

***Metro Conference Track & Field Meet***  
***Brandon Valley-Harrisburg-Jefferson-Lincoln-O’Gorman-Roosevelt-  
Washington***  
***Thursday, April 28, 2022***  
***Harrisburg High School***  
(This is a SDHSAA sanctioned and qualifying meet)

**HIGH JUMP/JAVELIN: (2:00 PM start)** – check in at site

Girls High Jump – followed by Boys

Javelin – Boys & Girls Combined (Located to the North of the Bus Parking Area on Grass Soccer Fields)

**FIELD EVENTS: (3:00 PM start)** – check in at site

Girls Discus – followed by boys

Boys Shot – followed by girls

Boys Long Jump – followed by girls

Girls Triple Jump – followed by boys

Pole Vault – Boys followed by girls

**RUNNING EVENTS: (4:00 PM start)**

4:00 pm	Girls	4x800 Relay
4:15 pm	Boys	4x800 Relay
4:30 pm	Girls	100 M Hurdles
4:40 pm	Boys	110 M Hurdles
4:50 pm	Girls	100 M Dash
4:55 pm	Boys	100 M Dash
5:05 pm	Girls	4x200 Relay
5:10 pm	Boys	4x200 Relay
5:15 pm	Girls	1600 M Run
5:25 pm	Boys	1600 M Run
5:30 pm	Girls	4x100 Relay
5:35 pm	Boys	4x100 Relay
5:45 pm	Girls	400 M Dash
5:50 pm	Boys	400 M Dash
6:00 pm	Girls	300 M Hurdles
6:05 pm	Boys	300 M Hurdles
6:15 pm	Girls	Medley Relay
6:20 pm	Boys	Medley Relay
6:30 pm	Girls	800 M Run
6:40 pm	Boys	800 M Run
6:50 pm	Girls	200 M Dash
6:55 pm	Boys	200 M Dash
7:05 pm	Girls	3200 M Run
7:20 pm	Boys	3200 M Run
7:35 pm	Girls	4x400 Relay
7:40 pm	Boys	4x400 Relay