

Sioux Falls JV Track and Field Invitational
Host – Roosevelt High School
Tuesday, May 7, 2019 – 4:00PM

Running Events:

4:00 PM – Rolling Schedule

Girls/Boys 3200 Meter Relay *Run Together if number of teams warrants
Girls 100 Meter Hurdles
Boys 110 Meter Hurdles
Girls 100 Meter Dash
Boys 100 Meter Dash
Girls 800 Meter Relay
Boys 800 Meter Relay
Girls 1600 Meter Run
Boys 1600 Meter Run
Girls 400 Meter Relay
Boys 400 Meter Relay
Girls 400 Meter Dash
Boys 400 Meter Dash
Girls 300 Meter Hurdles
Boys 300 Meter Hurdles
Girls 1600 Sprint Medley Relay *Run together if number of teams warrants
Boys 1600 Sprint Medley Relay
Girls 800 Meter Run
Boys 800 Meter Run
Girls 200 Meter Dash
Boys 200 Meter Dash
Girls/Boys 3200 Meter Run *Run Together
Girls 1600 Meter Relay
Boys 1600 Meter Relay
Throwers Coed 400 Meter Relay (2 girls, 2 boys)

Field Events:

4:00 PM Start

* Girls Shot Put followed by Boys Shot Put
* Boys Discus followed by Girls Discus
Boys Long Jump followed by Girls Long Jump
Girls High Jump followed by Boys High Jump
Girls Triple Jump followed by Boys Triple Jump
Pole Vault Run Concurrently

* = Four Throws

= Four Jumps