	3
7 Peterson, Sammie	11	Brandon Valley	12.9	2
8 Wrightsman, Jennika	9	Brandon Valley	13.0	3
9 Boomsma, Anna	9	Brandon Valley	13.0	2
10 Moen, Skylar	9	Washington	13.1	2
11 Anderson, Tomeka	10	Roosevelt	13.1	3
12 Stock, Hannah	12	Sioux Falls Lincoln	13.3	2
13 LeeBurton, Megan	9	Roosevelt	13.3	2
14 McConnell, Natalie	11	Sioux Falls Lincoln	13.6	1
15 Johnson, Mical	11	Washington	13.6	1
16 Walker, Amy	9	Washington	13.7	1
17 Smith, Tia	11	Washington	13.8	1
18 Behm, Jocie	10	Roosevelt	14.2	1
19 Porter, Jenae	10	O'Gorman	14.3	1

**Girls 200 Meter Dash**

Name	Year	School	Finals	H#
1 Miedema, Mearah	10	Washington	26.2	3
2 DeWitt, Callie	9	O'Gorman	26.2	3
3 Stolle, Peyton	9	Roosevelt	26.4	3
4 Kersten, Mollie	8	Sioux Falls Lincoln	26.7	3
5 Boomsma, Anna	9	Brandon Valley	27.0	3
5 Peterson, Sammie	11	Brandon Valley	27.0	2
7 Bren, Alison	9	Roosevelt	27.0	3
8 Anderson, Tomeka	10	Roosevelt	27.3	2
9 Madsen, Mariah	11	Washington	27.4	3
10 Kinzer, Isabel	9	Washington	27.6	3
11 Behm, Grace	10	Roosevelt	27.6	2
12 Sorenson, Tominee	9	Sioux Falls Lincoln	27.8	1
13 Thompson, Erin	10	Washington	27.9	2
14 Kelly, Madeline	11	Sioux Falls Lincoln	28.1	1
15 Jacobson, Arika	10	Brandon Valley	28.3	1
16 Jackmon, Hope	9	Brandon Valley	28.4	1
17 Swanson, Myria	11	O'Gorman	28.6	2
18 McConnell, Natalie	11	Sioux Falls Lincoln	28.6	2
19 Beacom, Hannah	11	O'Gorman	29.4	1
20 Tekolste, Jenna	9	O'Gorman	31.0	1

**Girls 400 Meter Dash**

Name	Year	School	Finals	H#
1 Bickley, Courtney	10	Brandon Valley	58.9	3
2 Stolle, Peyton	9	Roosevelt	1:00.6	3
3 Lackay, Tunia	12	Sioux Falls Lincoln	1:01.0	3

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**....Girls 400 Meter Dash**

4 Thompson, Erin	10 Washington	1:01.8	3
5 Warwick, Jenna	11 Washington	1:02.5	3
6 Wheeler, Amanda	9 Washington	1:04.1	3
7 Jackmon, Hope	9 Brandon Valley	1:04.2	2
8 Auen, Alisha	10 Sioux Falls Lincoln	1:04.4	3
9 Kelly, Madeline	11 Sioux Falls Lincoln	1:05.4	2
10 Randall, Halle	11 Washington	1:06.2	2
11 Weidenbach, Allison	10 Roosevelt	1:06.9	1
12 Jensen, Madelyn	9 Brandon Valley	1:07.5	1
13 Class, Marissa	10 Roosevelt	1:07.8	2
14 Beacom, Hannah	11 O'Gorman	1:08.0	1
15 Tekolste, Jenna	9 O'Gorman	1:10.4	2
16 Murtha, Taylor	12 Brandon Valley	1:10.7	1
17 Porter, Jenae	10 O'Gorman	1:11.4	1

**Girls 800 Meter Run**

Name	Year School	Finals
1 DeVos, Brooke	11 Roosevelt	2:18.5
2 Kearney, Kelsi	9 Washington	2:24.3
3 Hein, Kiana	12 Roosevelt	2:27.3
4 Presler, Sarah	9 Brandon Valley	2:29.7
5 Bird, Shaylynn	11 Sioux Falls Lincoln	2:32.6
6 Wells, Lauren	7 Brandon Valley	2:35.8
7 Embry, Baylie	9 Sioux Falls Lincoln	2:37.6
8 Fehrs, Morgan	11 Sioux Falls Lincoln	2:39.4
9 Prouse, Anne	12 O'Gorman	2:41.0
10 Houwman, Emma	7 O'Gorman	2:41.3
11 Birath, Jaidon	10 Brandon Valley	2:42.1
12 Bailey, Jacey	10 Roosevelt	2:44.4
13 Severson, Haley	11 Washington	2:45.0

**Girls 1600 Meter Run**

Name	Year School	Finals
1 Kearney, Kelsi	9 Washington	5:21.0
2 Waterfall, Haylee	8 Brandon Valley	5:33.1
3 Werner, Kylie	9 Roosevelt	5:35.3
4 Bird, Shaylynn	11 Sioux Falls Lincoln	5:35.6
5 Wells, Lauren	7 Brandon Valley	5:41.5
6 Bierwagen, Alyssa	9 Roosevelt	5:45.3
7 Ketcham, Jessalyn	9 Roosevelt	5:55.8
8 Larsen, Lily	9 Washington	6:02.4
9 Fischer, Regina	10 O'Gorman	6:06.8
10 Hanna, Abbi	9 Brandon Valley	6:08.0
11 Birath, Jaidon	10 Brandon Valley	6:10.1
12 Stoick, Casandra	11 Washington	6:15.7
13 Lindner, Bergen	7 O'Gorman	6:49.0

**Metro Conference Track & Field Meet**  
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**Results**

**Girls 3200 Meter Run**

Name	Year	School	Finals
1 Klatt, Courtney	8	Brandon Valley	11:44.0
2 Kelly, Mollie	8	Sioux Falls Lincoln	12:04.1
3 Kray, Carlie	8	Washington	12:06.7
4 Fischer, Kaitlyn	9	Washington	12:29.8
5 Bierwagen, Alyssa	9	Roosevelt	12:39.6
6 Rodman, Cassidy	10	Washington	12:44.5
7 Dow, Sara	11	Sioux Falls Lincoln	12:58.0
8 Pearson, Bethany	11	Roosevelt	13:00.4
9 Sweeter, Sydney	10	Sioux Falls Lincoln	13:16.1
10 Tolk, Kayli	11	Washington	13:21.9

**Girls 100 Meter Hurdles**

Name	Year	School	Finals	H#
1 Moos, Valerie	12	Roosevelt	15.4	3
2 Miedema, Mearah	10	Washington	15.5	3
3 Koehn, Becca	9	Brandon Valley	15.6	3
4 Teslow, Julie	10	Sioux Falls Lincoln	15.7	3
5 Durland, Hayley	11	Washington	16.0	3
6 Murray, Savannah	12	Sioux Falls Lincoln	16.1	3
7 Anderson, Alex	10	O'Gorman	16.6	2
8 Green, Lauren	9	Washington	16.7	2
9 Boomsma, Anna	9	Brandon Valley	16.9	3
10 Heier, Ryley	8	Sioux Falls Lincoln	17.2	2
11 Jacobson, Arika	10	Brandon Valley	17.4	2
12 Kreber, Kendyl	9	O'Gorman	17.6	2
13 Clemen, Nicole	12	O'Gorman	17.8	1
14 Sperlich, Sam	11	Brandon Valley	18.0	1
15 Hopkins, Amber	11	Roosevelt	18.5	1
16 Chamberlain, Kaedyn	9	Roosevelt	19.2	1

**Girls 300 Meter Hurdles**

Name	Year	School	Finals	H#
1 Moos, Valerie	12	Roosevelt	46.1	2
2 Durland, Hayley	11	Washington	48.5	2
3 Jacobson, Arika	10	Brandon Valley	48.8	2
4 Miedema, Mearah	10	Washington	49.3	2
5 Green, Lauren	9	Washington	49.5	2
6 Heier, Ryley	8	Sioux Falls Lincoln	49.9	2
7 Anderson, Alex	10	O'Gorman	51.5	1
8 Sperlich, Sam	11	Brandon Valley	52.1	1
9 Koehn, Becca	9	Brandon Valley	52.3	1
10 Kreber, Kendyl	9	O'Gorman	53.0	2
11 Hohman, Carly	12	Sioux Falls Lincoln	53.2	2
12 Mashlan, Morgan	9	Brandon Valley	54.3	1
13 Hopkins, Amber	11	Roosevelt	58.6	1
14 Sachek, Mariya	11	Roosevelt	1:01.7	1

**Metro Conference Track & Field Meet**  
**Howard Wood Field - 5/9/2014**  
**Results**

**Girls 4x100 Meter Relay**

School	Finals
1 Sioux Falls O'Gorman 'A'	51.0
1) Swanson, Myria 11	2) Bilal, Gozeila 9
3) Weidler, Alyssa 10	4) DeWitt, Callie 9
2 Sioux Falls Lincoln 'A'	51.2
3 Brandon Valley 'A'	51.7
4 Sioux Falls Roosevelt 'A'	52.5
5 Sioux Falls Washington 'A'	57.1

**Girls 4x200 Meter Relay**

School	Finals
1 Brandon Valley 'A'	1:46.5
1) Tingle, Tanya 9	2) Jorgenson, Evelyn 12
3) Tingle, Tiara 12	4) Bickley, Courtney 10
2 Sioux Falls Washington 'A'	1:47.0
3 Sioux Falls Lincoln 'A'	1:47.7
4 Sioux Falls Roosevelt 'A'	1:53.3
5 Sioux Falls O'Gorman 'A'	1:54.4

**Girls 4x400 Meter Relay**

School	Finals
1 Brandon Valley 'A'	4:01.4
1) Tingle, Tanya 9	2) Tingle, Tiara 12
3) Hendrick, Hannah 8	4) Bickley, Courtney 10
2 Sioux Falls Washington 'A'	4:08.0
3 Sioux Falls Lincoln 'A'	4:08.2
4 Sioux Falls Roosevelt 'A'	4:19.2
5 Sioux Falls O'Gorman 'A'	4:25.5

**Girls 4x800 Meter Relay**

School	Finals
1 Brandon Valley 'A'	9:51.5
1) Presler, Sarah 9	2) Kocer, Dannika 7
3) Klatt, Courtney 8	4) Waterfall, Haylee 8
2 Sioux Falls Lincoln 'A'	9:56.8
3 Sioux Falls Washington 'A'	10:19.2
4 Sioux Falls Roosevelt 'A'	10:23.4
5 Sioux Falls O'Gorman 'A'	10:50.2

**Girls 1600 Sprint Medley**

School	Finals
1 Brandon Valley 'A'	4:23.8
1) Jorgenson, Evelyn 12	2) Peterson, Sammie 11
3) Wrightsman, Jennika 9	4) Kocer, Dannika 7
2 Sioux Falls Lincoln 'A'	4:28.6
3 Sioux Falls O'Gorman 'A'	4:29.9

**Metro Conference Track & Field Meet****Howard Wood Field - 5/9/2014****Results****....Girls 1600 Sprint Medley**

4	Sioux Falls Washington	'A'	4:31.8
5	Sioux Falls Roosevelt	'A'	4:42.4

**Girls High Jump**

Name	Year	School	Finals
1	Quinlivan, Sarah	12 Sioux Falls Lincoln	5-02.00
2	Waltjer, Madisyn	10 Roosevelt	J5-02.00
3	Goodhope, Anna	10 Washington	4-10.00
4	Paauw, Hannah	10 Brandon Valley	J4-10.00
5	Bain, Morgan	9 O'Gorman	4-08.00
6	Burch, Eden	11 Brandon Valley	4-06.00
6	Larson, Emma	12 Brandon Valley	4-06.00
6	Westcott, Ashley	11 Brandon Valley	4-06.00
6	Rausch, Tiana	9 O'Gorman	4-06.00
10	Anderson, Alex	10 O'Gorman	4-04.00
10	Kolb, Elizabeth	7 O'Gorman	4-04.00
10	Szabo, Anezka	9 Sioux Falls Lincoln	4-04.00
10	Rupp, Delaney	9 Roosevelt	4-04.00
10	Lima, Stephanie	11 Roosevelt	4-04.00

**Girls Pole Vault**

Name	Year	School	Finals
1	Murray, Hailey	11 Brandon Valley	10-00.00
2	Hendrick, Hannah	8 Brandon Valley	8-06.00
3	Murray, Hannah	12 Brandon Valley	J8-06.00
4	Doan, Jocelyn	11 Roosevelt	8-00.00
5	Patel, Aditi	10 Sioux Falls Lincoln	6-06.00
5	Runia, Caitlynn	9 Brandon Valley	6-06.00
7	Clemen, Nicole	12 O'Gorman	J6-06.00
8	Rausch, Tiana	9 O'Gorman	J6-06.00
9	Southern, Destiny	11 Roosevelt	5-06.00

**Girls Long Jump**

Name	Year	School	Finals
1	DeWitt, Callie	9 O'Gorman	17-01.50
2	Weidler, Alyssa	10 O'Gorman	16-05.25
3	Terveer, Emma	9 Brandon Valley	16-01.75
4	Nieman, Hannah	12 Washington	15-10.50
5	Metz, Sarah	12 Sioux Falls Lincoln	15-05.50
6	Kreber, Kendyl	9 O'Gorman	15-02.50
7	Anderson, Alex	10 O'Gorman	15-01.25
8	Quinlivan, Sarah	12 Sioux Falls Lincoln	14-10.25
9	Zajicek, Elsie	9 Brandon Valley	14-07.75
10	Edwards, Jessica	12 Brandon Valley	14-05.25
11	Larson, Emma	12 Brandon Valley	14-05.00
12	Richardson, Bre	9 Washington	14-04.50
12	Mohr, Michaela	8 Sioux Falls Lincoln	14-04.50
14	Holcomb, Elise	9 Roosevelt	14-02.50
15	Buckley, Ariel	9 Washington	13-11.00

**Metro Conference Track & Field Meet****Howard Wood Field - 5/9/2014****Results****....Girls Long Jump**

16 Weeks, Erica 10 Roosevelt 13-05.00

**Girls Triple Jump**

Name	Year	School	Finals
1 Tingle, Tiara	12	Brandon Valley	35-08.25
2 Quinlivan, Sarah	12	Sioux Falls Lincoln	34-00.25
3 Geddes, Alex	11	Sioux Falls Lincoln	33-04.00
4 Heier, Ryley	8	Sioux Falls Lincoln	32-07.50
5 Buckley, Ariel	9	Washington	J32-07.50
6 Terveer, Emma	9	Brandon Valley	32-02.50
7 Zajicek, Elsie	9	Brandon Valley	31-11.50
8 Richardson, Bre	9	Washington	31-04.25
9 Kliewer, Peyton	11	Sioux Falls Lincoln	31-03.25
10 Visker, Jade	10	Washington	31-01.00
11 Weeks, Erica	10	Roosevelt	29-07.50
12 Edwards, Jessica	12	Brandon Valley	29-07.25
13 Tekolste, Jenna	9	O'Gorman	28-08.50
14 Holcomb, Elise	9	Roosevelt	28-02.75

**Girls Shot Put**

Name	Year	School	Finals
1 Mayer, Michaela	12	Washington	43-05.50
2 Arrington, Sydney	10	Washington	37-06.50
3 VanVeldhuizen, Izzy	10	Sioux Falls Lincoln	36-03.50
4 Hertz, Emma	10	O'Gorman	36-01.75
5 Mieras, Jessica	11	O'Gorman	34-03.00
6 Clauson, Rosemarie	11	Sioux Falls Lincoln	31-11.00
7 Jasper, Lilli	11	Brandon Valley	31-06.25
8 Lynn, Kassandra	9	Washington	31-02.50
9 Ortiz, Laura	10	Roosevelt	29-06.50
10 Grage, Briana	12	Brandon Valley	29-05.75
11 Wilson, Tess	10	O'Gorman	29-05.00
12 West, Samantha	11	O'Gorman	29-03.25
13 Bindert, Becca	9	Sioux Falls Lincoln	29-01.75
14 Lembcke, Katie	11	Roosevelt	28-08.25
15 Nimick, Kelsey	11	Brandon Valley	28-05.00
16 Meier, Shania	12	Sioux Falls Lincoln	28-04.00
17 Klamm, Libby	9	Brandon Valley	27-04.00
18 Bjordal, Aubrey	10	Roosevelt	22-07.00

**Girls Discus Throw**

Name	Year	School	Finals
1 Mayer, Michaela	12	Washington	128-03
2 Mieras, Jessica	11	O'Gorman	123-04
3 Hertz, Emma	10	O'Gorman	119-11
4 VanVeldhuizen, Izzy	10	Sioux Falls Lincoln	114-10
5 Lembcke, Katie	11	Roosevelt	113-02
6 Clauson, Rosemarie	11	Sioux Falls Lincoln	102-04
7 Nimick, Kelsey	11	Brandon Valley	101-00

**Metro Conference Track & Field Meet****Howard Wood Field - 5/9/2014****Results****...Girls Discus Throw**

8	Wilson, Tess	10	O'Gorman	100-09
9	Meier, Shania	12	Sioux Falls Lincoln	98-07
10	Ortiz, Laura	10	Roosevelt	93-02
11	Bjordal, Aubrey	10	Roosevelt	77-01
12	Haase, Carson	9	Brandon Valley	76-11
13	Lynn, Kassandra	9	Washington	76-02
13	Trout, Sydney	9	Brandon Valley	76-02
15	Beckmann, Michaela	11	Brandon Valley	75-08
16	Wesley, Gemini	11	Roosevelt	73-07
17	Arrington, Sydney	10	Washington	71-02
18	West, Samantha	11	O'Gorman	65-01

**Boys 100 Meter Dash**

Name	Year	School	Finals	H#	
1	Mulbah, David	12	Roosevelt	10.7	2
2	Belhaj, Adam	12	Sioux Falls Lincoln	10.8	2
3	Christion, Taryn	11	Roosevelt	10.9	2
4	Immecker, Ryan	12	Brandon Valley	10.9	2
5	McKinney, Ethan	9	Washington	11.0	2
6	Score, Quincy	12	Sioux Falls Lincoln	11.2	2
7	Jones, Michael	10	Roosevelt	11.3	2
8	Benton, Rasheed	11	Washington	11.4	1
9	Miedema, Kane	10	Washington	11.4	1
10	VanMeter, Brandon	11	Washington	11.5	1
11	Large, Braxton	11	Sioux Falls Lincoln	11.5	1
12	Smith, Jimmy	10	Sioux Falls Lincoln	11.6	2
13	Vorjolo, Alex	9	Roosevelt	11.8	1

**Boys 200 Meter Dash**

Name	Year	School	Finals	H#	
1	Mulbah, David	12	Roosevelt	21.6	3
2	Belhaj, Adam	12	Sioux Falls Lincoln	21.7	3
3	Holmes, Cam	12	Brandon Valley	22.1	3
4	Christion, Taryn	11	Roosevelt	22.6	3
5	Needham, Zach	11	Washington	23.1	3
6	McKinney, Ethan	9	Washington	23.3	3
7	Arntz, Dylan	11	Sioux Falls Lincoln	23.4	3
8	Score, Quincy	12	Sioux Falls Lincoln	23.7	2
9	Miedema, Kane	10	Washington	23.9	2
10	Bren, Jack	9	Washington	23.9	2
11	Doherty, Josh	11	O'Gorman	24.2	2
12	Reuter, Andrew	9	O'Gorman	24.5	2
13	Large, Braxton	11	Sioux Falls Lincoln	24.6	2
14	Moe, Matthew	11	O'Gorman	24.9	1
15	House, James	9	Brandon Valley	25.0	1
16	Fleck, Jacob	11	O'Gorman	25.0	2
17	Vorjolo, Alex	9	Roosevelt	25.3	1
18	Galbavy, Isiah	9	Brandon Valley	26.6	1

**Metro Conference Track & Field Meet****Howard Wood Field - 5/9/2014****Results****Boys 400 Meter Dash**

Name	Year	School	Finals	H#
1 Belhaj, Adam	12	Sioux Falls Lincoln	49.2	3
2 Holmes, Cam	12	Brandon Valley	49.3	3
3 Sudbeck, Ned	11	Sioux Falls Lincoln	50.7	3
4 Green, Jacob	12	Washington	51.7	3
5 Weber, Ethan	10	Sioux Falls Lincoln	54.3	3
6 Kennedy, Andrew	11	Washington	54.4	2
7 Hanlon, Kory	12	Roosevelt	54.6	2
8 Goetz, Rob	12	Washington	55.1	2
9 Moe, Matthew	11	O'Gorman	56.0	2
10 Hurly, Keith	11	Sioux Falls Lincoln	56.0	3
11 Reindl, Keaton	9	Brandon Valley	56.1	1
12 Doherty, Josh	11	O'Gorman	56.3	3
13 Haug, Alex	9	Brandon Valley	56.3	1
14 Sturdevant, Max	11	Washington	56.6	2
15 Bauer, Boston	10	O'Gorman	58.2	2
16 Staudenmier, Nick	10	O'Gorman	58.7	1
17 Galbavy, Isiah	9	Brandon Valley	1:00.5	1

**Boys 800 Meter Run**

Name	Year	School	Finals
1 Goehring, Josh	10	Roosevelt	1:58.4
2 Sudbeck, Ned	11	Sioux Falls Lincoln	1:58.8
3 Selken, Mitchell	11	Brandon Valley	1:59.3
4 Hegland, Jacob	10	Brandon Valley	1:59.6
5 Slaba, Tyler	11	Roosevelt	2:00.5
6 Lindner, Tiegen	10	O'Gorman	2:02.2
7 Bump, Free	12	Sioux Falls Lincoln	2:03.3
8 Oluak, Alipo	11	Washington	2:03.7
9 Knoblock, Preston	9	O'Gorman	2:04.0
10 Moore, Andrew	10	Sioux Falls Lincoln	2:05.4
11 Jaimes, Salvador	12	Roosevelt	2:05.6
12 Presler, Adam	12	Brandon Valley	2:05.8
13 Kray, Alec	10	Washington	2:07.2
14 Westendorf, Ryan	10	O'Gorman	2:08.0
15 Stellingwerf, Deitrich	9	Washington	2:08.4
16 Rovang, Nick	10	Washington	2:09.2
17 Nachtigall, Aaron	11	O'Gorman	2:10.7
18 Armstrong, Daniel	10	Roosevelt	2:11.1
19 Waldera, Dodge	9	Brandon Valley	2:18.1

**Boys 1600 Meter Run**

Name	Year	School	Finals
1 Lauer, Will	11	Sioux Falls Lincoln	4:30.0
2 Lindner, Tiegen	10	O'Gorman	4:31.6
3 Hanna, Jakob	9	Brandon Valley	4:32.3
4 Bump, Free	12	Sioux Falls Lincoln	4:32.9
5 Armstrong, Daniel	10	Roosevelt	4:33.9
6 Rasmussen, Anders	11	Sioux Falls Lincoln	4:37.3
7 Iverson, Seth	9	Roosevelt	4:38.9

**Metro Conference Track & Field Meet****Howard Wood Field - 5/9/2014****Results****....Boys 1600 Meter Run**

8 Oluak, Alipo	11 Washington	4:45.6
9 Loudon, Dale	10 Sioux Falls Lincoln	4:48.5
10 Freese, Hank	9 O'Gorman	4:58.8
11 Brown, Cole	10 Roosevelt	5:01.3
12 Severson, Austin	12 Washington	5:08.3
13 Stafford, Nathan	12 Roosevelt	5:10.0
14 Sproles, Kinard	12 O'Gorman	5:23.9
15 Heitzman, Sam	9 Washington	5:26.0
16 Klimek, Cade	9 Brandon Valley	6:21.1

**Boys 3200 Meter Run**

Name	Year School	Finals
1 Lauer, Will	11 Sioux Falls Lincoln	9:30.0
2 Schroeder, Nathan	11 Sioux Falls Lincoln	9:49.9
3 Urtusuastegui, Jesus	11 Roosevelt	9:54.4
4 Peters, Gabe	9 Sioux Falls Lincoln	10:02.6
5 Iverson, Isaac	12 Roosevelt	10:03.3
6 Wilde, Max	8 Brandon Valley	10:05.4
7 Nelson, Lukas	11 Roosevelt	10:12.4
8 Selzler, Dreux	11 Sioux Falls Lincoln	10:12.6
9 Balmaceda, Rodrigo	11 O'Gorman	10:23.0
10 Swenson, Logan	11 Washington	10:35.0
11 Schmidt, Joseph	11 O'Gorman	10:36.5
12 Dutson, Cody	11 Brandon Valley	10:41.1
13 Hein, Thane	9 Roosevelt	10:52.4
14 Severson, Austin	12 Washington	11:03.9
15 Edwards, Cole	10 O'Gorman	11:04.5
16 Knoblich, Cole	10 Washington	11:09.1
17 Rodriguez, Hugo	11 Washington	11:33.1
18 Larson, Jacob	11 Brandon Valley	12:30.8
19 Meyers, Seth	10 Brandon Valley	13:19.1

**Boys 110 Meter Hurdles**

Name	Year School	Finals	H#
1 Akok, Mayuen	11 Roosevelt	15.4	3
2 Freese, Zac	12 Washington	15.7	3
3 Wagner, Matt	12 Sioux Falls Lincoln	16.4	3
4 Sommervold, Gunnar	10 O'Gorman	16.5	3
5 Breck, AJ	12 Washington	16.6	3
6 Grage, Spencer	9 Brandon Valley	16.9	2
7 Roach, Dalton	10 Sioux Falls Lincoln	17.3	3
8 Hooker, Max	12 Sioux Falls Lincoln	17.7	2
9 Warmbein, Dominick	9 Washington	18.7	2
10 Hadzimujic, Harun	12 Roosevelt	18.8	1
11 Haggard, Robert	11 Brandon Valley	18.9	1
12 Borstad, Gavin	10 Roosevelt	19.0	1
13 House, James	9 Brandon Valley	19.1	2
14 Yost, Flynn	9 Roosevelt	19.4	1
15 Shota, Oshimo	11 Sioux Falls Lincoln	20.4	2
16 Blok, Isaiah	10 Brandon Valley	20.7	1

**Metro Conference Track & Field Meet**  
**Howard Wood Field - 5/9/2014**  
**Results**

**Boys 300 Meter Hurdles**

Name	Year	School	Finals	H#
1 Marlette, Dan	12	Washington	39.9	3
2 Breck, AJ	12	Washington	41.0	3
3 Waddell, Tanner	11	Washington	41.1	3
4 Akok, Mayuen	11	Roosevelt	41.5	3
5 Freese, Zac	12	Washington	41.7	3
6 Wagner, Matt	12	Sioux Falls Lincoln	42.7	3
7 Fritsch, Luke	10	O'Gorman	43.2	3
8 Jaimes, Salvador	12	Roosevelt	43.9	3
9 Sommervold, Gunnar	10	O'Gorman	44.4	2
10 Roach, Dalton	10	Sioux Falls Lincoln	45.0	2
11 Iossi, Logan	11	O'Gorman	45.2	1
12 Shota, Oshimo	11	Sioux Falls Lincoln	45.2	2
13 Naasz, Trevor	12	Sioux Falls Lincoln	45.7	2
14 Borstad, Gavin	10	Roosevelt	46.7	1
15 Blok, Isaiah	10	Brandon Valley	46.9	1
16 Pio, Jimmy	10	O'Gorman	47.5	2
17 Wojciechowski, Reilly	9	Brandon Valley	47.6	1
18 Hagggar, Robert	11	Brandon Valley	47.9	1
19 House, James	9	Brandon Valley	49.2	2

**Boys 4x100 Meter Relay**

School	Finals
1 Sioux Falls Roosevelt 'A'	43.7
1) Jones, Michael 10	2) Mulbah, David 12
3) Atwood, Austin 12	4) Christion, Taryn 11
2 Sioux Falls Washington 'A'	44.6
3 Sioux Falls Lincoln 'A'	44.6
4 Brandon Valley 'A'	45.4
5 Sioux Falls O'Gorman 'A'	45.9

**Boys 4x200 Meter Relay**

School	Finals
1 Brandon Valley 'A'	1:30.8
1) Grode, Chase 9	2) Reinschmidt, Drew 11
3) Immecker, Ryan 12	4) Holmes, Cam 12
2 Sioux Falls Washington 'A'	1:31.0
3 Sioux Falls Lincoln 'A'	1:33.0
4 Sioux Falls O'Gorman 'A'	1:35.2
5 Sioux Falls Roosevelt 'A'	1:38.1

**Boys 4x400 Meter Relay**

School	Finals
1 Sioux Falls Lincoln 'A'	3:26.1
1) Sudbeck, Ned 11	2) Khan, Zarek 11
3) Bindert, Isaac 10	4) Belhaj, Adam 12
2 Sioux Falls Roosevelt 'A'	3:28.5
3 Brandon Valley 'A'	3:28.6

**Metro Conference Track & Field Meet**  
**Howard Wood Field - 5/9/2014**  
**Results**

**....Boys 4x400 Meter Relay**

4	Sioux Falls Washington 'A'	3:30.6
5	Sioux Falls O'Gorman 'A'	3:31.5

**Boys 4x800 Meter Relay**

School	Finals
1 Sioux Falls Washington 'A'	8:16.5
1) Green, Jacob 12	2) Derr, Alex 10
3) Oluak, Alipo 11	4) Kray, Alec 10
2 Sioux Falls Lincoln 'A'	8:18.6
3 Sioux Falls Roosevelt 'A'	8:23.8
4 Sioux Falls O'Gorman 'A'	8:24.4

**Boys 1600 Sprint Medley**

School	Finals
1 Sioux Falls Washington 'A'	3:42.6
1) Benton, Rasheed 11	2) Needham, Zach 11
3) Feterl, Isaiah 10	4) Derr, Alex 10
2 Sioux Falls Lincoln 'A'	3:44.0
3 Sioux Falls O'Gorman 'A'	3:44.7
4 Sioux Falls Roosevelt 'A'	3:49.5
5 Brandon Valley 'A'	3:57.4

**Boys High Jump**

Name	Year School	Finals
1 Schulte, Tanner	12 O'Gorman	6-01.00
2 Kahn, Darious	11 Washington	5-11.00
3 Meyers, Nickel	11 Sioux Falls Lincoln	J5-11.00
4 Nealy, Dominic	12 Brandon Valley	J5-11.00
5 Albousafi, Jamal	10 Roosevelt	5-07.00
6 Grage, Spencer	9 Brandon Valley	J5-07.00
7 Fleck, Jacob	11 O'Gorman	J5-07.00
8 Buller, Braden	10 Brandon Valley	5-05.00

**Boys Pole Vault**

Name	Year School	Finals
1 Branick, Brendan	12 O'Gorman	14-00.00
2 Christensen, Cole	10 Brandon Valley	12-03.00
3 Nelson, Mason	10 Sioux Falls Lincoln	11-03.00
4 Schneider, Zach	12 Roosevelt	J11-03.00
5 Staudenmier, Nick	10 O'Gorman	10-09.00
5 Whitlock, Nate	12 Sioux Falls Lincoln	10-09.00
7 Klatt, Carter	9 Brandon Valley	9-09.00
8 Zea, Jacob	11 Sioux Falls Lincoln	9-03.00
9 Corbin, Seth	11 Roosevelt	8-03.00
9 Zamora, Diego	11 Roosevelt	8-03.00
11 Spader, Micah	9 O'Gorman	7-06.00

**Metro Conference Track & Field Meet****Howard Wood Field - 5/9/2014****Results****Boys Long Jump**

Name	Year	School	Finals
1 Christion, Taryn	11	Roosevelt	20-06.00
2 Atwood, Austin	12	Roosevelt	20-03.50
3 Fritsch, Luke	10	O'Gorman	20-02.25
4 Nealy, Dominic	12	Brandon Valley	19-08.25
5 Reinschmidt, Drew	11	Brandon Valley	19-04.75
6 Smith, Ty	10	Washington	19-00.00
7 Horst, Micheal	12	Brandon Valley	18-11.75
7 Zino, Romeo	11	Sioux Falls Lincoln	18-11.75
9 Schulte, Tanner	12	O'Gorman	18-11.00
10 Kolb, David	11	Roosevelt	18-10.00
11 Freese, Zac	12	Washington	18-08.00
12 Toenah, Max	9	Roosevelt	18-04.50
13 Hart, Keone	11	Sioux Falls Lincoln	18-03.75
14 Bauer, Boston	10	O'Gorman	17-06.75
15 Grode, Chase	9	Brandon Valley	17-03.75

**Boys Triple Jump**

Name	Year	School	Finals
1 Marlette, Dan	12	Washington	42-11.50
2 Fritsch, Luke	10	O'Gorman	41-07.00
3 Zino, Romeo	11	Sioux Falls Lincoln	40-10.50
4 Horst, Micheal	12	Brandon Valley	40-04.00
5 Nealy, Dominic	12	Brandon Valley	40-03.50
6 Smith, Ty	10	Washington	39-03.75
7 Meyers, Nickel	11	Sioux Falls Lincoln	39-03.50
8 Kolb, David	11	Roosevelt	38-01.50
9 Kooima, Colton	12	Roosevelt	37-11.25
10 Hart, Keone	11	Sioux Falls Lincoln	37-09.00
11 Grage, Spencer	9	Brandon Valley	37-07.00
12 Bolden, Iveston	12	Washington	37-05.75
13 Weber, Ethan	10	Sioux Falls Lincoln	37-05.25
14 Fleck, Jacob	11	O'Gorman	37-05.00
15 Heins, Austin	12	Washington	36-07.00
16 Bauer, Boston	10	O'Gorman	36-03.50
17 Buller, Braden	10	Brandon Valley	36-01.75

**Boys Shot Put**

Name	Year	School	Finals
1 Lembcke, Jack	12	Roosevelt	61-05.00
2 Schmidt, Grant	11	Roosevelt	49-02.50
3 Hora, Kirby	12	Roosevelt	47-05.25
4 Tebben, Hunter	11	Roosevelt	45-03.50
5 Byrd, Nate	11	O'Gorman	44-05.00
6 Rose, William	12	Sioux Falls Lincoln	43-07.00
7 Peters, Derek	11	Sioux Falls Lincoln	42-01.50
8 Druse, Austin	11	Sioux Falls Lincoln	41-11.25
9 Kirsch, Tony	12	O'Gorman	41-08.25
10 Haushild, Austin	10	Sioux Falls Lincoln	41-05.50
11 Wehrkamp, Joey	10	Washington	40-01.75

**Metro Conference Track & Field Meet****Howard Wood Field - 5/9/2014****Results****....Boys Shot Put**

12 Meyers, Jacob	12 Brandon Valley	39-11.25
13 Freese, Josh	10 Washington	39-10.75
14 Steffl, Teddy	11 O'Gorman	39-09.75
15 Smith, Thayer	10 Washington	39-07.00
16 Amdahl, Jenson	10 Washington	38-01.75
17 Burkman, Jerimiah	11 Brandon Valley	37-10.50
18 Christie, Bryce	9 Brandon Valley	36-03.50
19 Nelson, Tyler	9 Brandon Valley	32-10.50

**Boys Discus Throw**

Name	Year School	Finals
1 Lembcke, Jack	12 Roosevelt	198-03
2 Rose, William	12 Sioux Falls Lincoln	150-05
3 Hora, Kirby	12 Roosevelt	142-04
4 Koepke, Alex	12 Washington	138-08
5 Haushild, Austin	10 Sioux Falls Lincoln	138-06
6 Schmidt, Grant	11 Roosevelt	136-07
7 Batt, Andrew	10 Roosevelt	135-00
8 Jones, OJ	11 Sioux Falls Lincoln	129-07
9 Sundleaf, Bret	12 O'Gorman	129-06
10 Druse, Austin	11 Sioux Falls Lincoln	129-03
11 Amdahl, Jenson	10 Washington	116-07
12 Holmes, Andy	10 Brandon Valley	116-00
13 Byrd, Nate	11 O'Gorman	114-11
14 Boyum, Max	12 O'Gorman	110-08
15 Reisdorfer, Thuro	9 Washington	110-00
16 Christie, Bryce	9 Brandon Valley	107-10
17 Skogstad, Jacob	10 Washington	105-02
18 Meyer, Weston	11 Brandon Valley	98-03
19 Nelson, Tyler	9 Brandon Valley	98-02
20 Kirsch, Tony	12 O'Gorman	95-08

**Women - Team Rankings - 19 Events Scored**

1) Brandon Valley	106	2) Sioux Falls Washington	94
3) Sioux Falls Lincoln	79	4) Sioux Falls Roosevelt	60
5) Sioux Falls O'Gorman	55		

**Men - Team Rankings - 19 Events Scored**

1) Sioux Falls Roosevelt	114	2) Sioux Falls Lincoln	110.50
3) Sioux Falls Washington	75	4) Brandon Valley	50
5) Sioux Falls O'Gorman	44.50		