

**Metro Athletic Conference - 4/26/2019**  
**Track and Field Championships**  
**Howard Wood Field**  
**Results - Friday**

**Girls 100 Meter Dash**

Name	Year	School	Seed	Finals	H#	Points
<b>Finals</b>						
1 Merkle, Ellen	7	SF Lincoln	12.90	12.89	3	8
2 Petterson, Laura	11	SF Washington	12.58	12.96	3	6
3 Kelley, Jady	12	SF Roosevelt	13.12	13.16	3	4
4 Merkle, Lauren	9	SF Lincoln	13.00	13.36	3	2
5 BelHaj, Emira	12	SF Lincoln	13.40	13.46	3	1
6 Pujado, Elisabeth	10	O'Gorman	13.53	13.58	3	
7 White, Sydney	10	O'Gorman	13.99	13.73	2	
8 Blogg, Jenna	11	SF Roosevelt	13.80	13.78	2	
9 Gall, Jaida	8	SF Roosevelt	13.70	13.83	2	
10 Sorensen, Alaina	9	SF Lincoln	13.70	x13.87	2	
11 Van Hulzen, Aysia	9	Brandon Valley	13.89	13.88	2	
12 Mitchell, Lauren	10	SF Washington	14.04	13.89	2	
13 Mclavy, Olivia	11	Brandon Valley	13.54	13.96	3	
14 Jarovski, Emma	10	Brandon Valley	14.31	14.01	1	
15 Labahn, Madelyn	7	Brandon Valley	13.62	x14.02	3	
16 Crouch, Allison	11	O'Gorman	14.27	14.29	1	
17 Gaston, Jamiya	9	SF Roosevelt	14.04	x14.49	2	
18 Hullinger, Eden	10	SF Washington	14.42	14.57	1	
19 Heinert, Brynn	12	SF Washington	14.20	x14.58	1	
20 Severson, Bailey	12	O'Gorman	16.05	x15.76	1	

**Girls 200 Meter Dash**

Name	Year	School	Seed	Finals	H#	Points
1 Bickley, Krista	12	Brandon Valley	26.08	26.27	3	8
2 Nuebel, Kennedy	10	Brandon Valley	26.81	26.85	3	6
3 Merkle, Ellen	7	SF Lincoln	26.95	27.16	3	4
4 Thompson, Morgan	12	Brandon Valley	27.50	27.27	3	2
5 Sudbeck, Caroline	11	SF Lincoln	27.00	27.44	3	1
6 Jerstad, Elizabeth	10	SF Lincoln	27.18	27.47	3	
7 Petterson, Laura	11	SF Washington	27.05	27.59	3	
8 BelHaj, Emira	12	SF Lincoln	27.98	x27.75	3	
9 Dixon, Brielle	10	Brandon Valley	28.15	x27.75	2	
10 Kelley, Jady	12	SF Roosevelt	28.06	27.89	2	
11 Gall, Jaida	8	SF Roosevelt	28.19	28.68	2	
12 Crouch, Allison	11	O'Gorman	30.72	29.48	1	
13 Heinert, Brynn	12	SF Washington	29.72	29.89	1	
14 Hunt, Tabitha	12	O'Gorman	29.86	30.37	1	
15 Hullinger, Eden	10	SF Washington	30.19	30.59	1	
16 Pitzl, Veronica	11	O'Gorman	29.70	30.75	2	
17 Nielson, Macey	11	SF Roosevelt	31.84	32.39	1	

**Girls 400 Meter Dash**

Name	Year	School	Seed	Finals	H#	Points
1 Bickley, Krista	12	Brandon Valley	1:00.00	58.49	3	8
2 Espino, Soraya	9	SF Roosevelt	1:02.43	1:00.98	3	6
3 Nuebel, Kennedy	10	Brandon Valley	1:02.41	1:01.02	3	4
4 Van Roekel, Emily	9	Brandon Valley	1:02.66	1:01.18	3	2

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**....Girls 400 Meter Dash**

5	Sudbeck, Caroline	11	SF Lincoln	1:01.50	1:02.32	3	1
6	Tschetter, Allison	10	O'Gorman	1:05.04	1:04.35	3	
7	Thornton, Claire	9	O'Gorman	1:10.64	1:04.92	1	
8	Van Hulzen, Aysia	9	Brandon Valley	1:03.50	x1:05.23	3	
9	Wietfeld, Sydney	10	SF Lincoln	1:04.90	1:05.53	3	
10	Sahly, Emma	10	SF Lincoln	1:05.90	1:05.86	2	
11	Huber, Sydney	11	SF Lincoln	1:06.20	x1:06.00	2	
12	Kinzer, Shelby	9	SF Washington	1:09.76	1:07.88	1	
13	Thorstenson, Kate	11	SF Roosevelt	1:08.93	1:08.68	2	
14	Johnson, Halle	10	SF Washington	1:08.78	1:09.48	2	
15	Cochrun, Taysia	10	SF Washington	1:11.70	1:10.41	1	
16	Krueger, Charm	9	SF Washington	1:08.97	x1:10.50	2	
17	Kouri, Lauren	12	O'Gorman	1:14.00	1:14.08	1	

**Girls 800 Meter Run**

Name	Year	School	Seed	Finals	H#	Points	
1	Bindert, Elizabeth	12	SF Lincoln	2:22.74	2:24.11	2	8
2	Geurts, Jaide	11	SF Roosevelt	2:25.95	2:25.16	2	6
3	Van Roekel, Emily	9	Brandon Valley	2:25.46	2:30.24	2	4
4	Moose, Natalie	10	Brandon Valley	2:31.32	2:31.23	2	2
5	Batcheller, Lila	9	SF Lincoln	2:27.40	2:32.23	2	1
6	Kashi, Adaga	10	SF Washington	2:36.21	2:35.36	2	
7	Pickering, Megan	11	Brandon Valley	2:32.12	2:35.58	2	
8	Johnson, Emma	11	SF Washington	2:37.70	2:36.21	1	
9	Towe, Hayley	9	SF Lincoln	2:43.10	2:39.83	1	
10	Kocer, Danica	12	Brandon Valley	2:39.32	x2:40.23	1	
11	Lent, Anna	8	O'Gorman	2:43.60	2:40.69	1	
12	Hericks, Abby	10	O'Gorman	2:42.33	2:41.66	1	
13	Debeer, Kayla	10	SF Washington	2:36.64	2:41.77	2	
14	Olson, Marlana	7	SF Lincoln	2:44.00	x2:41.92	1	
15	Vavra, Ashton	11	O'Gorman	2:38.67	2:43.11	1	
16	Severson, Katelyn	11	SF Washington	2:38.71	x2:43.81	1	

**Girls 1600 Meter Run**

Name	Year	School	Seed	Finals	Points	
1	Hardie, Alea	9	O'Gorman	5:17.40	5:05.23	8
2	Derege, Leah	9	SF Lincoln	5:25.24	5:16.46	6
3	Batcheller, Lila	9	SF Lincoln	5:24.00	5:16.50	4
4	Wells, Lauren	12	Brandon Valley	5:31.72	5:22.43	2
5	Bergan, Haley	7	Brandon Valley	5:38.03	5:30.78	1
6	Weiland, Saylor	11	SF Roosevelt	5:45.33	5:33.71	
7	Kashi, Adaga	10	SF Washington	5:39.14	5:40.13	
8	Debeer, Kayla	10	SF Washington	5:40.87	5:40.86	
9	Houwman, Emma	12	SF Lincoln	5:53.50	5:49.48	
10	Howard, Madison	11	SF Roosevelt	6:08.78	5:51.96	
11	Mandery, Zoey	9	Brandon Valley	5:58.00	5:54.08	
12	Olson, Marlana	7	SF Lincoln	6:39.06	x5:54.78	
13	Severson, Katelyn	11	SF Washington	6:00.37	5:54.97	
14	Kovalenko, Kathryn	9	SF Roosevelt	6:00.38	5:59.25	
15	Sprecher, Hannah	9	Brandon Valley	6:25.90	x6:05.63	

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**....Girls 1600 Meter Run**

16 Heldenbrand, Claire	10	O'Gorman	6:18.00	6:06.81
17 Czarnecki, Genet	9	O'Gorman	6:23.00	6:14.45
18 Waltman, Madi	9	SF Washington	6:18.26	x6:14.77
19 Theobald, Maggie	10	O'Gorman	6:10.12	x6:21.86

**Girls 3200 Meter Run**

Name	Year	School	Seed	Finals	Points
1 Derenge, Leah	9	SF Lincoln	11:48.08	11:30.49	8
2 Dumansky, Hannah	9	SF Lincoln	11:50.55	11:42.40	6
3 Lather, Sydney	11	SF Washington	12:13.91	11:49.64	4
4 Wells, Lauren	12	Brandon Valley	12:14.00	11:59.49	2
5 Wentzy, Katie	9	Brandon Valley	12:14.34	12:06.12	1
6 Rief, Allison	12	Brandon Valley	12:00.23	12:09.01	
7 Bergan, Haley	7	Brandon Valley	12:15.00	x12:09.11	
8 Howard, Danielle	12	SF Roosevelt	12:34.85	12:11.06	
9 Dekam, Addalai	7	SF Lincoln	12:02.00	12:14.21	
10 Weiland, Saylor	11	SF Roosevelt	12:11.28	12:17.28	
11 Sugrue, George	11	O'Gorman	12:45.30	12:20.66	
12 Kolb, Ella	10	SF Washington	12:32.27	12:26.17	
13 Houwman, Emma	12	SF Lincoln	12:18.96	x12:31.43	
14 Howard, Madison	11	SF Roosevelt	12:59.55	13:24.12	

**Girls 100 Meter Hurdles**

Name	Year	School	Seed	Finals	H#	Points
1 Dal, Josephine	12	SF Lincoln	16.05	15.44	2	8
2 Dixon, Brielle	10	Brandon Valley	15.30	15.64	2	6
3 Rude, Taia	10	Brandon Valley	15.66	16.03	2	4
4 Vockler, Katie	12	O'Gorman	17.04	17.07	2	2
5 Nave, Dymonde	8	Brandon Valley	17.00	17.23	2	1
6 Hemenway, Anaka	11	SF Roosevelt	17.16	17.30	2	
7 Langseth, Anna	11	SF Lincoln	16.75	17.53	2	
8 Moore, Isabelle	10	O'Gorman	17.12	17.63	2	
9 Hansen, Morgan	11	SF Lincoln	18.20	17.73	1	
10 Moore, Ava	9	O'Gorman	18.83	18.42	1	
11 Bilal, Joy	9	SF Roosevelt	18.32	18.71	1	
12 Mannes, Laine	9	SF Lincoln	18.99	x19.01	1	
13 Krause, Janai	11	SF Roosevelt	19.04	19.28	1	
14 Bennett, Taryn	11	O'Gorman	18.88	x19.44	1	
15 Quizon, Denise	9	SF Roosevelt	18.51	x20.60	1	

**Girls 300 Meter Hurdles**

Name	Year	School	Seed	Finals	H#	Points
1 Rude, Taia	10	Brandon Valley	46.76	45.40	3	8
2 Dal, Josephine	12	SF Lincoln	46.83	46.52	3	6
3 Vockler, Katie	12	O'Gorman	48.50	48.21	3	4
4 Dixon, Brielle	10	Brandon Valley	50.98	49.59	3	2
5 Langseth, Anna	11	SF Lincoln	49.64	49.79	3	1
6 Moore, Isabelle	10	O'Gorman	51.20	51.20	3	

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**....Girls 300 Meter Hurdles**

7	Johannsen, Jacee	11	SF Washington	53.59	51.59	2
8	Siegel, Sophie	8	SF Lincoln	53.90	52.09	2
9	Giblin, Hattie	11	SF Roosevelt	53.25	52.98	2
10	Cihak, Jacey	10	O'Gorman	52.38	53.65	3
11	Moore, Ava	9	O'Gorman	55.59	x53.72	1
12	Reck, Gabby	11	SF Washington	53.37	53.75	2
13	Krause, Janai	11	SF Roosevelt	54.38	55.02	2
14	Nave, Dymonde	8	Brandon Valley	55.60	55.70	1
15	Flock, Rey	11	SF Washington	1:00.80	57.50	1
16	Quizon, Denise	9	SF Roosevelt	55.19	57.88	2
17	Bilal, Joy	9	SF Roosevelt	57.74	x58.77	1
18	Mannes, Laine	9	SF Lincoln	57.30	x1:00.95	1

**Girls 4x100 Meter Relay**

School	Seed	Finals	Points
1 SF Roosevelt 'A'	51.62	50.99	8
1) Kelley, Jadyn 12			
2) Nelson, Katherine 10			
3) Roggenbuck, Myah 11			
4) Gall, Jaida 8			
2 SF Lincoln 'A'	50.87	51.19	6
1) BelHaj, Emira 12			
2) Jerstad, Elizabeth 10			
3) Merkley, Lauren 9			
4) Merkley, Ellen 7			
3 O'Gorman 'A'	52.92	51.90	4
1) White, Sydney 10			
2) Wambach, Sydney 11			
3) Pujado, Elisabeth 10			
4) Reyes, Karla 11			
4 SF Washington 'A'	50.21	53.73	2
1) Petterson, Laura 11			
2) Mitchell, Lauren 10			
3) Reck, Gabby 11			
4) Johannsen, Jacee 11			
5 Brandon Valley 'A'	50.10	54.33	
1) Mclravy, Olivia 11			
2) Bunker, Mya 12			
3) Labahn, Madelyn 7			
4) Law, Trinity 12			

**Girls 4x200 Meter Relay**

School	Seed	Finals	Points
1 Brandon Valley 'A'	1:45.86	1:45.23	8
1) Dixon, Brielle 10			
2) Nuebel, Kennedy 10			
3) Thompson, Morgan 12			
4) Bickley, Krista 12			
2 SF Lincoln 'A'	1:46.62	1:48.20	6
1) Merkley, Lauren 9			
2) Merkley, Ellen 7			
3) Jerstad, Elizabeth 10			
4) Sudbeck, Caroline 11			
3 SF Washington 'A'	1:48.38	1:51.41	4
1) Reck, Gabby 11			
2) Wrightsman, Jocelyn 10			
3) Barber, Leah 11			
4) Petterson, Laura 11			
4 SF Roosevelt 'A'	1:58.29	1:59.83	2
1) Schuring, Ava 11			
2) Thorstenson, Kate 11			
3) Nielson, Macey 11			
4) Drager, Mya 10			

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**Girls 4x400 Meter Relay**

School	Seed	Finals	Points
1 Brandon Valley 'A'	4:12.72	4:07.79	8
1) Rude, Taia 10			
3) Van Roekel, Emily 9			
2) Nuebel, Kennedy 10			
4) Foss, Kylie 9			
2 SF Lincoln 'A'	4:09.10	4:11.29	6
1) Dal, Josephine 12			
3) Wietfeld, Sydni 10			
2) Bindert, Elizabeth 12			
4) Sudbeck, Caroline 11			
3 SF Roosevelt 'A'	4:08.83	4:14.17	4
1) Espino, Soraya 9			
3) Roggenbuck, Myah 11			
2) Geurts, Jaide 11			
4) Nelson, Katherine 10			
4 SF Washington 'A'	4:23.58	4:28.72	2
1) Barber, Leah 11			
3) Wrightsman, Jocelyn 10			
2) Reck, Gabby 11			
4) Juac, Khot 11			

**Girls 4x800 Meter Relay**

School	Seed	Finals	Points
1 SF Lincoln 'A'	9:55.00	9:47.98	8
1) Dumansky, Hannah 9			
3) Bindert, Elizabeth 12			
2) Dekam, Addalai 7			
4) Simeonova, Radiana 10			
2 Brandon Valley 'A'	10:10.73	10:00.10	6
1) Wells, Lauren 12			
3) Foss, Kylie 9			
2) Wentzy, Mia 7			
4) Kocer, Danica 12			
3 SF Roosevelt 'A'	10:03.65	10:04.46	4
1) Geurts, Jaide 11			
3) Howard, Danielle 12			
2) Espino, Soraya 9			
4) Weigelt, Raina 9			
4 O'Gorman 'A'	10:12.90	10:15.43	2
1) Waage, Grace 10			
3) Vavra, Ashton 11			
2) Tschetter, Allison 10			
4) Althoff, Olivia 12			
5 SF Washington 'A'	10:23.28	10:24.64	
1) Juac, Khot 11			
3) Johnson, Emma 11			
2) Kashi, Adaga 10			
4) Debeer, Kayla 10			

**Girls 1600 Sprint Medley**

School	Seed	Finals	Points
1 Brandon Valley 'A'	4:18.10	4:29.52	8
1) Hendrick, Halayna 11			
3) Foss, Kylie 9			
2) Mclravy, Olivia 11			
4) Wentzy, Mia 7			
2 SF Lincoln 'A'	3:58.90	4:30.76	6
1) Sorensen, Alaina 9			
3) Schroeder, Isabelle 10			
2) Raak, Taylor 11			
4) Simeonova, Radiana 10			
3 SF Washington 'A'	4:36.76	4:33.96	4
1) Johnson, Halle 10			
3) Barber, Leah 11			
2) Wrightsman, Jocelyn 10			
4) Juac, Khot 11			
4 SF Roosevelt 'A'	4:16.02	4:38.60	2
1) Roggenbuck, Myah 11			
3) Schuring, Ava 11			
2) Nelson, Katherine 10			
4) Weigelt, Raina 9			
5 O'Gorman 'A'	3:34.85	4:44.51	
1) Kolb, Kat 10			
3) Reyes, Karla 11			
2) Pujado, Elisabeth 10			
4) Althoff, Olivia 12			

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**Girls High Jump**

Name	Year	School	Seed	Finals	Points
1 Rude, Taia	10	Brandon Valley	5-02.00	5-02.00	8
2 Thompson, Morgan	12	Brandon Valley	5-00.00	5-00.00	6
3 Kong, Phekran	11	SF Washington	5-00.00	J5-00.00	4
4 Immecker, Aliyah	11	SF Roosevelt	4-10.00	J5-00.00	2
5 Croghan, Sara	10	SF Lincoln	5-00.00	4-10.00	1
6 Hansen, Morgan	11	SF Lincoln	5-00.00	4-08.00	
6 Moore, Isabelle	10	O'Gorman	4-07.00	4-08.00	
6 Beltman, Teya	10	Brandon Valley	4-11.00	4-08.00	
6 Bradfield, India	10	Brandon Valley	4-08.00	x4-08.00	
10 Flynn, Mariah	11	O'Gorman	4-02.00	4-06.00	
10 Allen, Abigail	11	SF Lincoln	4-06.00	4-06.00	
10 Gough, Madison	9	SF Washington	4-08.00	4-06.00	
10 Thornton, Claire	9	O'Gorman	4-08.00	x4-06.00	
10 Denevan, Liz	9	SF Roosevelt	4-04.00	4-06.00	
10 Moore, Ava	9	O'Gorman	4-06.00	4-06.00	

**Girls Pole Vault**

Name	Year	School	Seed	Finals	Points
1 Hendrick, Halayna	11	Brandon Valley	10-03.00	10-00.00	8
2 Johannsen, Jacee	11	SF Washington	10-00.00	J10-00.00	6
3 Clausen, Daphne	10	O'Gorman	9-09.00	J10-00.00	4
4 Pelletier, Sydney	11	Brandon Valley	10-00.00	J10-00.00	2
5 Kelley, Jadyn	12	SF Roosevelt	9-00.00	9-06.00	1
6 Burdick, Carlyne	12	SF Roosevelt	9-00.00	8-06.00	
7 Dybdahl, Bethany	9	Brandon Valley	8-03.00	8-00.00	
8 Spencer, Rachael	9	Brandon Valley	7-00.00	x7-06.00	
8 Mueller, Morgan	10	SF Roosevelt	8-06.00	7-06.00	
10 Mueller, Millie	11	SF Lincoln	6-09.00	7-00.00	
10 Nielsen, Grace	12	O'Gorman	7-03.00	7-00.00	
-- Clausen, Paige	7	O'Gorman	5-09.00	NH	
-- Tycz, Tia	9	SF Roosevelt	6-06.00	NH	
-- Walgenbach, Sydney	12	O'Gorman	6-00.00	NH	

**Girls Long Jump**

Name	Year	School	Seed	Finals	H#	Points
1 Dal, Josephine	12	SF Lincoln	17-05.00	16-11.50	2	8
2 Wambach, Sydney	11	O'Gorman	16-05.50	16-09.75	2	6
3 Merkley, Lauren	9	SF Lincoln	16-05.00	16-00.00	2	4
4 Law, Trinity	12	Brandon Valley	16-10.00	15-11.75	2	2
5 Bunker, Mya	12	Brandon Valley	15-05.00	14-08.75	2	1
6 Snelling, Sarah	12	SF Washington	15-08.00	14-07.50	2	
7 Johannsen, Jacee	11	SF Washington	16-01.00	14-04.00	2	
8 Allen, Abigail	11	SF Lincoln	14-08.00	14-03.00	1	
9 Croghan, Sara	10	SF Lincoln	15-01.00	x13-11.00	1	
10 Immecker, Aliyah	11	SF Roosevelt	14-11.00	13-08.75	1	
11 Robbins, Jadyn	9	O'Gorman	13-06.00	13-07.50	1	
12 Mclravy, Olivia	11	Brandon Valley	15-03.00	13-02.75	2	
13 Blogg, Jenna	11	SF Roosevelt	14-09.75	13-02.00	1	

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**....Girls Long Jump**

14 Pancich, Morgan	11 SF Roosevelt	13-06.00	13-00.00	1
-- Olson, Kylee	9 SF Washington	14-07.00	ND	1

**Girls Triple Jump**

Name	Year	School	Seed	Finals	H#	Points
1 Wambach, Sydney	11	O'Gorman	35-10.00	34-09.00	2	8
2 Law, Trinity	12	Brandon Valley	33-09.50	34-05.50	2	6
3 Thompson, Morgan	12	Brandon Valley	35-10.25	33-07.50	2	4
4 Jerstad, Elizabeth	10	SF Lincoln	34-04.00	33-05.75	2	2
5 Raak, Taylor	11	SF Lincoln	33-11.00	33-02.50	2	1
6 Bunker, Mya	12	Brandon Valley	33-02.00	33-00.00	2	
7 Kolb, Kat	10	O'Gorman	33-03.50	32-06.75	2	
8 Siegel, Sophie	8	SF Lincoln	33-01.00	32-05.00	2	
9 Snelling, Sarah	12	SF Washington	31-09.50	30-09.50	1	
10 Mueller, Millie	11	SF Lincoln	33-02.00	x30-09.00	2	
11 Immecker, Aliyah	11	SF Roosevelt	32-02.00	30-06.00	1	
12 Wrightsman, Jocelyn	10	SF Washington	30-06.50	30-03.75	1	
13 Mitchell, Lauren	10	SF Washington	30-02.00	30-00.00	1	
14 Hunt, Tabitha	12	O'Gorman	31-08.00	29-09.00	1	
15 Goeden, Brooke	11	Brandon Valley	32-05.00	x29-08.25	2	
16 Hyz, Elise	11	SF Washington	30-06.00	x28-11.00	1	
17 Blogg, Jenna	11	SF Roosevelt	28-04.00	28-08.00	1	
-- Pancich, Morgan	11	SF Roosevelt	30-00.00	ND	1	

**Girls Shot Put**

Name	Year	School	Seed	Finals	H#	Points
1 Greer, Jasmine	11	SF Roosevelt	44-03.50	41-09.00	2	8
2 Sayler, Jenna	12	SF Washington	41-06.75	39-02.00	2	6
3 Brady, Lexie	10	O'Gorman	41-01.50	38-11.00	2	4
4 Wittry, Avery	9	O'Gorman	34-08.00	36-03.00	2	2
5 Hughes, Morgan	12	SF Lincoln	37-11.00	35-06.00	2	1
6 Osmundson, Emma	11	SF Lincoln	34-02.00	34-11.00	2	
7 Paluch, Makilie	12	O'Gorman	35-10.00	31-07.50	2	
8 Nieuwsma, Addison	10	SF Washington	32-02.00	31-06.00	2	
9 Vandenhemel, Megan	9	O'Gorman	34-03.00	x31-05.00	2	
10 VanDrongelen, Allie	11	SF Lincoln	31-01.00	31-04.00	1	
11 Allen, Amari	10	Brandon Valley	30-01.50	29-10.00	1	
12 Aberson, Paige	10	SF Roosevelt	31-02.00	29-09.00	1	
13 Tuschen, Shayla	11	SF Roosevelt	29-02.50	29-04.00	1	
14 Heintz, Cassie	12	SF Washington	32-05.50	29-03.00	2	
15 Rysdon, Olivia	10	SF Washington	29-02.50	x28-06.00	1	
16 Denevan, Erin	12	SF Roosevelt	27-11.00	x26-02.50	1	
17 Oleson, Morgan	10	Brandon Valley	25-08.00	25-08.00	1	
18 Kranz, Kimberly	10	Brandon Valley	23-09.50	22-08.00	1	
-- Syverson, Sienna	11	SF Lincoln	29-00.00	ND	1	
-- Houser-Mertz, Jayden	10	Brandon Valley	22-06.50	ND	1	

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**Girls Discus Throw**

Name	Year	School	Seed	Finals	H#	Points
1 Brady, Lexie	10	O'Gorman	116-07	122-04	2	8
2 Hughes, Morgan	12	SF Lincoln	120-01	115-08	2	6
3 Tuschen, Shayla	11	SF Roosevelt	124-08	112-07	2	4
4 Wittry, Avery	9	O'Gorman	101-10	112-03	2	2
5 Greer, Jasmine	11	SF Roosevelt	114-10	111-08	2	1
6 Witt, Abigail	11	SF Washington	97-03	103-07	2	
7 Sayler, Jenna	12	SF Washington	96-10	94-09	1	
8 Denevan, Erin	12	SF Roosevelt	104-11	94-08	2	
9 Rysdon, Olivia	10	SF Washington	85-06	94-07	1	
10 Paluch, Makilie	12	O'Gorman	95-08	94-06	1	
11 Allen, Amari	10	Brandon Valley	79-04	89-11	1	
12 Heintz, Cassie	12	SF Washington	101-07	x89-00	2	
13 Houser-Mertz, Jayden	10	Brandon Valley	77-09	81-03	1	
14 Aberson, Paige	10	SF Roosevelt	87-06	x80-08	1	
15 Vandenheimel, Megan	9	O'Gorman	79-04	x77-00	1	
16 Osmundson, Emma	11	SF Lincoln	105-00	76-07	2	
17 VanDrongelen, Allie	11	SF Lincoln	78-03	76-01	1	
18 Oleson, Morgan	10	Brandon Valley	65-07	61-01	1	
19 Kranz, Kimberly	10	Brandon Valley	52-11	x48-08	1	
-- Syverson, Sienna	11	SF Lincoln	106-03	ND	2	

**Boys 100 Meter Dash**

Name	Year	School	Seed	Finals	H#	Points
1 Furula, Wilson	12	SF Lincoln	11.30	11.34	3	8
2 Ladu, Zaki	12	SF Washington	11.27	11.42	3	6
3 Freese, Nate	12	SF Washington	11.34	11.49	3	4
4 Merkley, Hunter	11	SF Lincoln	11.50	11.57	3	2
5 Pujado, Andrew	12	O'Gorman	11.76	11.71	3	1
6 Shaw, Jerome	12	SF Lincoln	11.50	11.73	3	
7 Bauer, Canyon	12	O'Gorman	11.78	11.77	2	
8 Johnson, Michael	10	SF Washington	11.65	11.85	3	
9 Piper, Josh	9	SF Washington	11.71	x11.90	3	
10 Sorensen, Austin	12	SF Lincoln	11.80	x11.99	2	
11 Johnson, Tate	10	Brandon Valley	12.42	12.02	1	
12 Pavelko, Conor	10	O'Gorman	11.95	12.03	2	
13 VanderVelde, Kyler	10	SF Roosevelt	11.83	12.07	2	
14 Thompson, Noah	9	Brandon Valley	12.17	12.12	1	
15 Ratzloff, Daniel	11	O'Gorman	12.44	x12.18	1	
16 Mutschelknaus, Mark	10	Brandon Valley	12.20	12.25	1	
17 Hughes, Joey	10	SF Roosevelt	11.99	12.27	2	
18 Johnson, Jordan	9	Brandon Valley	12.00	x12.36	1	
19 Kusler, Adam	11	SF Roosevelt	11.90	12.37	2	
20 Miller, Max	11	SF Roosevelt	12.07	x12.49	1	

**Boys 200 Meter Dash**

Name	Year	School	Seed	Finals	H#	Points
1 Reindl, Trey	12	Brandon Valley	22.92	23.20	3	8
2 Martens, Andrew	10	SF Lincoln	23.20	23.25	3	6



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**....Boys 200 Meter Dash**

3	Fischer, Gavin	10	SF Lincoln	22.90	23.54	3	4
4	Freese, Nate	12	SF Washington	23.06	23.61	3	2
5	Larson, Joe	11	O'Gorman	23.40	23.64	3	1
6	Ladu, Zaki	12	SF Washington	23.38	23.71	3	
7	Stahl, Matt	10	SF Washington	23.29	23.92	3	
8	Pujado, Andrew	12	O'Gorman	24.29	23.95	2	
9	Behrens, Luke	10	SF Washington	24.23	x24.50	2	
10	Fischer, Jackson	12	SF Lincoln	24.30	24.52	2	
11	Johnson, Jordan	9	Brandon Valley	24.47	24.58	1	
12	Gietzen, Matthew	12	SF Lincoln	24.40	x24.59	2	
13	Olthoff, Carter	12	Brandon Valley	23.40	24.95	3	
14	Nichols, Caden	11	Brandon Valley	24.20	x24.99	2	
15	Kusler, Aaron	11	SF Roosevelt	25.39	25.28	1	
16	Langston, Carson	10	O'Gorman	25.51	25.29	1	
17	Mix, Ryan	11	SF Roosevelt	24.96	25.52	1	
18	Kieso, Jabe	10	SF Roosevelt	25.35	25.81	1	
19	Jordan, Cayden	11	SF Roosevelt	25.52	x25.93	1	

**Boys 400 Meter Dash**

Name	Year	School	Seed	Finals	H#	Points	
1	Fischer, Gavin	10	SF Lincoln	51.60	51.45	3	8
2	Reindl, Trey	12	Brandon Valley	52.38	51.72	3	6
3	Boll, Garret	9	SF Roosevelt	55.30	52.97	3	4
4	Hardie, Cole	11	O'Gorman	56.12	53.71	2	2
5	Amidu, Kudra	10	SF Roosevelt	56.76	53.84	2	1
6	Sarbacker, Isaac	11	SF Lincoln	53.20	53.92	3	
7	Ratzloff, Daniel	11	O'Gorman	57.36	54.91	1	
8	Schmidt, Joshua	12	SF Lincoln	52.00	54.98	3	
9	Muhindo, Christian	10	SF Lincoln	56.90	x55.33	2	
10	Maalim, Aweys	12	SF Washington	54.20	55.43	3	
11	Huitt, Bryce	11	SF Washington	56.64	55.89	2	
12	Ramazani, Kevin	12	SF Roosevelt	55.00	56.19	3	
13	Goehring, Matthew	9	SF Roosevelt	57.30	x56.46	1	
14	Alberts, Aaron	9	SF Washington	57.46	57.08	1	
15	Nichols, Caden	11	Brandon Valley	56.00	57.53	3	
16	Thompson, Blake	11	Brandon Valley	57.10	57.59	2	
17	Burgers, Benjamin	9	SF Washington	57.00	x57.87	2	
18	Klein, Eli	11	Brandon Valley	57.80	x59.71	1	
19	Langston, Carson	10	O'Gorman	1:01.99	1:00.05	1	

**Boys 800 Meter Run**

Name	Year	School	Seed	Finals	H#	Points	
1	Elliott, Samuel	12	SF Lincoln	2:02.90	2:03.33	2	8
2	Sylliaasen, Cole	11	Brandon Valley	2:04.55	2:04.75	2	6
3	Dannenbring, Brady	11	SF Roosevelt	2:05.23	2:04.78	2	4
4	Fendrich, Gabriel	12	SF Lincoln	2:05.60	2:07.55	2	2
5	Mashlan, Carson	10	Brandon Valley	2:09.16	2:08.67	2	1
6	Wilson, Brady	11	O'Gorman	2:10.87	2:08.81	2	
7	Breidenbach, Alex	12	SF Washington	2:15.92	2:09.11	1	
8	Reese, Carson	10	SF Roosevelt	2:09.89	2:09.46	2	

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**....Boys 800 Meter Run**

9 Ferri, Colin	12 SF Roosevelt	2:09.30	2:09.95	2
10 Hackman, Tyler	12 O'Gorman	2:13.40	2:10.48	1
11 Gide, Dan	10 SF Washington	2:11.56	2:13.82	1
12 Peyton, Riley	9 Brandon Valley	2:14.74	2:14.03	1
13 Cheever, Eli	11 Brandon Valley	2:11.00	x2:14.33	2
14 Baker, Robert	10 SF Lincoln	2:12.90	2:17.77	1
15 Goitom, Isiayas	12 SF Washington	2:19.91	2:20.21	1
16 Hernan, Angel	10 SF Washington	2:23.16	x2:22.21	1
17 Jaimes, Diego	12 SF Roosevelt	2:08.00	x2:23.22	2
18 Nielsen, Drew	10 O'Gorman	2:26.26	2:24.94	1

**Boys 1600 Meter Run**

Name	Year School	Seed	Finals	Points
1 Lauer, Andrew	11 SF Lincoln	4:31.10	4:25.98	8
2 Elliott, Jack	12 SF Lincoln	4:35.90	4:27.47	6
3 Elliott, Samuel	12 SF Lincoln	4:36.90	4:30.64	4
4 Hilger, Dylan	11 O'Gorman	4:52.06	4:39.68	2
5 Elkin, Britton	10 Brandon Valley	4:47.11	4:40.47	1
6 Hentschel, Zach	11 Brandon Valley	4:40.52	4:41.81	
7 Baker, Robert	10 SF Lincoln	4:52.20	x4:45.35	
8 Cheever, Eli	11 Brandon Valley	4:50.83	4:48.56	
9 Stanton, Zachary	12 SF Roosevelt	4:52.62	4:51.93	
10 Shaw, Hunter	10 SF Roosevelt	5:13.27	4:52.14	
11 Reeser, Brysen	12 SF Roosevelt	5:00.58	4:56.32	
12 Stanford, Avery	10 SF Washington	5:04.01	4:59.51	
13 Dykstra, Zach	12 Brandon Valley	5:15.94	x4:59.60	
14 Rodman, Lucas	10 SF Washington	5:11.61	5:06.83	
15 Johnson, Jordan	10 SF Roosevelt	5:12.84	x5:07.70	
16 Goitom, Isiayas	12 SF Washington	5:16.47	5:10.36	
17 Sugrue, Will	9 O'Gorman	5:18.90	5:16.94	
18 Pardy, Sam	9 O'Gorman	5:27.31	5:17.39	
19 Ripperda, Gabe	9 O'Gorman	5:28.09	x5:20.00	
20 Hoffman, Deven	10 SF Washington	5:28.53	x5:20.57	

**Boys 3200 Meter Run**

Name	Year School	Seed	Finals	Points
1 Lauer, Andrew	11 SF Lincoln	9:48.90	9:45.55	8
2 Mendel, Zeb	10 SF Lincoln	10:07.10	9:53.99	6
3 Elliott, Jack	12 SF Lincoln	9:50.70	9:55.46	4
4 Lather, Chase	11 SF Washington	10:19.73	10:01.74	2
5 Elkin, Britton	10 Brandon Valley	10:23.93	10:19.01	1
6 Dixon, Slater	11 SF Lincoln	10:20.00	x10:26.04	
7 Baneta, Abdisa	12 SF Washington	10:41.58	10:32.84	
8 Ferri, Colin	12 SF Roosevelt	11:03.20	10:41.74	
9 Reese, Carson	10 SF Roosevelt	10:39.01	10:49.54	
10 Stanford, Avery	10 SF Washington	10:50.28	10:50.14	
11 Stanton, Zachary	12 SF Roosevelt	11:03.81	11:02.13	
12 Woolridge, Jacob	11 SF Roosevelt	10:50.34	x11:02.55	

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**Boys 110 Meter Hurdles**

Name	Year	School	Seed	Finals	H#	Points
1 Martens, Andrew	10	SF Lincoln	15.67	15.61	2	8
2 VanHemert, Jesse	11	Brandon Valley	15.48	15.62	2	6
3 Furula, Wilson	12	SF Lincoln	15.81	15.69	2	4
4 Zweifel, Jacob	12	SF Roosevelt	16.46	16.92	2	2
5 Pfeiffer, Levi	10	Brandon Valley	17.60	17.14	1	1
6 Howell, Ethan	11	SF Roosevelt	17.22	17.25	2	
7 McCubbin, Kamren	10	SF Washington	17.65	17.45	1	
8 Turuk, Guguk	12	SF Washington	17.99	17.76	1	
9 Koepke, Russell	10	SF Lincoln	16.95	17.77	2	
10 Southwick, Samuel	10	SF Lincoln	17.50	x17.95	2	
11 Landsem, Dylan	12	SF Roosevelt	17.81	18.10	1	
12 Donahoe, Jeremiah	9	Brandon Valley	17.85	18.19	1	
13 Stone, Lane	11	SF Roosevelt	18.42	x18.49	1	
-- Carda, Will	11	SF Washington	18.53	DNF	1	

**Boys 300 Meter Hurdles**

Name	Year	School	Seed	Finals	H#	Points
1 VanHemert, Jesse	11	Brandon Valley	40.59	40.91	2	8
2 Martens, Andrew	10	SF Lincoln	41.47	41.14	2	6
3 Koepke, Russell	10	SF Lincoln	43.90	41.61	2	4
4 Fleming, Paxon	10	SF Roosevelt	42.32	42.62	2	2
5 Kandolo, Junior	11	SF Washington	42.68	42.90	2	1
6 Norton, Zach	11	O'Gorman	46.10	43.21	1	
7 Pfeiffer, Levi	10	Brandon Valley	43.75	44.54	2	
8 Southwick, Samuel	10	SF Lincoln	43.60	44.91	2	
9 Donahoe, Jeremiah	9	Brandon Valley	44.83	45.28	1	
10 Zweifel, Jacob	12	SF Roosevelt	45.77	45.55	1	
11 Currier, Gabriel	9	SF Lincoln	44.90	x45.58	1	
12 Howell, Ethan	11	SF Roosevelt	46.35	45.60	1	
13 Stone, Lane	11	SF Roosevelt	45.21	x45.89	1	
14 McCubbin, Kamren	10	SF Washington	43.17	46.11	2	
15 Carda, Will	11	SF Washington	46.57	46.27	1	
16 Burkhart, Stephan	11	SF Washington	48.10	x47.95	1	

**Boys 4x100 Meter Relay**

School	Seed	Finals	Points
1 SF Lincoln 'A'	44.05	43.82	8
1) Merkley, Hunter 11	2) Popkes, Nathan 12		
3) Shaw, Jerome 12	4) Furula, Wilson 12		
2 Brandon Valley 'A'	45.54	45.70	6
1) Johnson, Tate 10	2) Mutschelknaus, Mark 10		
3) Swift, Aidan 10	4) Nemeck, Joey 10		
3 SF Roosevelt 'A'	46.00	47.96	4
1) Kusler, Adam 11	2) Hughes, Joey 10		
3) Miller, Max 11	4) VanderVelde, Kyler 10		
4 O'Gorman 'A'	48.30	49.64	2
1) Nelson, Andrew 9	2) Hermanson, Wyatt 9		
3) White, Jack 9	4) Konechne, Preston 9		

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**....Boys 4x100 Meter Relay**

-- SF Washington 'A'	45.08	DQ	Interference
1) Freese, Nate 12	2) Johnson, Michael 10		
3) Stahl, Matt 10	4) Ladu, Zaki 12		

**Boys 4x200 Meter Relay**

School	Seed	Finals	Points
1 Brandon Valley 'A'	1:34.71	1:33.97	8
1) VanHemert, Jesse 11	2) Nemec, Joey 10		
3) Olthoff, Carter 12	4) Reindl, Trey 12		
2 SF Lincoln 'A'	1:32.73	1:34.32	6
1) Martens, Andrew 10	2) Southwick, Samuel 10		
3) Koepke, Russell 10	4) Gietzen, Matthew 12		
3 SF Washington 'A'	1:34.57	1:34.54	4
1) Behrens, Luke 10	2) Strom, Carson 10		
3) Stahl, Matt 10	4) Freese, Nate 12		
4 SF Roosevelt 'A'	1:39.52	1:39.84	2
1) Kusler, Aaron 11	2) Mix, Ryan 11		
3) Kieso, Jabe 10	4) Roggenbuck, Caleb 11		
5 O'Gorman 'A'	1:36.50	1:42.65	
1) Nelson, Andrew 9	2) Hermanson, Wyatt 9		
3) White, Jack 9	4) Konechne, Preston 9		

**Boys 4x400 Meter Relay**

School	Seed	Finals	Points
1 SF Lincoln 'A'	3:30.01	3:32.65	8
1) Fischer, Gavin 10	2) Schmidt, Joshua 12		
3) Sarbacker, Isaac 11	4) Auen, Bailey 12		
2 O'Gorman 'A'	3:34.45	3:32.74	6
1) Blount, Beau 12	2) Bauer, Canyon 12		
3) Norton, Zach 11	4) Larson, Joe 11		
3 Brandon Valley 'A'	3:34.14	3:36.50	4
1) Vigants, Austin 10	2) VanHemert, Jesse 11		
3) Reindl, Trey 12	4) Sylliaasen, Cole 11		
4 SF Roosevelt 'A'	3:39.44	3:36.74	2
1) Boll, Garret 9	2) Roggenbuck, Caleb 11		
3) Fleming, Paxon 10	4) Dannenbring, Brady 11		
5 SF Washington 'A'	3:39.41	3:40.40	
1) Maalim, Aweys 12	2) Stahl, Matt 10		
3) Bittner, Alex 9	4) Breidenbach, Alex 12		

**Boys 4x800 Meter Relay**

School	Seed	Finals	Points
1 Brandon Valley 'A'	8:30.30	8:16.75	8
1) Mashlan, Carson 10	2) Sylliaasen, Cole 11		
3) Cheever, Eli 11	4) Vigants, Austin 10		
2 SF Lincoln 'A'	8:17.90	8:19.02	6
1) Fendrich, Gabriel 12	2) Mendel, Zeb 10		
3) Schroeder, Ryan 11	4) Schmidt, Joshua 12		

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**....Boys 4x800 Meter Relay**

3 SF Roosevelt 'A'	8:32.36	8:23.55	4
1) Dannenbring, Brady 11	2) Jaimes, Diego 12		
3) Ferri, Colin 12	4) Reese, Carson 10		
4 SF Washington 'A'	8:37.73	8:35.84	2
1) Omar, Abdishikur 11	2) Gide, Dan 10		
3) Breidenbach, Alex 12	4) Baneta, Abdisa 12		
5 O'Gorman 'A'	8:45.30	8:46.26	
1) Wilson, Brady 11	2) Hackman, Tyler 12		
3) Hove, Alex 11	4) Hardie, Cole 11		

**Boys 1600 Sprint Medley**

School	Seed	Finals	Points
1 SF Lincoln 'A'	3:44.50	3:47.35	8
1) Barway, Sundayboy 11	2) Blazeovich, Andrew 10		
3) Auen, Bailey 12	4) Schroeder, Ryan 11		
2 Brandon Valley 'A'	3:58.95	3:48.27	6
1) Swift, Aidan 10	2) Nemecek, Joey 10		
3) Klatt, Caleb 11	4) Vigants, Austin 10		
3 SF Roosevelt 'A'	3:49.60	3:49.27	4
1) Hughes, Joey 10	2) VanderVelde, Kyler 10		
3) Roggenbuck, Caleb 11	4) Jaimes, Diego 12		
4 SF Washington 'A'	3:55.59	3:51.48	2
1) Piper, Josh 9	2) Kpai, Randolph 10		
3) Bittner, Alex 9	4) Omar, Abdishikur 11		
5 O'Gorman 'A'	3:51.39	3:59.78	
1) Lynch, Joe 10	2) Krouse, Drew 11		
3) Jones, Logan 11	4) Hove, Alex 11		

**Boys High Jump**

Name	Year School	Seed	Finals	Points
1 Popkes, Nathan	12 SF Lincoln	6-06.00	6-03.00	8
2 Redd, Sharif	11 SF Washington	6-04.00	J6-03.00	6
3 Jaros, Jared	12 SF Lincoln	6-00.00	6-02.00	4
4 Olthoff, Carter	12 Brandon Valley	6-03.00	6-00.00	2
5 Lynch, Joe	10 O'Gorman	6-00.00	5-10.00	0.50
5 McCann, Ty	11 Brandon Valley	5-10.00	5-10.00	0.50
7 Struck, Manny	9 O'Gorman	5-09.00	5-08.00	
8 Gilo, Thoralingo	9 SF Roosevelt	5-06.00	5-06.00	
8 McManus, Mason	9 Brandon Valley	5-05.00	5-06.00	
8 Johnson, Presley	10 SF Roosevelt	5-05.00	5-06.00	
8 Borchers, Vance	9 SF Roosevelt	5-08.00	5-06.00	
8 Byrd, Jacob	11 O'Gorman	5-08.00	5-06.00	
13 Muhindo, Christian	10 SF Lincoln	5-06.00	5-04.00	
13 Wuestewald, Jacob	11 O'Gorman	5-08.00	x5-04.00	
-- Ladd, Kesean	11 SF Lincoln	5-04.00	NH	
-- Niyonshuti, Patrick	12 SF Roosevelt	5-06.00	NH	
-- Williams, Elijah	10 SF Washington	5-08.00	NH	
-- Ramm, Logan	10 SF Washington	5-06.00	NH	
-- Piper, Josh	9 SF Washington	5-06.00	NH	

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**Boys Pole Vault**

Name	Year	School	Seed	Finals	Points
1 Tellinghuisen, Ethan	12	Brandon Valley	14-01.00	13-06.00	8
2 Clausen, Tycho	12	O'Gorman	13-00.00	J13-06.00	6
3 Kramer, Brandon	12	SF Lincoln	12-03.00	13-00.00	4
4 Moon, Nathan	11	SF Roosevelt	13-00.00	12-00.00	2
5 Beavers, Beau	10	O'Gorman	11-06.00	J12-00.00	1
6 Turuk, Guguk	12	SF Washington	12-00.00	11-06.00	
7 Jellis, Devan	10	Brandon Valley	11-00.00	J11-06.00	
8 Westcott, Tyler	10	Brandon Valley	10-09.00	11-00.00	
9 Lacey, Ethan	10	Brandon Valley	11-00.00	x10-00.00	
-- Lunstra, Braeden	10	SF Lincoln	8-09.00	NH	
-- Blind, Collin	9	SF Lincoln	8-06.00	NH	
-- Sorensen, Austin	12	SF Lincoln	10-00.00	NH	
-- Link, Zach	11	SF Roosevelt	9-00.00	NH	
-- Clark, Bryce	11	SF Roosevelt	9-06.00	NH	
-- Bennett, Mikal	9	O'Gorman	7-03.00	NH	
-- Gulseth, Luke	9	O'Gorman	7-06.00	NH	

**Boys Long Jump**

Name	Year	School	Seed	Finals	H#	Points
1 Merkle, Hunter	11	SF Lincoln	23-00.00	22-05.00	2	8
2 Redd, Sharif	11	SF Washington	21-11.25	20-06.75	2	6
3 Alex, Michael	11	SF Lincoln	20-06.00	20-02.00	2	4
4 Popkes, Nathan	12	SF Lincoln	20-08.50	20-00.00	2	2
5 Kayee, Leo	11	SF Lincoln	20-05.00	x19-11.75	2	
6 Karpen, Mason	12	SF Roosevelt	19-05.50	19-10.00	1	1
7 Blok, Jordan	12	Brandon Valley	19-10.00	18-11.00	2	
8 Kandolo, Junior	11	SF Washington	20-10.50	18-08.50	2	
9 Johnson, Michael	10	SF Washington	20-08.00	18-07.50	2	
10 Johnson, Malcolm	10	SF Washington	20-01.00	x18-06.50	2	
11 Byrd, Jacob	11	O'Gorman	19-07.00	18-05.50	1	
12 Jones, Gunnar	11	O'Gorman	19-05.00	18-03.25	1	
13 Pavelko, Conor	10	O'Gorman	20-01.50	18-01.50	2	
14 McManus, Mason	9	Brandon Valley	18-04.50	18-00.50	1	
15 Thompson, Noah	9	Brandon Valley	18-08.75	17-09.50	1	
16 Struck, Manny	9	O'Gorman	17-02.00	x16-10.00	1	
17 Muhammad, Amir	11	SF Roosevelt	16-01.00	16-00.50	1	
18 Mahammad, Asmerom	9	SF Roosevelt	17-05.75	15-00.00	1	
-- Paulson, Michael	10	SF Roosevelt	18-02.00	ND	1	

**Boys Triple Jump**

Name	Year	School	Seed	Finals	H#	Points
1 Kayee, Leo	11	SF Lincoln	42-08.00	41-03.75	2	8
2 Furula, Wilson	12	SF Lincoln	41-09.00	40-09.00	2	6
3 Diedrich, Aiden	12	O'Gorman	39-00.50	39-00.50	2	4
4 Jones, Gunnar	11	O'Gorman	39-01.50	J38-05.25	2	2
5 Merkle, Hunter	11	SF Lincoln	39-11.00	J38-10.50	2	1
6 Karpen, Mason	12	SF Roosevelt	40-08.00	J38-10.00	2	
7 Wilcox, Garyn	12	O'Gorman	37-10.50	37-09.00	1	

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**....Boys Triple Jump**

8	Agyeman, Matthew	9	SF Washington	38-00.75	37-07.00	1
8	Blok, Jordan	12	Brandon Valley	38-08.00	37-07.00	1
10	McManus, Mason	9	Brandon Valley	37-05.50	37-04.00	1
11	Alex, Michael	11	SF Lincoln	40-00.00	x37-03.00	2
12	Moon, Nathan	11	SF Roosevelt	38-07.50	36-05.75	1
13	Kappenman, Carson	11	SF Washington	36-07.00	35-06.00	1
14	Ramazani, Kevin	12	SF Roosevelt	34-04.00	34-03.00	1
--	Byrd, Jacob	11	O'Gorman	41-07.50	ND	2
--	Turuk, Guguk	12	SF Washington	42-05.75	ND	2
--	Borchers, Vance	9	SF Roosevelt	36-04.00	ND	1
--	Kandolo, Junior	11	SF Washington	38-10.50	ND	2

**Boys Shot Put**

Name	Year	School	Seed	Finals	H#	Points
1 Hiatt, Tyler	11	SF Lincoln	56-00.00	56-04.00	2	8
2 Treiber, Grant	12	SF Lincoln	52-05.25	51-07.50	2	6
3 Beck, Brady	12	O'Gorman	49-01.00	48-11.00	2	4
4 Kolbeck, Alex	12	Brandon Valley	49-06.00	46-07.00	2	2
5 Grode, Quinn	12	Brandon Valley	44-02.00	44-04.00	2	1
6 Amato, Mason	12	SF Roosevelt	43-08.00	43-04.00	2	
7 Dwyer, Caleb	11	SF Roosevelt	46-01.50	42-02.00	2	
8 Rausch, Ethan	12	O'Gorman	41-00.00	41-11.00	1	
9 Kohls, Ben	11	SF Roosevelt	44-10.00	41-09.00	2	
10 Oppold, Alex	11	SF Lincoln	43-05.00	41-03.00	2	
11 Kpai, Randolph	10	SF Washington	38-06.00	41-01.00	1	
12 Meylor, Ed	10	O'Gorman	41-04.50	40-10.00	1	
13 Bennett, Zach	11	Brandon Valley	41-07.75	40-08.50	1	
14 Batt, Joseph	10	SF Roosevelt	40-04.00	x40-03.50	1	
15 Roggow, Zach	11	Brandon Valley	43-03.50	x40-00.00	1	
16 Ruesch, Matt	12	SF Washington	42-04.00	39-00.00	1	
17 Berthelsen, Lucas	11	O'Gorman	39-10.50	x38-11.00	1	
18 Nieuwsma, Peyton	12	SF Washington	44-06.00	38-09.50	2	
19 Day, Mattias	12	SF Washington	41-00.00	x37-10.00	1	
19 Hughes, Jack	10	SF Lincoln	40-05.00	x37-10.00	1	

**Boys Discus Throw**

Name	Year	School	Seed	Finals	H#	Points
1 Hiatt, Tyler	11	SF Lincoln	164-07	168-09	2	8
2 Sorenson, Jorey	11	Brandon Valley	162-07	155-01	2	6
3 Kolbeck, Alex	12	Brandon Valley	153-09	134-11	2	4
4 Weber, Burke	12	Brandon Valley	126-11	130-05	2	2
5 Beck, Brady	12	O'Gorman	130-02	130-03	2	1
6 Kohls, Ben	11	SF Roosevelt	24-01.50	126-01	2	
7 Batt, Joseph	10	SF Roosevelt	132-09	116-06	2	
7 Dwyer, Caleb	11	SF Roosevelt	114-08	116-06	1	
9 Meylor, Ed	10	O'Gorman	115-06	114-05	1	
10 Egger, Cody	9	SF Lincoln	123-06	113-11	2	
11 Bekele, Ablante	12	SF Lincoln	105-00	111-10	1	
12 Amato, Mason	12	SF Roosevelt	123-00	x111-03	1	
13 Ruesch, Matt	12	SF Washington	116-10	110-08	1	

**Metro Athletic Conference - 4/26/2019****Track and Field Championships****Howard Wood Field****Results - Friday****....Boys Discus Throw**

14 Mieras, John	10 O'Gorman	100-04	105-01	1
15 Berthelsen, Lucas	11 O'Gorman	103-07	x97-10	1
16 Ludens, Alex	11 SF Washington	107-06	95-06	1
17 Vilayphone, Randy	11 SF Washington	99-10	87-00	1
-- Treiber, Grant	12 SF Lincoln	144-11	ND	2
-- Grode, Quinn	12 Brandon Valley	42-09.50	ND	2